

# Approach to T- Follicular Helper (TFH) Lymphomas and Mimics

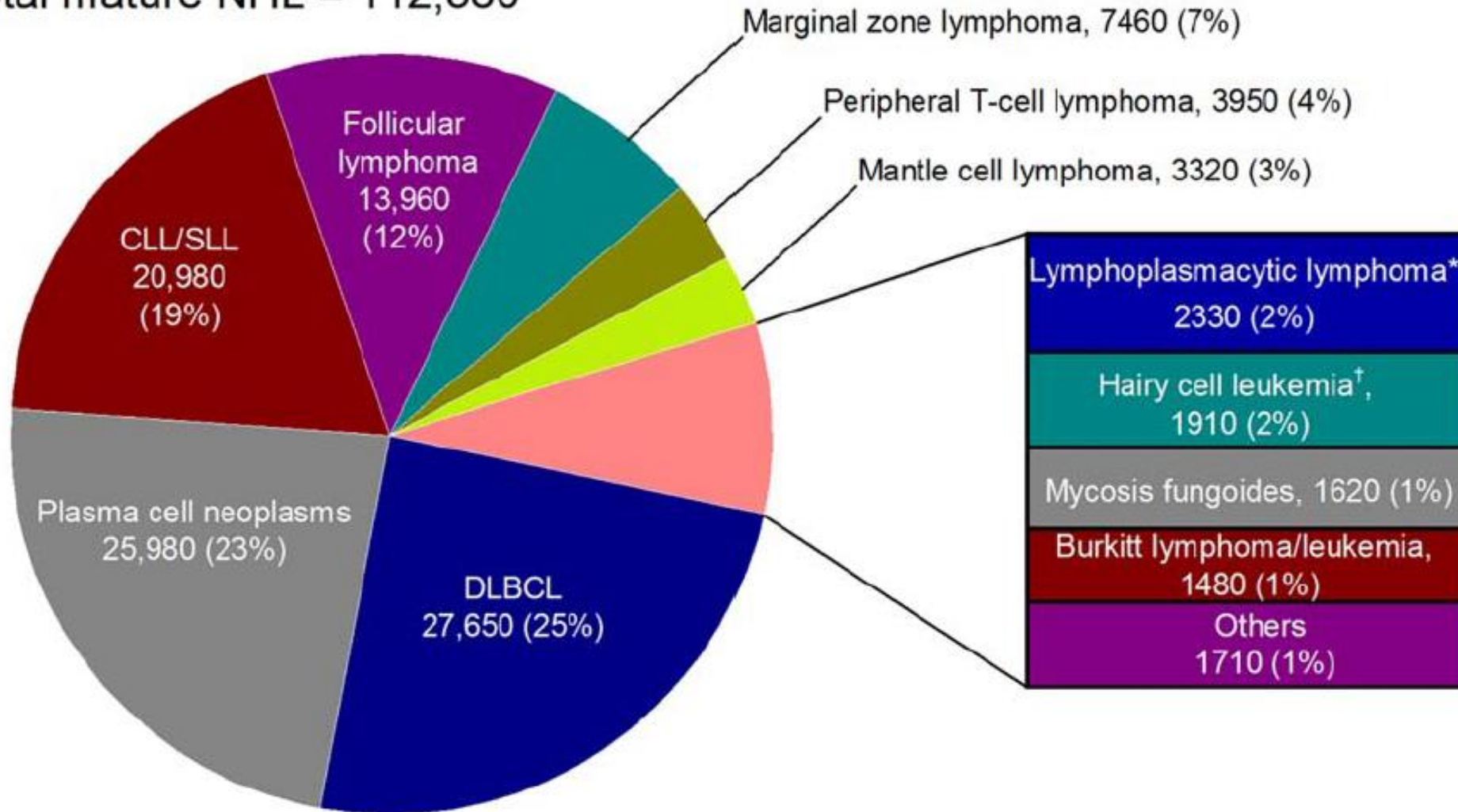
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Associate Professor, University of Utah School of Medicine

