Clinical Testing for Metal-on-Metal Prosthetic "Wear and Tear"

Frederick G. Strathmann, PhD, DABCC (CC, TC) February 8th, 2013

Disclosures

None





Objectives

Compare heavy metal analysis in synovial fluid with venous sampling for monitoring metal-on-metal joint failure.

List common health concerns associated with elevated chromium or cobalt blood levels.

Explain the relationship between the degree of metal-on-metal wear in joint replacements and heavy metal blood and serum concentrations.





Four central questions

What are the current controversies surrounding hip replacements?

Is there a valid concern due to elevated Cr and Co concentrations found after hip replacements?

Which sample is best for studying joint failure?

Can peripheral measures be used to non-invasively monitor joint failure?





Anatomy of the Hip and Joint







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http://www.theodora.com/anatomy/coxal_articulation_or_hip_joint.html

Synovial Fluid in the Joint



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Total vs. Resurfacing









Bearing Types



- metal head
- metal-base alloy
- polyethylene lined acetabular cup



- metal head
- metal-base alloy
- metal acetabular cup



- ceramic head
- metal-base alloy
- polyethylene or ceramic lined acetabular cup







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MoM DePuy 2010 Recall

Issued in August of 2010, the voluntary recall included implants since 2003 of:

- ASR[™] XL Acetabular System (below; available 2005)
- DePuy ASR[™] Hip Resurfacing Platform
 - Only approved for use outside US and was not commercially available in the US



Potential Impact

- 93,000 implants
- 1 in 8 failure rate within 5 years post implant
- 1st US lawsuit filed June 15, 2010





A Wrinkle in Time

The number of complaints filed with the FDA between 2006 and 2010.

887

		12	87	239	424	125
DePuy introduces their ASR Acetabular System	DePuy files for a FDA 510k Application of Approval for ASR Acetabular System saving DePuy time and money. Filing for a 510k costs \$4,400, versus filing for a FDA Permanent Application of Approval costing \$250,000+. • August 5 - FDA 510k approval of DePuy ASR Acetabular System (cup sizes 44mm – 62mm) ²	The number of complaints to FDA regarding the DePuy ARS Acetabular System in 2006. ³ • March 24 - First complaint to FDA of ASR Acetabular malfunction - ASR failed during surgery while being checked by surgeon. ³	The number of complaints to FDA regarding the DePuy ARS Acetabular System in 2007. ³ • Australian Orthopaedic's National Joint Replacement Registry (NJRR) reports the revision rate for DePuy ASR Acetabular System is over 2 times the normal rate. ⁴ • September 27 - DePuy settles case paying S84,796,800 for bribing surgeons to use DePuy devices. DePuy signs Corporate Integrity Agree- ment with Department of Health and Human Services. ³⁶	The number of complaints to FDA regarding the DePuy ARS Acetabular System in 2008. ³ • DePuy files 510k with FDA for ASR XL Modular Acetabular System (cup sizes 64mm - 70mm) • July 2 - FDA approval on ASR XL Modular Acetabular System • Australia's NJRR re-identifies DePuy ASR still having a higher than normal revision rate ⁴ • National Joint Registry of England and Wales reports that over 3 years DePuy's ASR system has worst revision rate at 7.5% versus a 4.5% average ⁷	The number of complaints to FDA regarding the DePuy ARS Acetabular System in 2009. ³ • DePuy sends brochure to doctors describing importance of proper cup position for its ASR system. But does not address any specific concerns for its ASR system • Australia's NJRR continues to report DePuy ASR still having a higher than normal revision rate ³ • DePuy withdraws ASR from Australian market for "comercial reasons" • DePuy announces it will discontinue the ASR system based on daims of "declin- ing demand" but does not device	 The number of complaints to FDA regarding the DePuy ARS Acetabular System in 2010.³ In a February interview with New York Times DePuy states ASR's performance is equal to that of competition DePuy issues formal recall in the United States of their ASR Systems in a letter dated March 6 April 10 - DePuy maintains in the New York Times the ASR System is safe despite the recall May 25 - FDA issues alert on DePuy ASR Systems August 24 - Johnson & Johnson announce that DePuy issues worldwide recall on their ASR Systems, 5 months after U.S. recall of product



