# How to Avoid Building an Airplane Mid Flight

Lab Medicine in the Face of Emerging Public Health Crises

SEPTEMBER 2023





#### INTRODUCTIONS

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Medical Director: Emerging Public Health Crises Parasitology & Fecal Testing

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Assistant Professor of Pathology, University of Utah

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Medical Director: High Consequence Pathogen Response Virology Molecular Infectious Diseases







## Objectives

Review the recent history of emerging/reemerging pathogens and challenges faced by laboratories

Describe the challenges of resolving differences in federal regulatory processes for test development compared to traditional clinical laboratory processes for assay development

Identify key stakeholders and important communication strategies for improved response and workflows for responding to emerging and/or reemerging pathogens



# Concepts to Consider







#### Reactive vs Proactive



# WHAT WE DOWHAT WE WANTBARRIERS TOLONG TERMNOWTO DOSUCCESSSUSTAINABILITY





# Emerging vs Re-emerging pathogens

#### New & unknown

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- Scary/unknown
- Discovery before targeting
- Bad or mis-information complicates things

#### Old & known

- Neglected
- De-prioritized
- Shifting geographies
- Widely preventable



# Emergency Use Authorization (EUA)

A historical perspective for future pandemics





# **Emergency Use Authorization**

How does an EUA declaration impact assay development?

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Lab challenges during EUA declarations

SARS-CoV-2 MPXV







#### **Traditional FDA Approval**









## The role of EUAs

Developed to address challenges faced during the 2001 US anthrax attacks

Congress drafted legislation allowing FDA to review and *provisionally* approve medical countermeasures

A national emergency must exist and be declared

EUA declaration signed by the DHHS secretary



#### **EUA Approval Pathway**







# EUA and SARS-CoV-2









# EUA and SARS-CoV-2

| DHHS declares SARS-CoV-2 a<br>Public Health Emergency   |              |                                   | Several prominent clinical<br>microbiologists raise concerns<br>about this process on<br>ClinMicroNet |                                    |                          |          |  |
|---|--------------|-----------------------------------|---|------------------------------------|--------------------------|----------|--|
|   | 2 Fe         | 2 Feb. 2020                       |   |                                    | 28 Fe                    | eb. 2020 |  |
| 27 Jan. 1   | 27 Jan. 2020 |                                   | 10 Feb. 2   |                                    | 2020                     |          |  |
| EUA declaration issue<br>Under this EUA, LDTs<br>performed until they<br>reviewed by the FDA. |              | ied.<br>s may not be<br>have been |   | 107 Clinical mi<br>a signed letter | crobiologists send<br>to |          |  |

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The Honorable Frank Pallone Chairman House Committee on Energy & Commerce U.S. House of Representatives Washington, DC 20515

The Honorable Lamar Alexander Chairman Senate Health, Education, Labor and Pensions Committee U.S. Senate Washington, DC 20510 The Honorable Greg Walden Ranking Member House Committee on Energy and Commerce U.S House of Representatives Washington, DC 20510

The Honorable Patty Murray Ranking Member Senate Health, Education, Labor and Pensions Committee U.S. Senate Washington, DC 20510

February 28, 2020

Dear Chairman Pallone, Ranking Member Walden, Chairman Alexander and Ranking Member Murray:

On behalf of CLIA-certified U.S. clinical diagnostic laboratories, we write to request the ability to perform high-complexity laboratory developed tests (LDTs) for SARS-CoV-2 in our clinical laboratories under CMS/CLIA rules as opposed to being restricted to the current FDA Emergency Use Authorization (EUA) pathway.

As you are aware, COVID-19 presents a major threat to the public health of the United States. Diagnostic testing for the virus causing COVID-19 (SARS-CoV-2) is a critical component of our nation's response to the current pandemic. The widespread availability of diagnostic testing enables rapid identification of infected individuals so they can be quickly isolated to prevent onward transmission of the virus in the general population and healthcare settings.