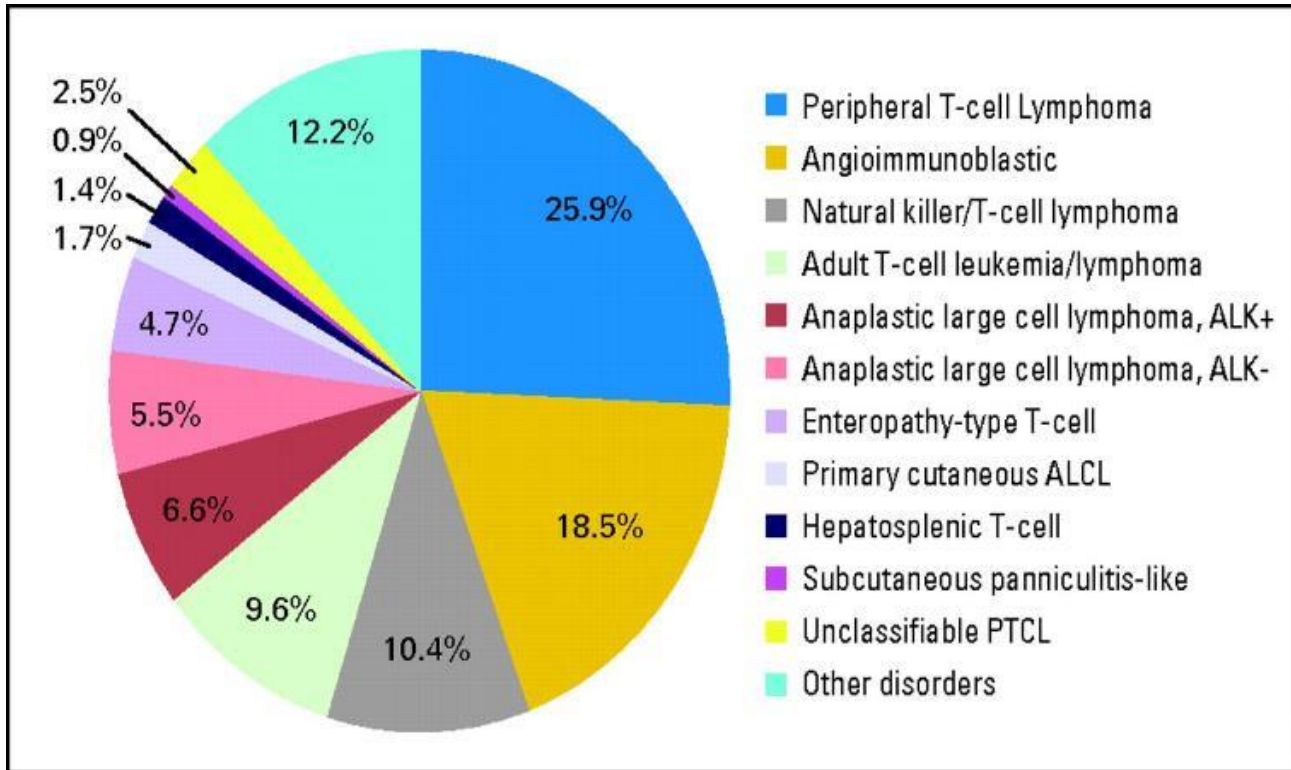
# Incidence of T-cell lymphoma

Total mature NHL = 112,380

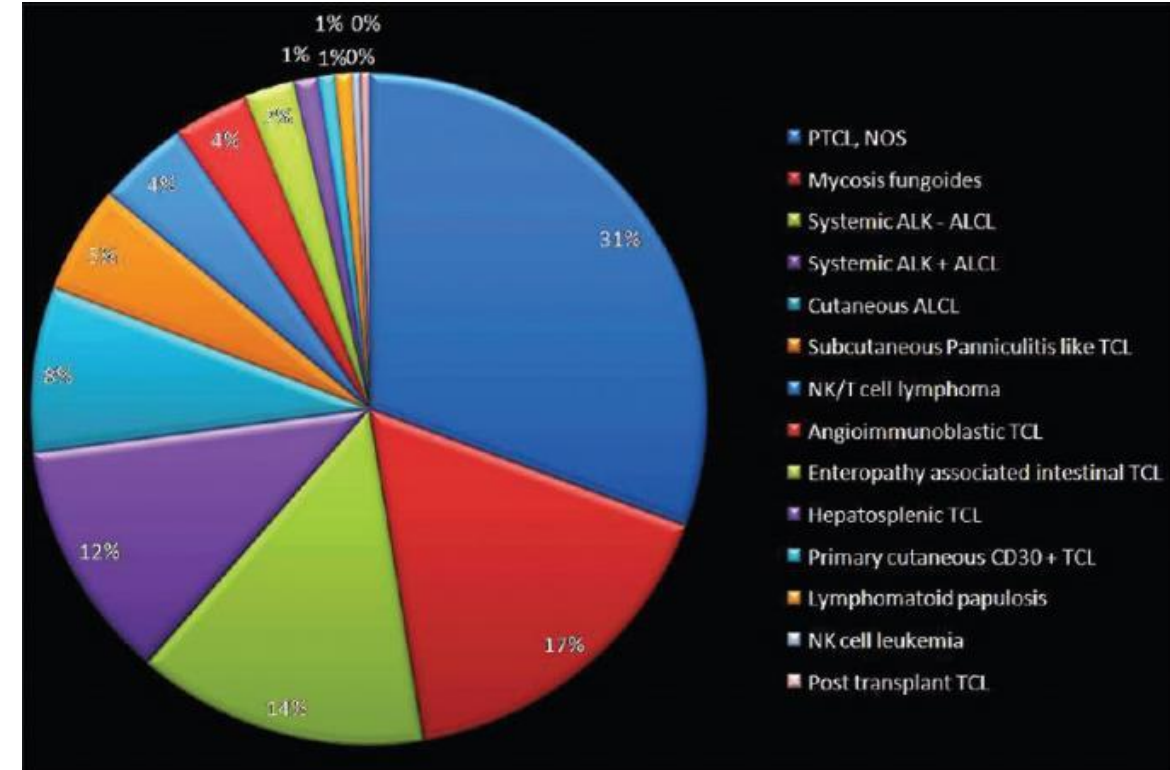


Teras, L.R., et al. CA: A Cancer Journal for Clinicians, 66: 443-459

# Frequency of T-cell lymphoma subtypes



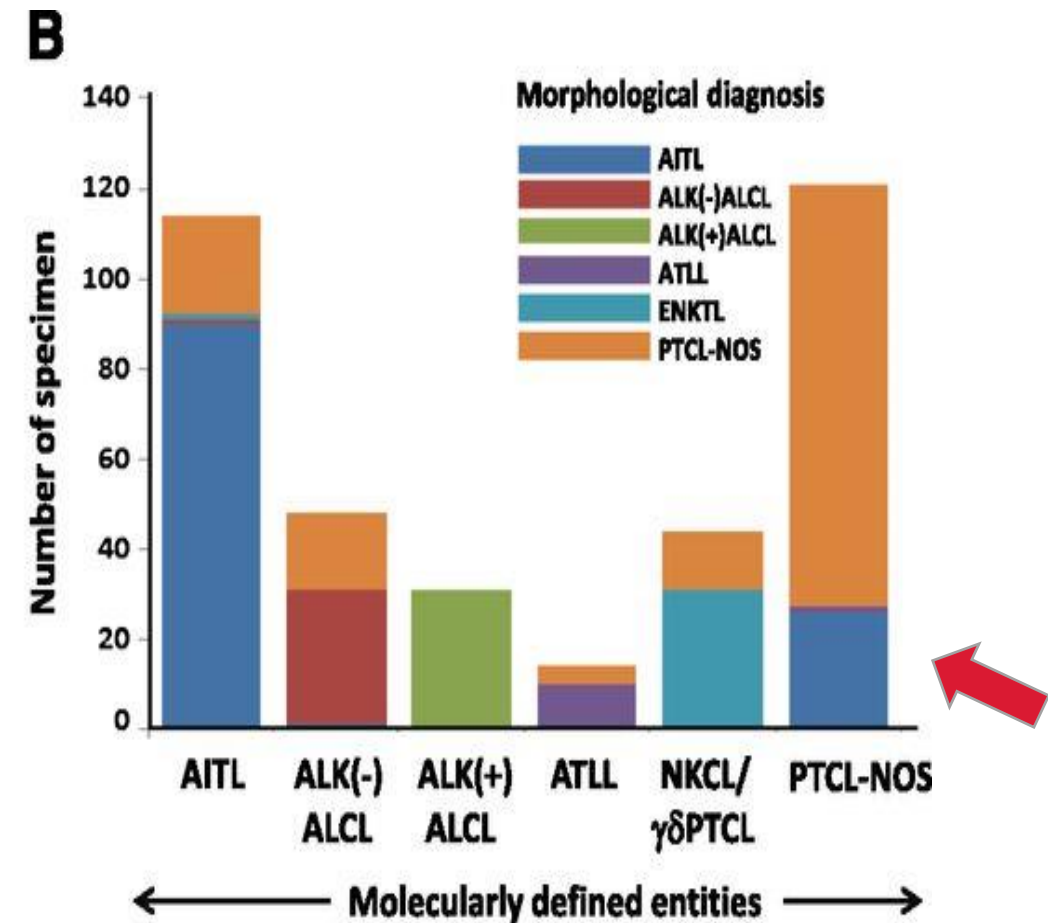
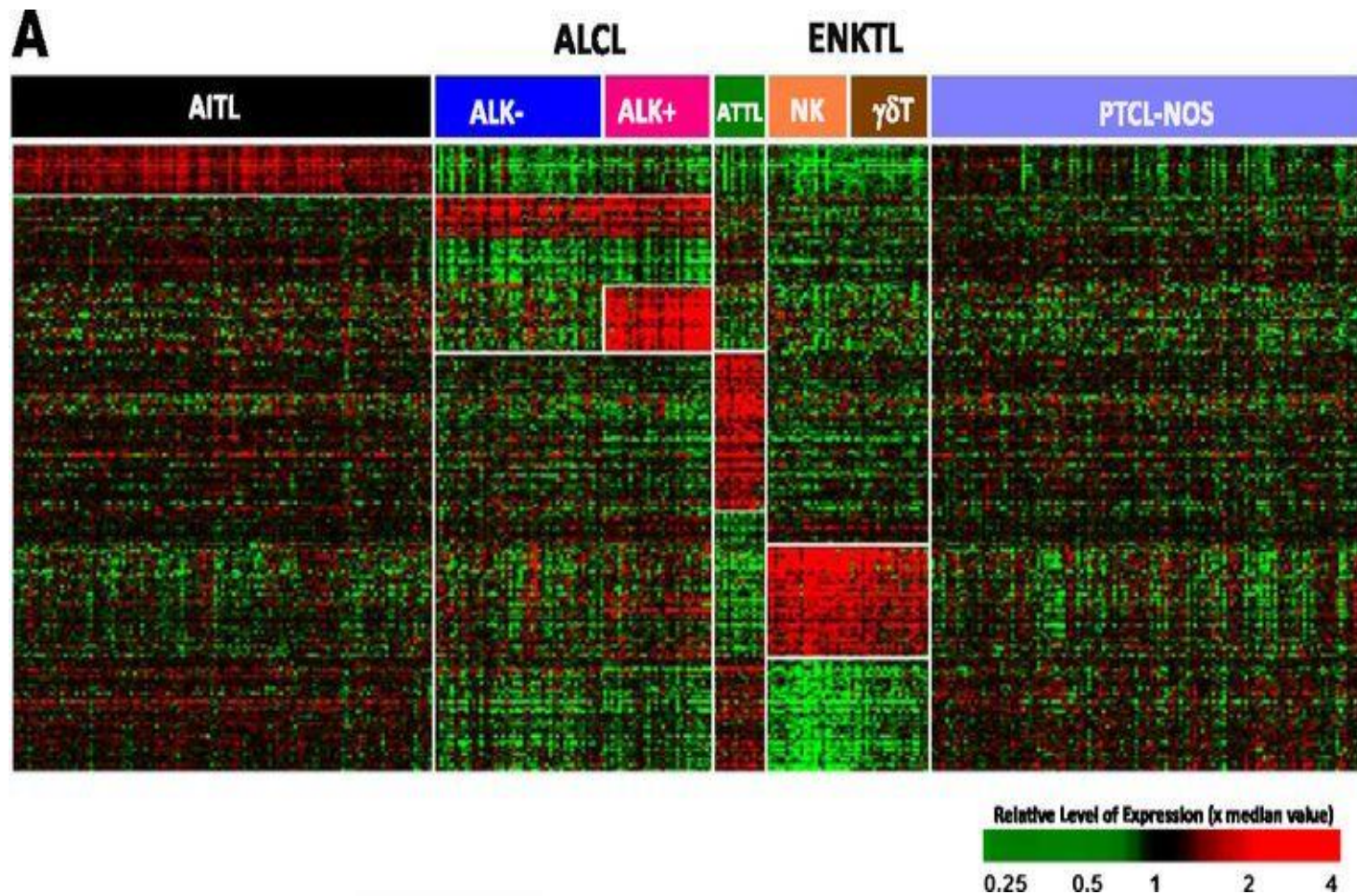
International T-Cell Lymphoma Project JCO 2008;26:4124-4130



Archana L et al. IJPM, 2018; (61) 2:204-208

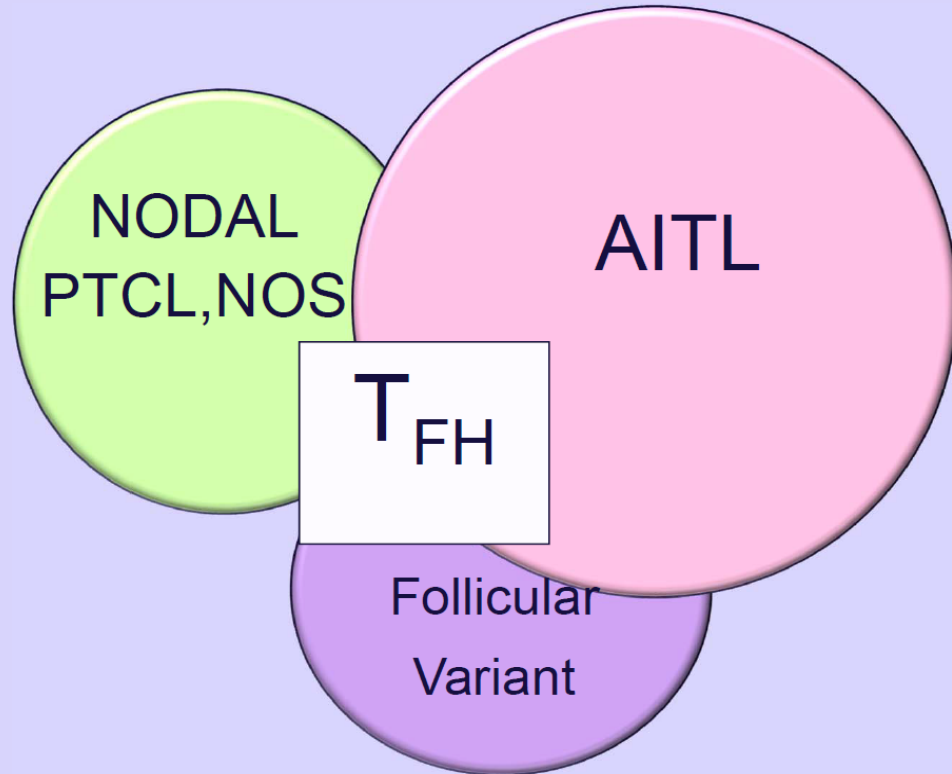
# Leukemia lymphoma molecular profiling project: Distinct gene expression profiles of T-cell lymphomas

Iqbal et al., Blood, 2014



14% of PTCL, NOS had same expression profile as AITL

## Nodal Peripheral T-cell Lymphomas of TFH Origin

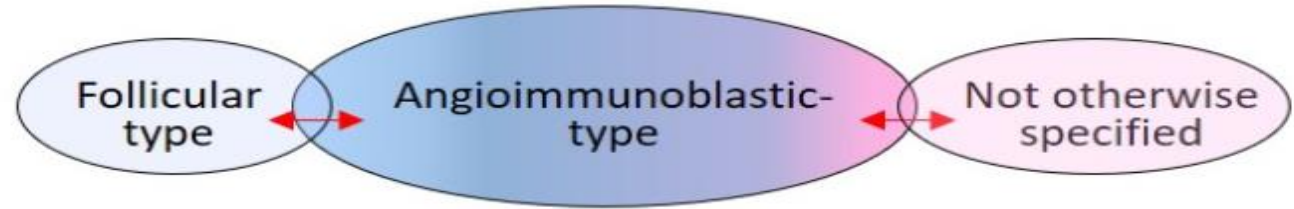


- Gene expression profiling and mutation analysis has helped to clarify the interrelationship among nodal T-cell lymphomas of TFH origin