Zimmer Durom Cup Recall

Initially blamed surgeons for poor technique

July 2008, recalled Metasul Durom Acetabular components

• Lack of bony ingrowth causing poor cup position



Other devices Wright Profemur Hip Implant Cormet Hip Resurfacing System Birmingham Hip Resurfacing System





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Do I have a lawsuit.com

Metal on Metal Hip Replacement Recall





History of Elevated Co & Cr



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COPE vs. MoM



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Brodner W, Bitzan P, Meisinger V, et al. J Bone Joint Surg Br, 1997. 79(2): p. 316-21.

CoPE vs. MoM; Distributions



Dahlstrand H, Stark A, Anissian L, et al. The Journal of Arthroplasty, 2009. 24(6): p. 837-845.

Cobalt

Normal function Constituent of B₁₂

Pharmacokinetics

No single organ accumulation 50/50 distribution between blood and serum

<u>Toxicity</u> Cardiac, Thyroid, Polycythemia

Elimination

Most eliminated within days via kidneys (some years)

<u>Relevance to MoM implants</u> 2:1 ratio in bearings (Co:Cr) Metal of concern in bearing failure Levels known to be higher in patients with *functioning* MoM bearings

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N. 93319

Chromium

Normal function Glucose metabolism

Pharmacokinetics

Cr⁺³ vs. Cr⁺⁶ Cr⁺⁶ rapidly taken up by cells then converted to Cr⁺³

<u>Toxicity</u>

Cr⁺³ (little to none) Cr⁺⁶; Kidneys, Carcinogen; GI; Liver

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Elimination

Varies with Cr species

Relevance to MoM implants

- Cr⁺³ released
- Found in the serum
- Relatively non-toxic



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Chromium 51,9961

Complications with Joint Failure

Adverse Reaction to Metal Debris (ARMD) – [Local]

- Metallosis:
 - Infiltration of periprosthetic soft tissues and bone by metallic debris resulting from wear of joint arthroplasties (osteolysis typically occurs)
- Aseptic Lymphocyte-dominated Vasculitis-Associated Lesion (ALVAL)
 - Dense perivascular inflammatory infiltrate
 - Metal ion / native protein hapten formation
- Pseudotumor
 - Necrotic vs. Wear-particle
 - Cystic, solid tumors









Arthroprosthetic cobaltism

Systemic

• Tower SS, Arthroprosthetic cobaltism: neurological and cardiac manifestations in two patients with metal-on-metal arthroplasty: a case report. J Bone Joint Surg Am, 2010. 92(17): p. 2847-51.









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Tower SS. J Bone Joint Surg Am, 2010. 92(17): p. 2847-51.

Case Report: 49 y/o M

<u>3 mo.</u> Progressing pain, rash

<u>11 mo.</u> Fluid accumulation, dyspnea

• Serum Co = 50 μ g/L (RI: \leq 1 μ g/L)

<u>18 mo.</u> Anxiety, headaches, irritability, fatigue, tinnitus, and hearing loss

• Serum Co = $35 \mu g/L$

<u>**30 mo.**</u> Pain at rest, hip creaking, hand tremor, incoordination, cognitive decline, and depression

<u>36 mo.</u> Visual changes, optic nerve atrophy

• Serum Co = 122 μg/L

<u>43 mo.</u> Revision arthroplasty conducted. Diastolic dysfunction by ECG, metallosis, necrosis, lymphocytic infiltrates

• Serum Co = 83 μ g/L; CSF Co = 2.2 μ g/L; JF Co = 3200 μ g/L

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Medicine and Healthcare Products Regulatory Agency (UK)