# EUA and SARS-CoV-2

| DHHS declares SARS-CoV-2 a<br>Public Health Emergency  |        | Several promin<br>microbiologist<br>about this prod<br>ClinMicroNet | Several prominent clinical<br>microbiologists raise concerns<br>about this process on<br>ClinMicroNet |                |                           | FDA published guidance<br>document allowing high-<br>complexity laboratories to<br>develop SARS-CoV-2 LDTs |          |
|--|--------|---|---|----------------|---------------------------|--|----------|
|  | 2 Feb. | o. 2020   |   | 28 Fe          | eb. 2                     | 2020   |          |
| 27 Jan. 2020   |        | 10 Feb. 202   |   | 2020           |                           | 29 Fe  | eb. 2020 |
| EUA declaration issued.<br>Under this EUA, LDTs may not be<br>performed until they have been<br>reviewed by the FDA. |        |   | 107 Clinical m<br>a signed letter   | icrob<br>to Co | iologists send<br>ongress |  |          |









# EUA and SARS-CoV-2

| DHHS declar<br>CoV-2 a Pub<br>Emergency | res SARS-<br>lic Health                                    | Several pro<br>clinical mic<br>raise conce<br>this process<br>ClinMicroNe | minent<br>robiologists<br>rns about<br>s on<br>et | FDA publis<br>guidance d<br>allowing hig<br>complexity<br>to develop<br>LDTs | ned<br>ocument<br>gh-<br>laboratories<br>SARS-CoV-2 | CAP Clinica<br>Microbiolog<br>committee i<br>guidance do<br>verification<br>assays | l<br>y<br>issues<br>ocument for<br>of EUA | First comm<br>receives ful<br>marketing a | ercial assay<br>I FDA<br>authorization |                            |
|---|--|---|---|--|---|--|---|---|--|----------------------------|
|   | 2 Feb  | . 2020  | 28 Fe   | b. 2020  | 13 Ma   | ar 2020  | 19 Aug                                    | g 2020                                    | 15 No                                  | ov 2021                    |
| 27 Jan                                  | . 2020   | 10 Fel  | o. 2020   | 29 Fe  | b. 2020   | 7 May  | / 2020                                    | 17 Ma                                     | ır 2021                                |                            |
|   | EUA declara<br>Under this E<br>may not be<br>until they ha | ation issued.<br>EUA, LDTs<br>performed<br>ave been                       | Clinical mic<br>send a sigr<br>Congress           | crobiologists<br>ned letter to   | First comm<br>issued                                | ercial EUAs  | DHHS anno<br>does not ha<br>over LDTs     | unces FDA<br>ve authority                 | DHHS reso<br>barring FD<br>review      | ainds policy<br>A from LDT |



# EUA and MPXV



- FDA does not intend to object to mpox LDTs when:
  - » The test is PCR based
  - » The test uses lesion swabs
  - » The test is appropriately validated
  - » The lab notifies the FDA within five days of validation

Should high-complexity clinical laboratories be allowed to expand testing?



# Expanding capacity for <u>diagnosis</u> and surveillance of mpox

ion

| Laboratory testing for the r           | nonkeypox virus |
|--|-----------------|
| Interim guidance                       | World Ha        |
| 23 May 2022                            | Organizat       |
| Annex. Specimen collection and storage |                 |

| Specimen type  | Collection materials                                      | Storage temperature   | Collection purpose   |
|--|---|---|--|
| Skin lesion material, including:<br>- swabs of lesion exudate<br>- lesion roofs<br>- lesion crusts | Dacron or polyester flocked<br>swabs with VTM or dry swab | Refrigerate (2–8 °C) or freeze<br>(-20 °C or lower) within 1 hour of<br>collection; -20 °C or lower after 7<br>days | Recommended for diagnosis  |
| Oropharyngeal swab   | Dacron or polyester flocked swabs with VTM or dry swab    | See above   | Recommended for diagnosis if feasible, in addition to skin lesion material                     |
| Rectal and or genital swabs  | Dacron or polyester flocked swabs with VTM or dry swab    | See above   | To be considered for research (following ethics guidelines)                                    |
| Urine  | Sterile collection tube                                   | See above   | To be considered for research<br>(following ethics guidelines)                                 |
| Semen  | Sterile collection tube                                   | Room temperature for <1h (then -20 °C or lower)   | To be considered for research<br>(following ethics guidelines)                                 |
| Whole blood  | Sterile collection tube with<br>EDTA                      | See above   | To be considered for research<br>(following ethics guidelines)                                 |
| Serum  | Serum-separating tubes                                    | Refrigerate (2–8 °C) or freeze<br>(-20 °C or lower) within 1 hour of<br>collection; -20°C or lower after 7<br>days  | To be considered for serology to<br>aid diagnosis or research<br>(following ethics guidelines) |
| Plasma   | collection tube with EDTA                                 | See above   | To be considered for serology to<br>aid diagnosis or research<br>(following ethics guidelines) |