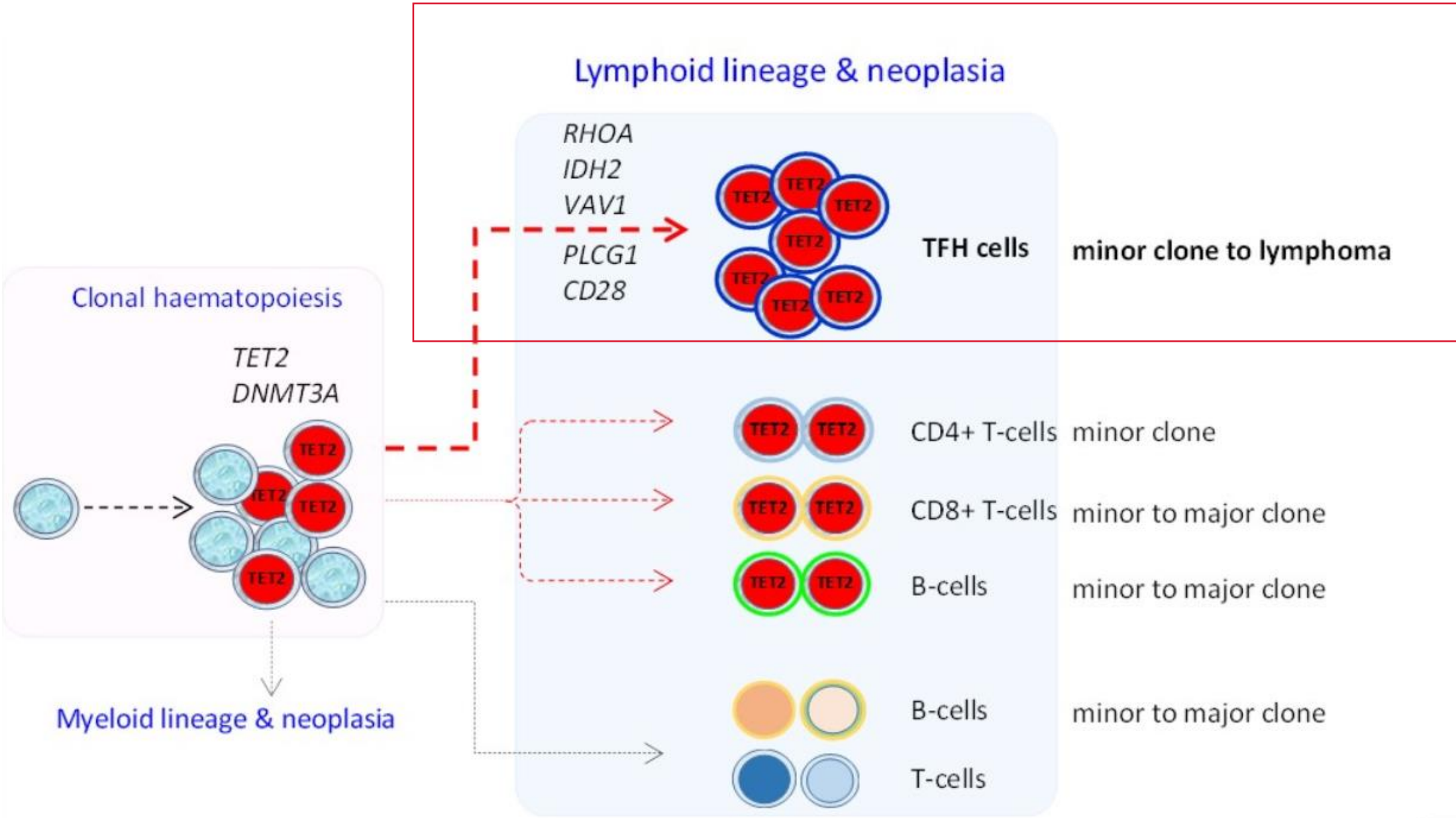
At least 2 or 3 TFH-related antigens should be expressed:

- PD1
- CD10
- BCL6
- CXCL13
- ICOS
- SAP
- CXCR5
- CD57
- HGAL
- CD200

WHO REVISED 4 <sup>TH</sup> EDITION	WHO 5 <sup>TH</sup> EDITION	ICC
<b>Nodal T-follicular helper (TFH) cell lymphoma</b>		
Angioimmunoblastic T-cell lymphoma	Nodal TFH cell lymphoma, angioimmunoblastic-type	Follicular helper T-cell lymphoma, angioimmunoblastic type (Angioimmunoblastic T-cell lymphoma)
Follicular T-cell lymphoma	Nodal TFH cell lymphoma, follicular-type	Follicular helper T-cell lymphoma, follicular type
Nodal peripheral T-cell lymphoma with TFH phenotype	Nodal TFH cell lymphoma, not otherwise specified	Follicular helper T-cell lymphoma, not otherwise specified

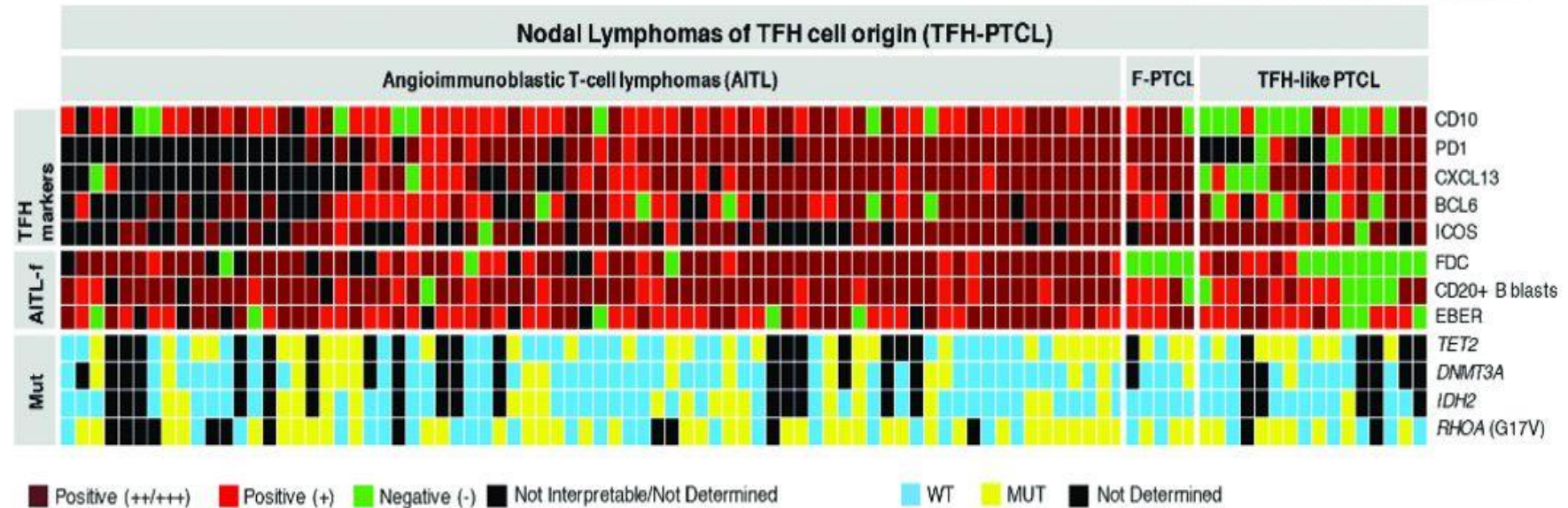


Extrafollicular FDC encircling HEV	—	+	—
HEV hyperplasia	—	+	limited
Perifollicular growth pattern	—	+ (patterns 1/2)	—
Intrafollicular growth pattern	+	—	—
Diffuse monomorphic tumour cells	—	tumour cell-rich	typical
Polymorphic infiltrate	—	+	less likely



WHO online

A

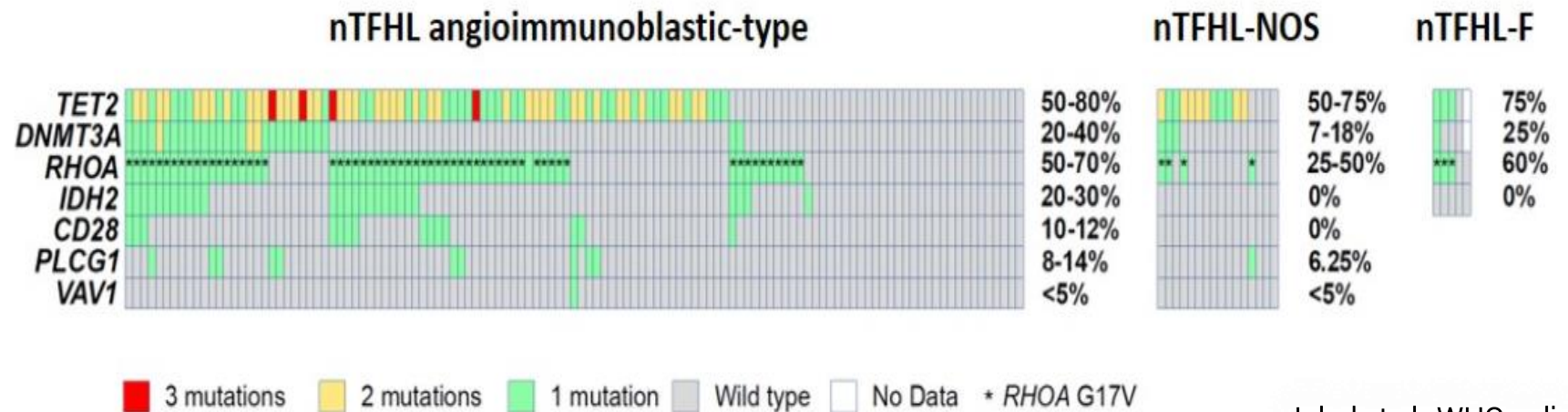


-Early mutations (**TET2** and **DNMT3A**) and **RHOA** mutations higher frequency