- 1. Follow up patients at least annually for five years (more if symptomatic)
- 2. Investigate patients with painful MoM replacements. Tests should include cobalt and chromium in levels and imaging.
- 3. Consider Cr and Co testing in patients with:
 - Poor positioning identified by radiological assessment
 - Patients with small component size after resurfacing
 - Surgeon concern is present
- 4. If Co or Cr is > 7 μ g/L, perform a follow-up test after 3 months
- 5. Consider revision surgery in cases of soft tissue reactions, fluid collections or tissue masses.





FDA Recommendations

Surgeons:

- Ion assessment in asymptomatic patients is not recommended
- Advise of potential for systemic metal ion effects
- *IF* ion levels are assessed, interpret in the overall clinical context.
- Watch for elevations over time indicative of wear
- Determine other potential sources of exposure
- Serial measurements if adverse reaction to metal is noted
- Use the same sample (dealer's choice between serum or blood)
- No threshold value of ions as a trigger for intervention or revision





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Sample Choice: Chromium

Urine Hair Whole Blood RBCs Serum Plasma Joint Fluid







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Walter LR, Marel E, Harbury R, et al.. The Journal of Arthroplasty, 2008. 23(6): p. 814-821.

Sample Choice: Cobalt

Urine Hair Whole Blood RBCs Serum Plasma Joint Fluid







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Walter LR, Marel E, Harbury R, et al.. The Journal of Arthroplasty, 2008. 23(6): p. 814-821.

Results Across Studies

Whole blood:						
Study	Chromium (µg/L)	Cobalt (µg/L)				
Lavigne et al 2011	1.3 (0.08 to 20.7)	1.29 (0.27 to 13.0)				
Walter et al 2008	4.03	2.9				
Serum/Plasma:						
Study	Chromium (µg/L)	Cobalt (µg/L)				
Walter et al 2008	8.8	3.2				
De Smet et al 2008	3.35 33.9	3.2 33.8				
Joint Fluid:						
Study	Chromium (µg/L)	Cobalt (µg/L)				
Davda et al 2011	1400 (0 to 263,298)	1100 (0 to 14,285)				
Langton et al 2010	8000 (1000 to 46,000)	5000 (0 to 10,000)				
De Smet et al 2008	179.5 (19 to 661) 5136.5 (155 to 29,080)	106.25 (13 to 769) 2185 (110 to 5120)				





Synovial Fluid Exchange





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http://www.bbc.co.uk/bitesize/standard/biology/the_body_in_action/movement/revision/3/

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Serum vs. Joint Fluid: Distributions



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De Smet K, De Haan R, Calistri A, et al.. J Bone Joint Surg Am, 2008. 90 Suppl 4: p. 202-8.

Serum vs. Joint Fluid: Correlation



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De Smet K, De Haan R, Calistri A, et al. J Bone Joint Surg Am, 2008. 90 Suppl 4: p. 202-8.

Serum vs. Femoral Wear



Chromium > 17 μ g/L (RI: \leq 5 μ g/L) Cobalt > 19 μ g/L (RI: \leq 1 μ g/L)

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De Smet K, De Haan R, Calistri A, et al. J Bone Joint Surg Am, 2008. 90 Suppl 4: p. 202-8.

Whole Blood vs. Joint Fluid





Davda K, Lali FV, Sampson B, et al. J Bone Joint Surg Br, 2011. 93-B(6): p. 738-745.

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Conclusions

Is there valid concern?

- Malpositioned or failing joints can release significant levels of chromium and cobalt
- Arthroprosthetic cobaltism

Which sample type is best?

- Serum
- Joint Fluid

Can peripheral measures be used to non-invasively measure joint failure?

- Annual measurements are recommended
- < 1 μg/L is typical in a normal functioning prosthesis
- Correlation and predictability is not well defined

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