### Viral loads in clinical samples of men with monkeypox virus infection: a French case series

Romain Palich, Sonia Burrel, Gentiane Monsel, Agathe Nouchi, Alexandre Bleibtreu, Sophie Seang, Vincent Bérot, Cécile Brin, Ariane Gavaud, Yara Wakim, Nagisa Godefroy, Antoine Fayçal, Yanis Tamzali, Thomas Grunemwald, Michel Ohayon, Eve Todesco, Valentin Leducq, Stéphane Marot, Vincent Calvez, Anne-Geneviève Marcelin, Valérie Pourcher





# Expanding capacity for diagnosis and <u>surveillance</u> of mpox

Letters | October 2022

#### Detection of Monkeypox Virus in Anorectal Swabs From Asymptomatic Men Who Have Sex With Men in a Sexually Transmitted Infection Screening Program in Paris, France

Valentine Marie Ferré, PharmD 💿, Antoine Bachelard, MD, Meryem Zaidi, BSc, ... View all authors 🕂

Author, Article, and Disclosure Information

| Variable  | MSM With No Symptoms<br>of MPXV Infection |
|---|---|
| Total number of MSM visiting between 5 June and 11 July 2022  | 323                                       |
| C trachomatis infections detected on anal swab, n/N (%)   | 32/323 (9.9)                              |
| N gonorrhoeae infections detected on anal swab, n/N (%)   | 24/323 (7.4)                              |
| C trachomatis and N gonorrhoeae co-infection detected on anal swab, n/N (%)   | 8/323 (2.5)                               |
| C trachomatis infections detected on first-void urine sample or urethral swab, n/N (%)  | 6/323 (1.9)                               |
| N gonorrhoeae infections detected on first-void urine sample or urethral swab, n/N (%)  | 3/323 (0.9)                               |
| <i>C trachomatis</i> and <i>N gonorrhoeae</i> co-infection detected on first-void urine sample or urethral swab. <i>n/N</i> (%) | 1/323 (0.3)                               |
| MPXV-positive test result, n/N (%)  | 13/200* (6.5)                             |

6.5% of MSM undergoing STI screening had MPXV detected from rectal swabs



Journal of Clinical Virology Volume 164, July 2023, 105493



#### Prevalence of Mpox (Monkeypox) in patients undergoing STI screening in northern California, April-September 2022

<u>Caitlin A. Contag</u><sup>a</sup> <u>A</u> <u>B</u>, <u>Zachary T. Renfro</u><sup>b</sup>, <u>Jacky Lu</u><sup>c</sup>, <u>Sa Shen</u><sup>d</sup>, <u>Abraar Karan</u><sup>a</sup>, <u>Daniel Solis</u><sup>c</sup>, <u>ChunHong Huang</u><sup>c</sup>, <u>Malaya K. Sahoo</u><sup>c</sup>, <u>Fumiko Yamamoto</u><sup>c</sup>, <u>Morris S. Jones</u><sup>e</sup>, <u>Jennifer Lin</u><sup>f</sup>, <u>Vivian Levy</u><sup>a f</sup>, <u>Benjamin A. Pinsky</u><sup>a c</sup>

#### <u>Results</u>

- 7 MPXV+ patients w/o history of mpox
- 4/7 were cisgender women who reported only heterosexual activity





# What happens when an EUA expires?

#### TABLE 1 Timeline of emergency use authorization declarations

| Emergency                                | EUA Effective | EUA Terminated | Diagnostic EUAs | Total EUAs <sup>a</sup> |
|--|---------------|----------------|-----------------|-------------------------|
| Bacillus anthracis                       | 27/01/2005    | ongoing        | 0               | 3                       |
| 2009 H1N1 Influenza virus                | 26/04/2009    | 23/06/2010     | 18              | 21                      |
| Highly Pathogenic Avian Influenza (H7N9) | 19/04/2013    | ongoing        | 3               | 3                       |
| MERS Coronavirus                         | 05/06/2013    | ongoing        | 2               | 2                       |
| Ebola virus                              | 04/08/2014    | ongoing        | 13              | 13                      |
| Enterovirus D68                          | 06/02/2015    | 20/02/2023     | 1               | 1                       |
| Zika virus                               | 28/09/2016    | ongoing        | 20              | 20                      |
| SARS-CoV-2                               | 04/02/2020    | ongoing        | 443             | 664                     |
| Mpox virus                               | 07/09/2022    | ongoing        | 8               | 9                       |