-**IDH2** mutation-relatively specific for AITL (large clear cell morphology)

-Fewer TFH IHC markers expressed in TFH, NOS

A Recurrent mutations in nodal T-follicular helper cell lymphomas



Iqbal et al., WHO online



# Nodal T-cell lymphomas of T-follicular helper cell (TFH) origin

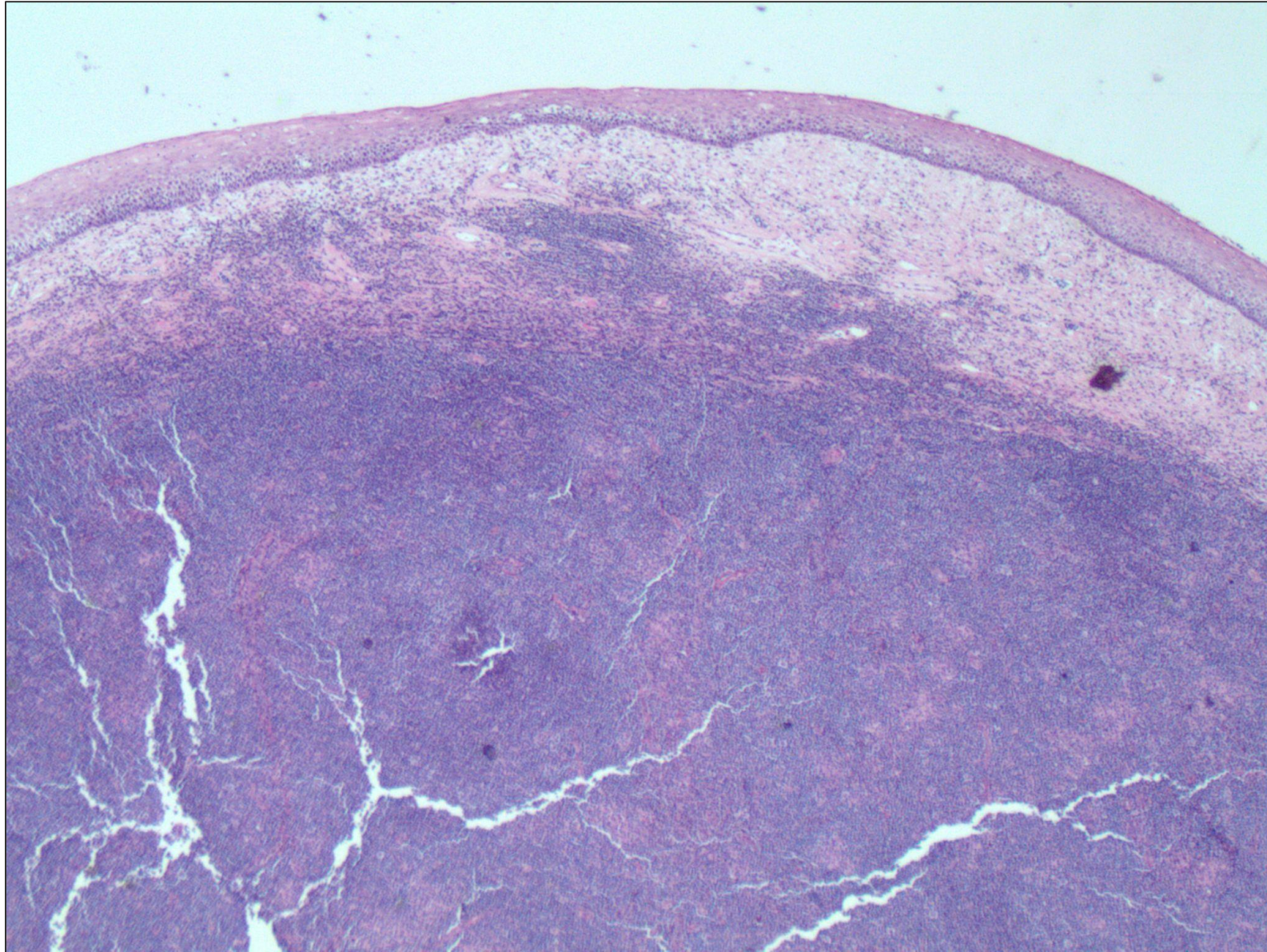
- Postulated normal counterpart: CD4+ T-follicular helper T cells (effector T-cells)
- Three clinicopathologic subtypes
  - » Angioimmunoblastic T-cell lymphoma (AITL) type
  - » Follicular type
  - » NOS
- Cutaneous T-cell lymphomas with TFH origin not included
- One subtype can relapse/progress to another, suggesting a biological continuum