<sup>a</sup> Includes IVDs, devices, therapeutics, and other medical countermeasures. Data current as of 4/27/2023.

https://doi.org/10.1016/j.yamp.2023.07.008





https://www.fda.gov/media/155039/download





# What happens when an EUA expires?



## For Manufacturers

Assays must be submitted for review by traditional FDA pathways

If the assay is not submitted for review, it is no longer approved for clinical use



# For Laboratories

Any COVID LDTs will be treated as other LDTs

For EUA assays, some verification studies may be repeated

Any modification to EUA assays following termination will require validation studies





# Partnering with Public Health



Get to know thy neighbor...sooner than later







# Do's and Don'ts of Interacting with Public health

| Don't | Be strangers                     |
|-------|----------------------------------|
| Don't | Assume you understand each other |
| Do    | Offer to collaborate             |
| Do    | Share resources when possible    |
| Do    | Communicate early and often      |





## Don't Be Strangers



Form a taskforce/team



Stay in constant communication





### Don't Assume You Understand Each Other



Tour each other's lab



Learn each other's basic processes

Learn each other's limitations



Meet each other's technical staff





### Do Offer to Collaborate







#### FIND MUTUAL INTERESTS

FIND MUTUAL PAIN POINTS

#### EXPLORE COMPLEMENTARY ROLES





#### Do Share Resources When Possible







### Do Communicate Often and Early





# Partnering With & Beyond Public Health

Other Labs and Federal Agencies





## Who Else Can You Partner With?



LOCAL HOSPITALS

OTHER MEDICAL SYSTEMS IN YOUR REGION REGIONAL REFERENCE LABS

NATIONAL REFERENCE LABS





## Example of Success

Lessons learned from Zika virus

- CDC's DLS (Division of Laboratory Systems) spearheads private-public partnership thru an MOU
  - » National Reference Labs (*via* ACLA)
  - » Federal Agencies (CSTE, APHL, CDC, FDA)
  - » Other associations (AdvaMed, AMP, NILA)

Salerno RM, Chaitram J, Andreadis JD. Building a Public-Private Partnership to Enhance Laboratory Preparedness and Response in the United States. Disaster Med Public Health Prep. 2021 Oct;15(5):657-660





Optimizes LOCS – Laboratory Outreach Communication System

Regularly schedule informative webinars

Quarterly call with partners

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More frequent & timely communications in "realtime"

Ability to engage surge capacity response with \_\_\_\_\_ partners





## **ARUP Creates Defined Roles**

- Partners now have defined contacts
- New director roles interface with outside agencies

Director of Emerging Public Health Crises



Marc Couturier

Benjamin Bradley



Director of High Consequence Pathogen Response



# Organic Communications from Within the Lab Community

Multipronged approach







## ClinMicroNet



International group of clinical microbiology laboratory directors



Semi-private listserv hosted by ASM Criteria for membership:

- Doctoral-level clinical microbiology laboratory director
- or Laboratory manager/expert with national standing and peer recognition







#### **F**





DISCUSS TRENDS

ClinMicroNet

SHARE CONCERNS

**REPORT UNUSUAL** FINDINGS

CAN SERVE AS "OUTBREAK RADAR"

All email-based...real-time communication



## Rapid Publication of Information



Professional committees drafting guidance, near real-time





#### The Infectious Diseases Society of America Guidelines on the Diagnosis of COVID-19: Antigen Testing

Mary K. Hayden,<sup>1,2</sup> Kimberly E. Hanson,<sup>3</sup> Janet A. Englund,<sup>4</sup> Francesca Lee,<sup>5</sup> Mark J. Lee,<sup>6</sup> Mark Loeb,<sup>7</sup> Daniel J. Morgan,<sup>8</sup> Robin Patel,<sup>9</sup> Abdallah El Alayli,<sup>10</sup> Ibrahim K. El Mikati,<sup>11</sup> Shahnaz Sultan,<sup>12</sup> Yngve Falck-Ytter,<sup>13,14</sup> Razan Mansour,<sup>15</sup> Justin Z. Amarin,<sup>16</sup> Rebecca L. Morgan,<sup>13,17</sup> M. Hassan Murad,<sup>18</sup> Payal Patel,<sup>19</sup> Adarsh Bhimraj,<sup>20</sup> and Reem A. Mustafa<sup>21</sup>