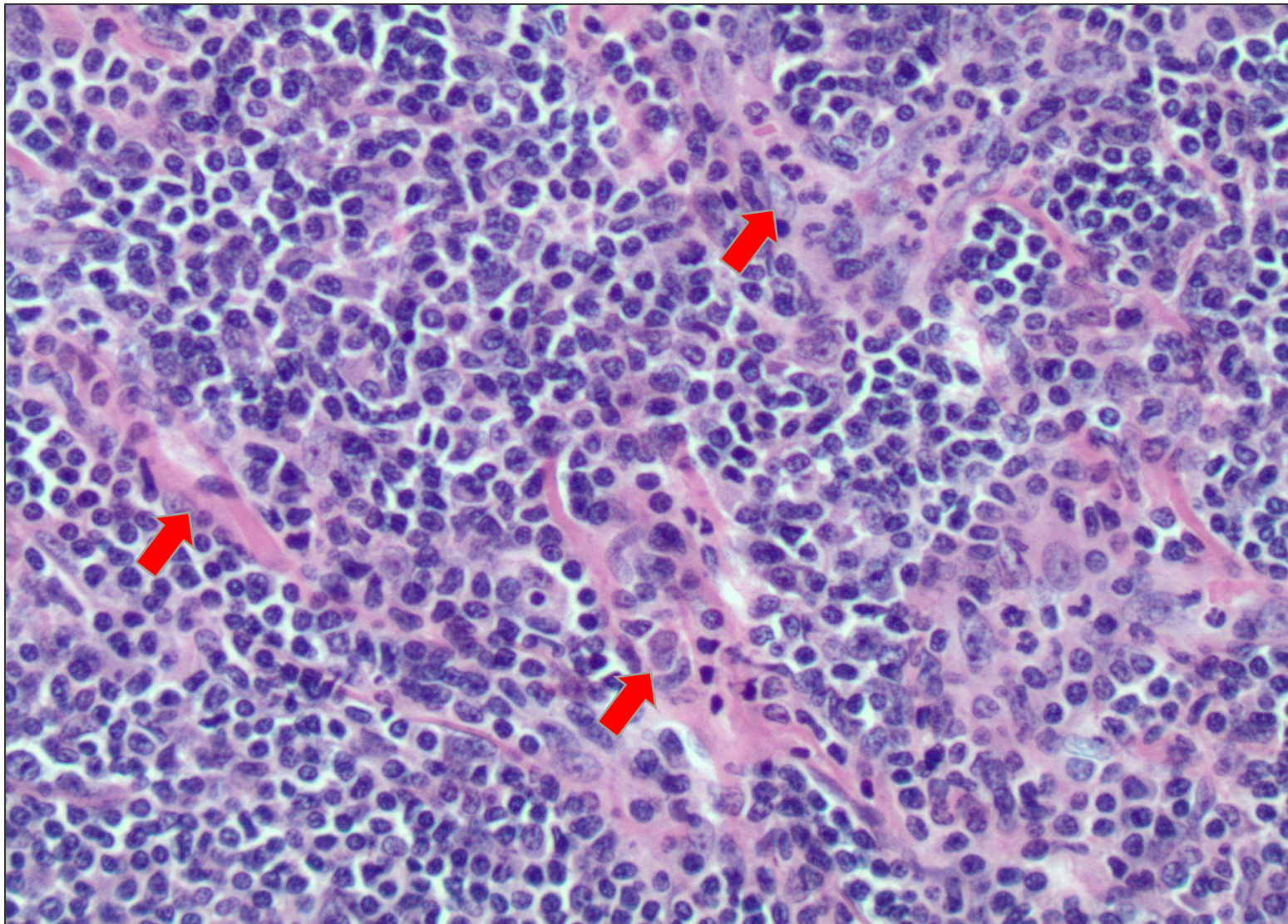
# CASE

# Patient History

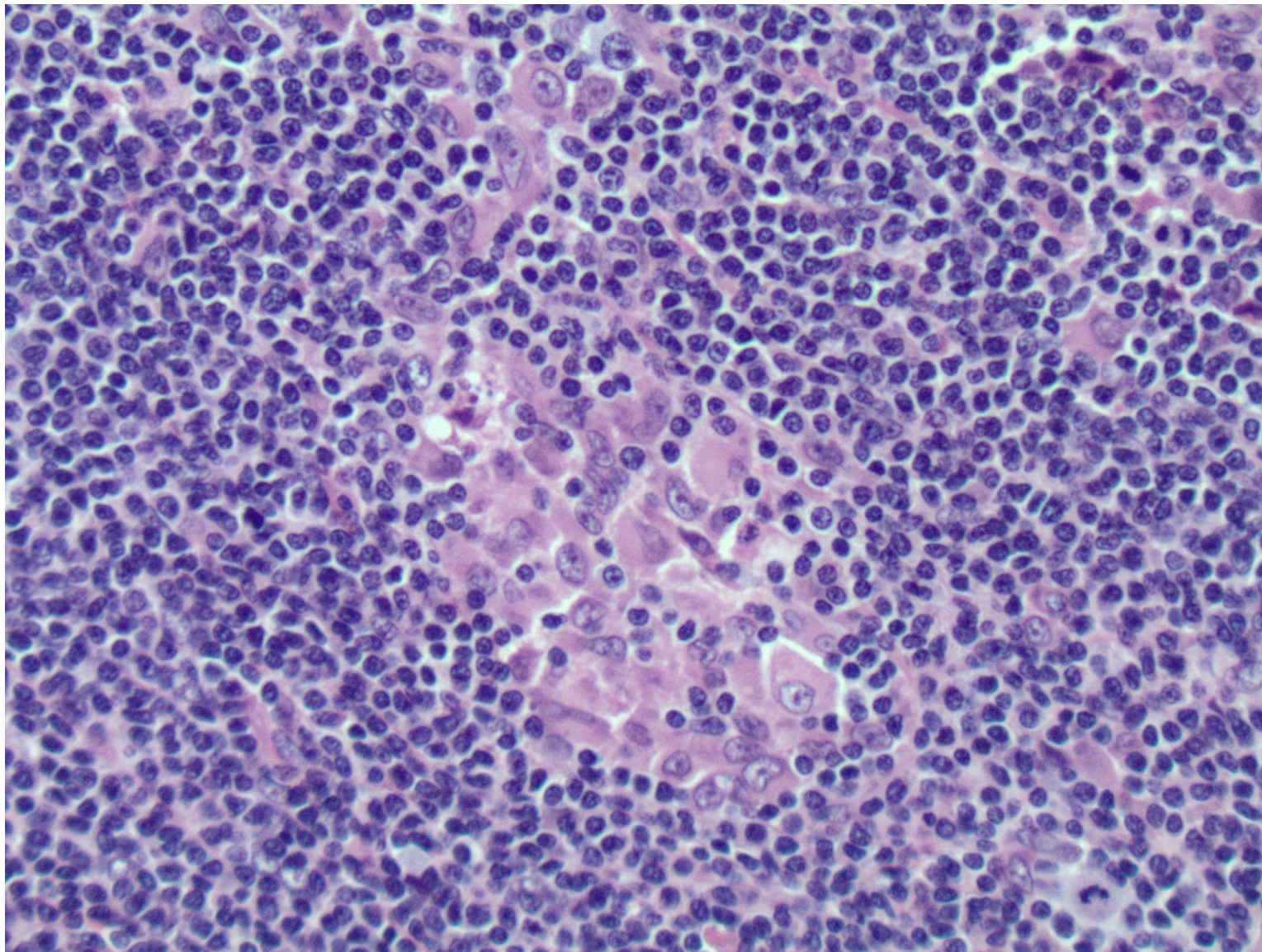
- A 58-year-old male with bilateral neck masses for 7 months, 10 lb weight loss and occasional night sweats
- Physical examination revealed confluent bilateral neck masses
- CT Neck:
  - 1) 2.4 x 2.5 x 3.8 cm exophytic oropharyngeal mass
  - 2) Multiple enlarged bilateral cervical lymph nodes largest measuring 4 cm on the right side
- Clinical concern of a squamous cell carcinoma with metastasis, and a biopsy of the oropharyngeal mass and cervical lymph node was done

# BASE OF TONGUE BIOPSY

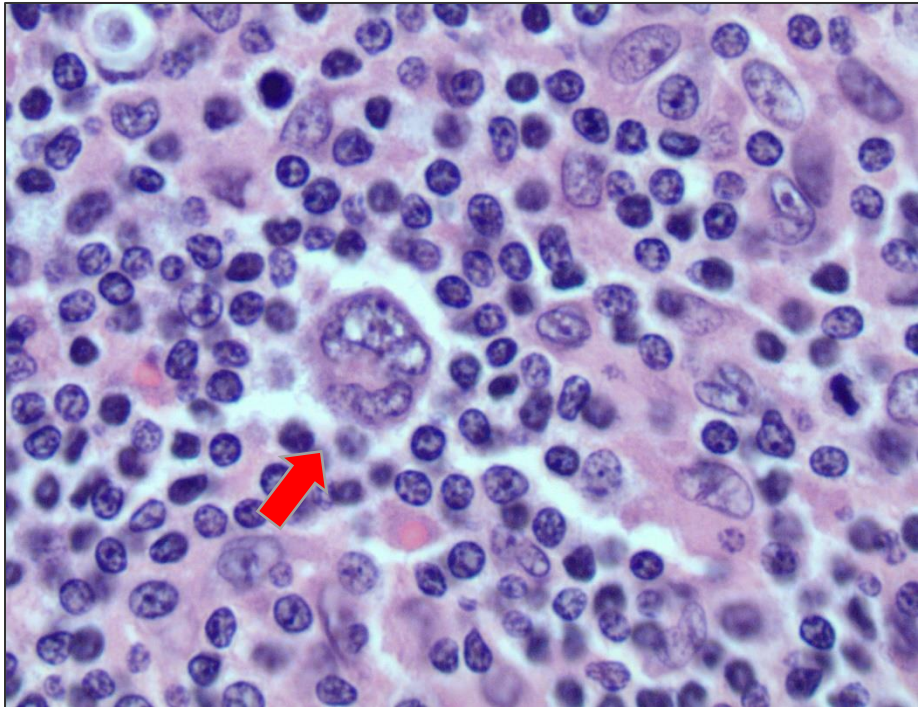




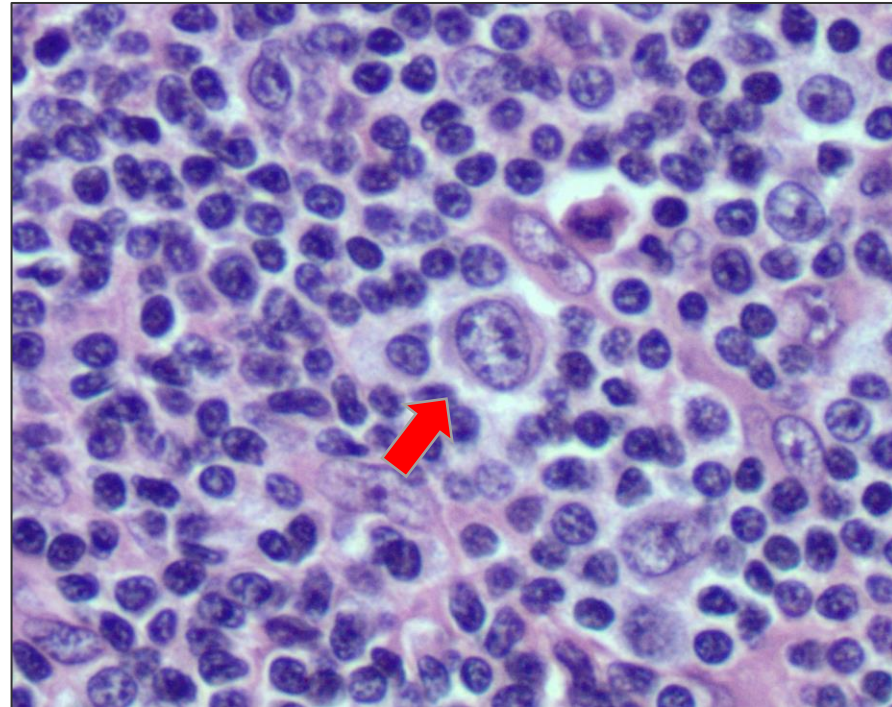
- Proliferation of high endothelial venules
- Background of small lymphocytes and plasma cells



Epithelioid histiocytes and granulomas

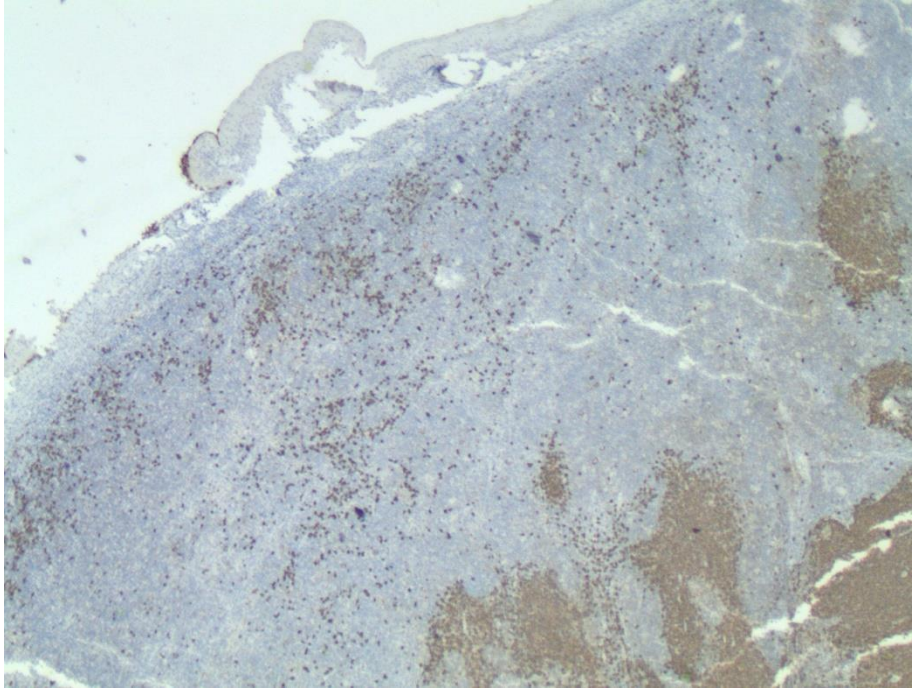


Hodgkin (Reed-Sternberg) like cells

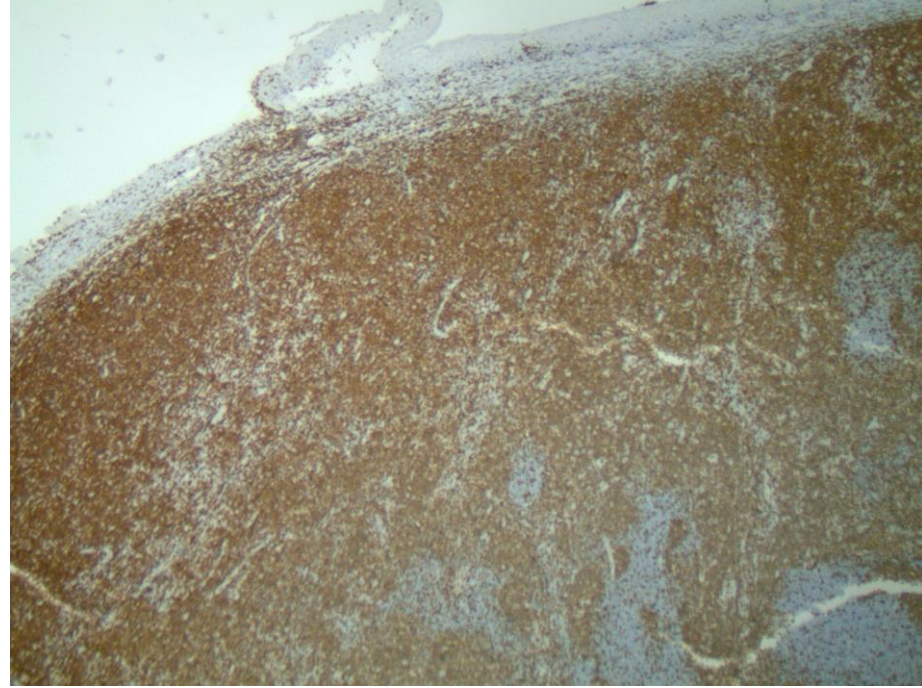


Centroblastic and Immunoblastic cells

CD20, 2x

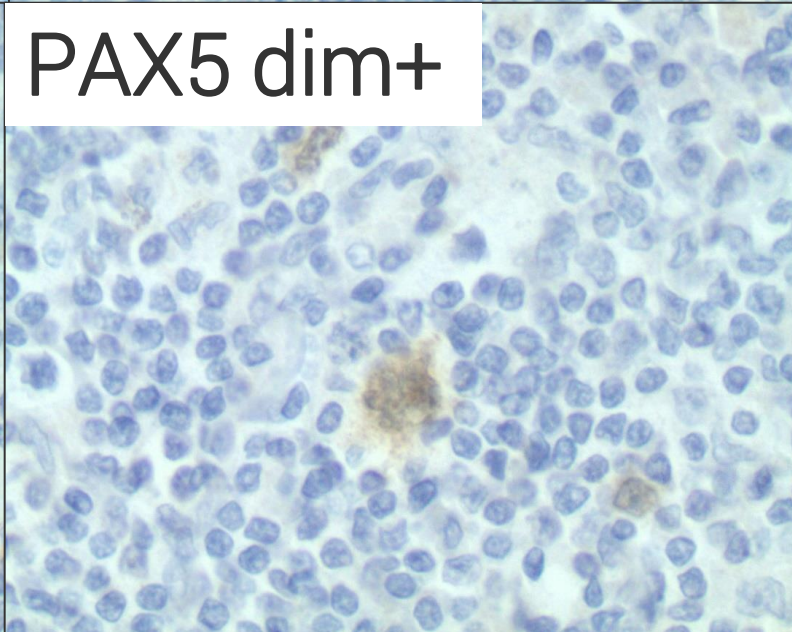
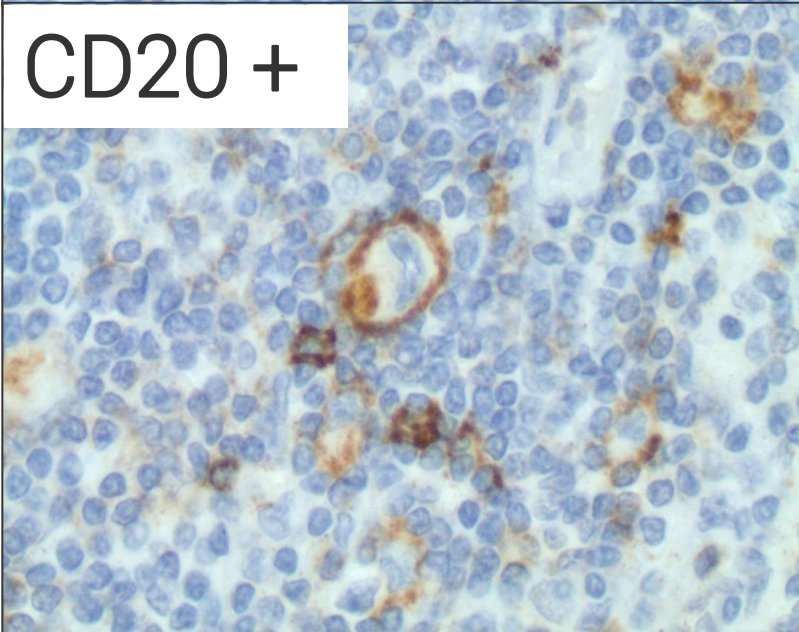
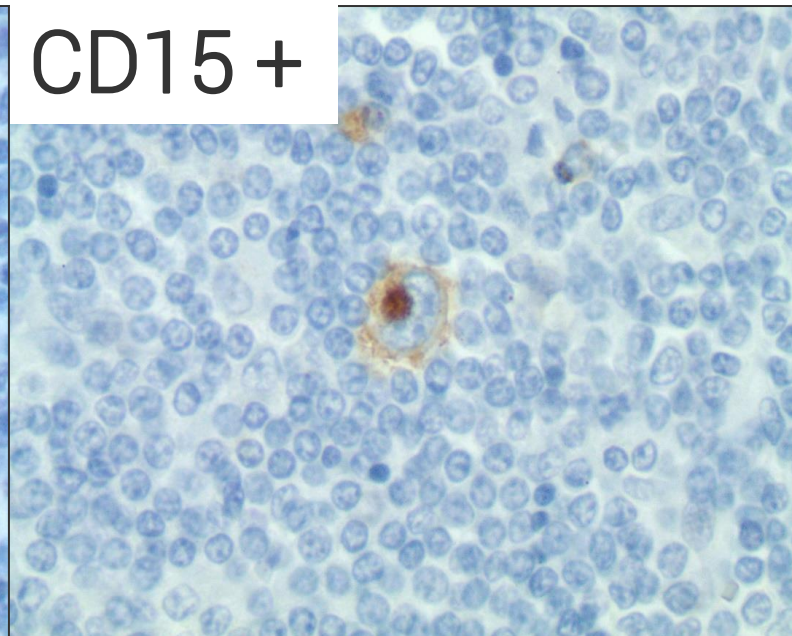
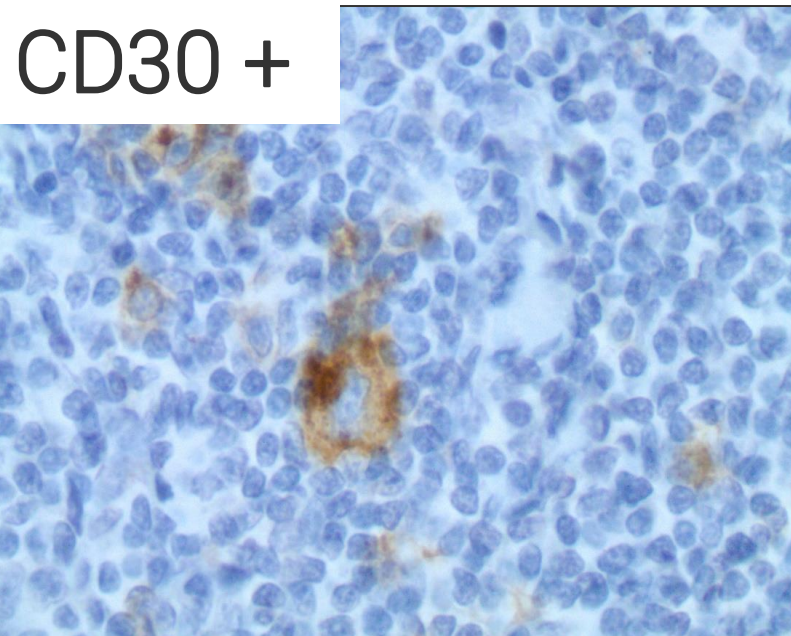


CD3, 2x

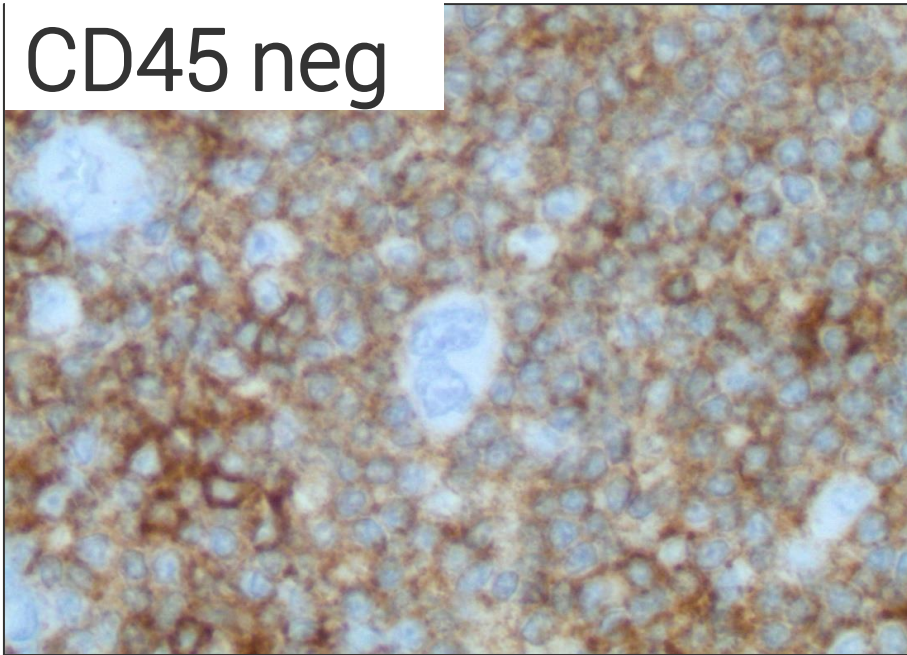


CD20 positive follicles are pushed aside and compressed by the expanded T cell population