#### College of American Pathologists (CAP) Microbiology Committee Perspective: the Need for Verification Studies

#### JOURNAL ARTICLE

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College of American Pathologists (CAP) Microbiology Committee Perspective: Caution Must Be Used in Interpreting the Cycle Threshold (Ct) Value 💷

Daniel Rhoads, David R Peaper, Rosemary C She, Frederick S Nolte, Christina M Wojewoda, Neil W Anderson, Bobbi S Pritt ☎

This letter has a response. VIEW RESPONSE

Authors: Christina M. Wojewoda, Neil W. Anderson, Romney M. Humphries, Isabella W. Martin, Blaine A. Mathison, Allison R. McMullen 🤤, Frederick S. Nolte, <u>show ALL (19 AUTHORS),</u> Bobbi S. Pritt | <u>AUTHORS INFO & AFFILIATIONS</u> Considerations from the College of American Pathologists for Implementation of an Assay for SARS-CoV-2 Testing after a Change in Regulatory Status

Authors: David R. Peaper <sup>(1)</sup>, Daniel D. Rhoads, Kaede V. Sullivan, Marc R. Couturier, Romney M. Humphries <sup>(1)</sup>, Isabella W. Martin, Frederick S. Nolte <sup>(1)</sup>, Marie-Claire Rowlinson, Rosemary C. She, Patricia J. Simner <sup>(2)</sup>, Elitza S. Theel <sup>(3)</sup>, Christina M. Wojewoda <sup>(3)</sup> | <u>AUTHORS INFO &</u>

#### The Role of Antibody Testing for SARS-CoV-2: Is There One?

Elitza S. Theel<sup>a</sup>, Patricia Slev<sup>b,c</sup>, Sarah Wheeler<sup>d</sup>, Marc Roger Couturier<sup>b,c</sup>, Susan J. Wong<sup>e</sup>, Kamran Kadkhoda<sup>f</sup>

#### Understanding, Verifying, and Implementing Emergency Use Authorization Molecular Diagnostics for the Detection of SARS-CoV-2 RNA

Stephanie L. Mitchell<sup>a</sup>, Kirsten St. George <sup>b</sup>, Daniel D. Rhoads<sup>c</sup>, Susan M. Butler-Wu<sup>d</sup>, Vaishali Dharmarha<sup>e</sup>, Peggy McNult<sup>e</sup>, Melissa B. Miller<sup>f</sup>, on behalf of the American Society for Microbiology Clinical and Public Health Microbiology Committee





## Rapid Publication Requires Contacts

\*\*\*See previous strategies w/Public Health\*\*\*





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# What can(`t) you do?



Establishing and understanding the limits of your lab





# Questions to ask about your lab

| Facilities  | Personnel   | Available assays   |
|---|---|--|
| Is there space?<br>What are your<br>certifications? | Are there protocols?<br>Are personnel<br>trained? | Establishing the<br>minimum<br>Travelers with fever?<br>Post-outbreak<br>maintenance |



# Questions to ask others



- » What testing do you have available?
- » Are there plans to build capacity?
- » Can I send you this isolate for rule out?



Lab Response Network

- » Who is your LRN reference lab
- » Sentinel vs. Reference lab



Division of Laboratory Systems

- » Available validation materials
- » Protocols
- » Communication





# Questions to ask about the pathogen

- BMBL is useful resource
- For each pathogen ask:
  » Specimen handling
  » What tests can be performed
  - » Risk mitigation strategies
- Know your assay!





# Know your assay!





WA-UW-074978



https://doi.org/10.3390/v14112393



Viruses



# What will you do?

- There is no one-size-fits-all answer
- Define the boundaries of your gray zone
- Expand the lines of thinking
  - » "Yes, and..."
  - » "No, and..."



# Ok, so you think you have a plan...









## **Re-emerging Examples**







## Malaria in the US

Failing competency for microscopy

Are results accurate? Who are your resources?

1 FDA cleared rapid antigen Source specimens to verify?



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1 FDA cleared NAAT (as syndromic panel)

Source specimens to verify Viable for just malaria?

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Reference lab NAATs as LDTs Limited availability Not intended for diagnosis Pathway for testing/submission?







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