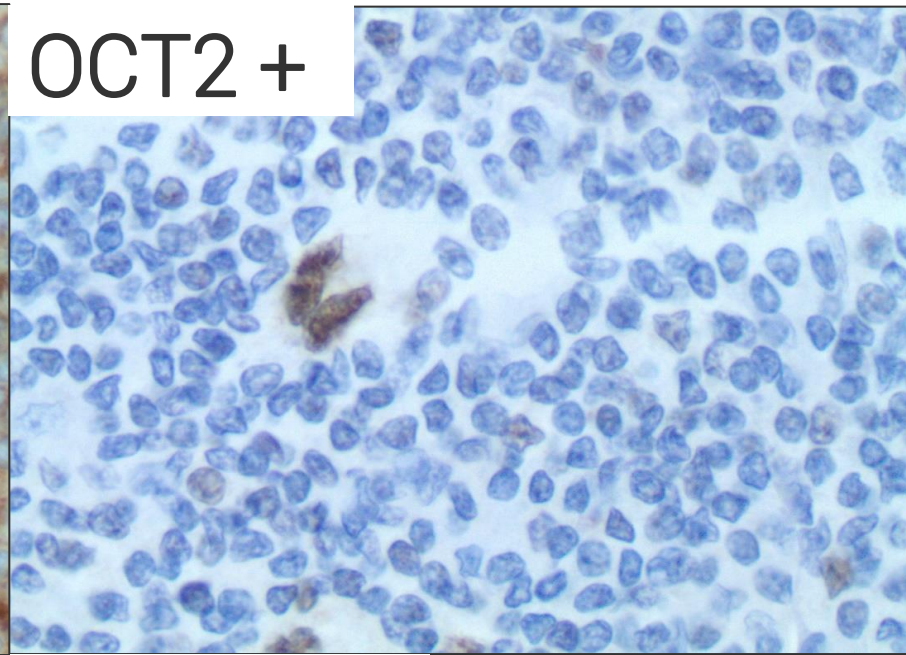




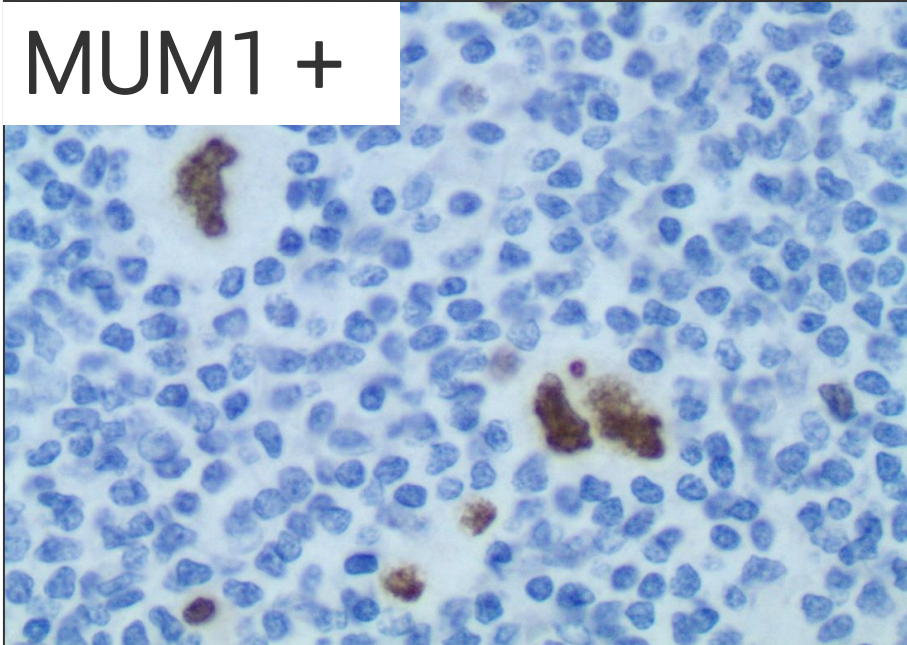
CD45 neg



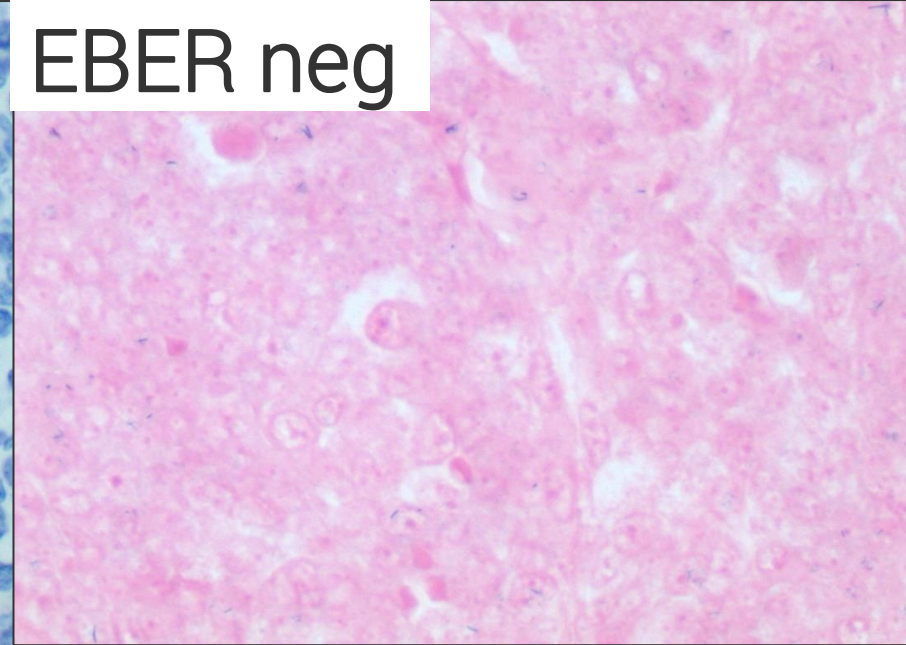
OCT2 +



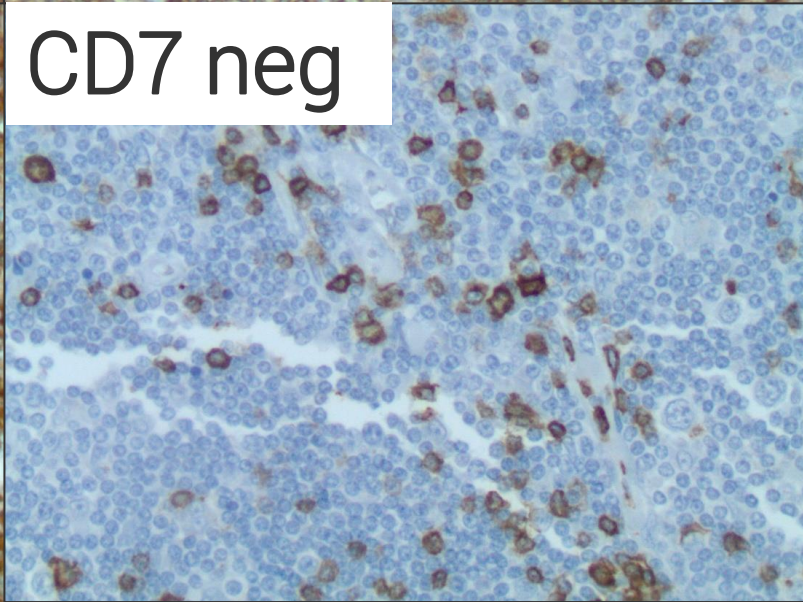
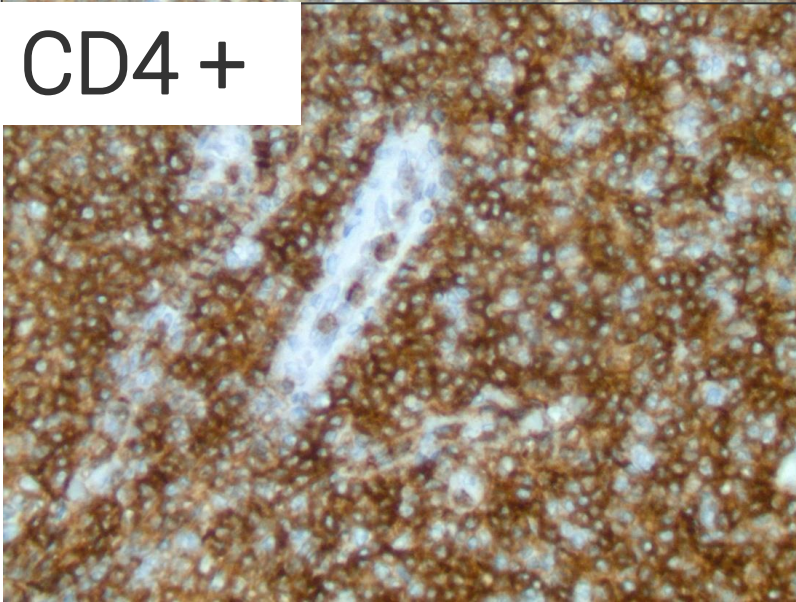
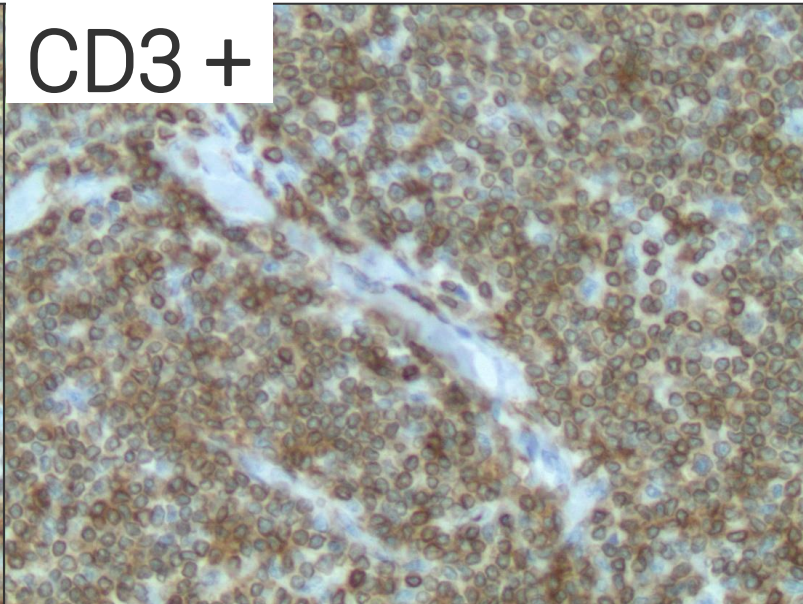
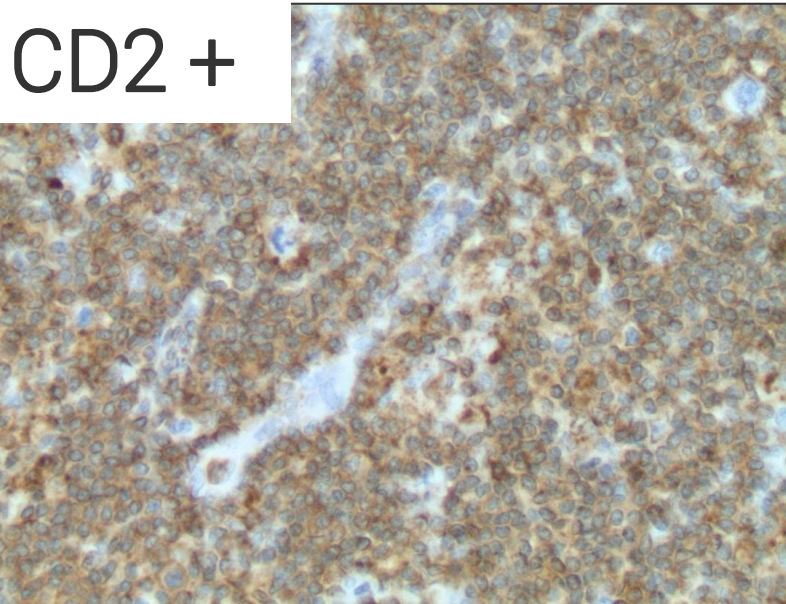
MUM1 +



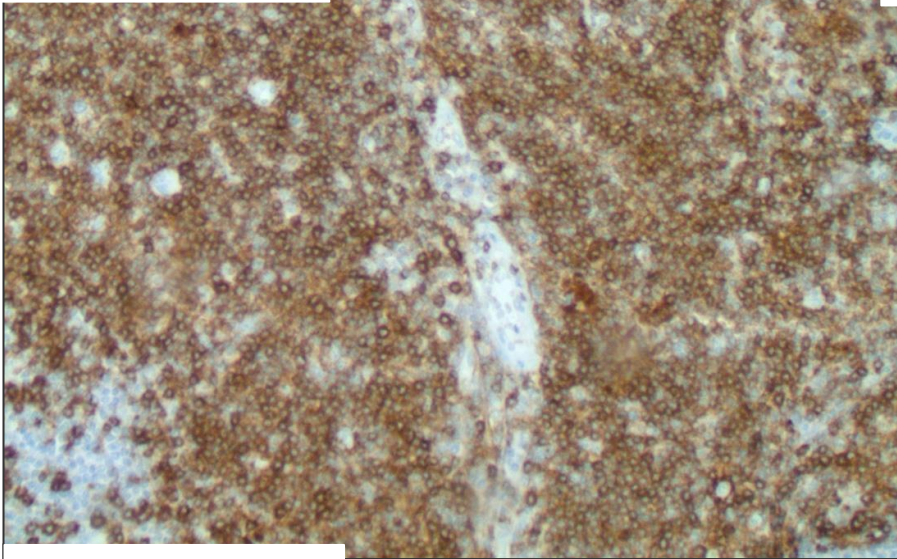
EBER neg



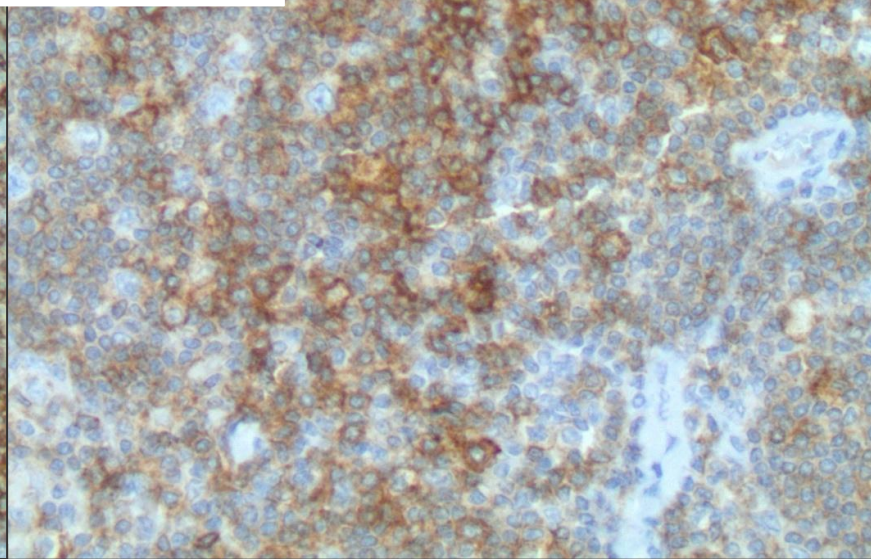
# Classic Hodgkin Lymphoma???



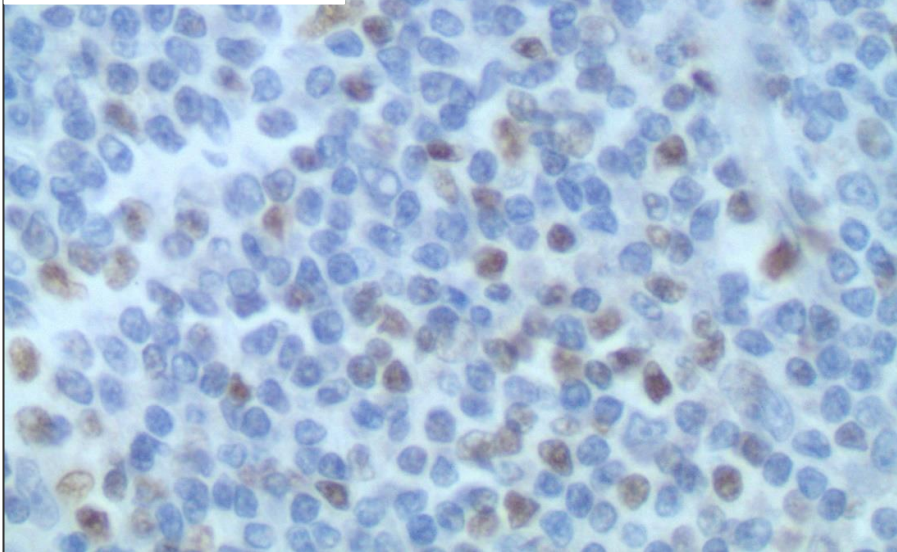
CD10 +



PD-1 +

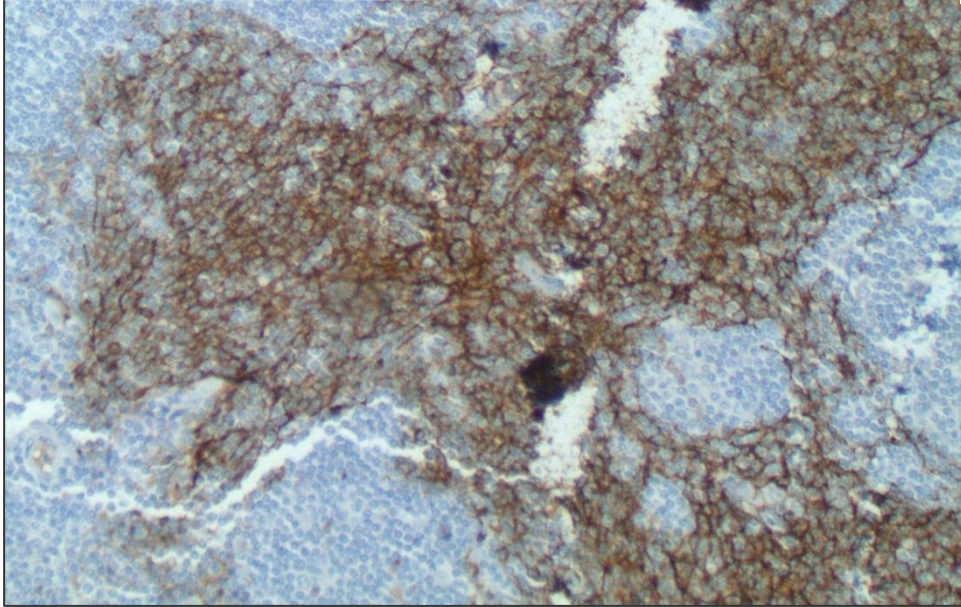


BCL-6+

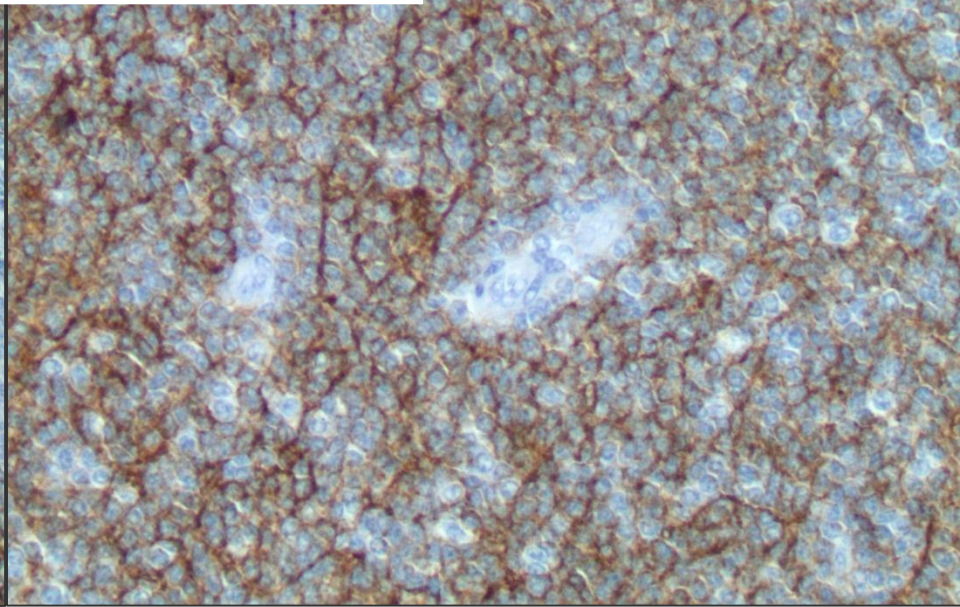


Follicular  
helper T-cell  
markers

CD21 20x



CD21 40x



CD21 demonstrates expansion of follicular dendritic meshworks around blood vessels

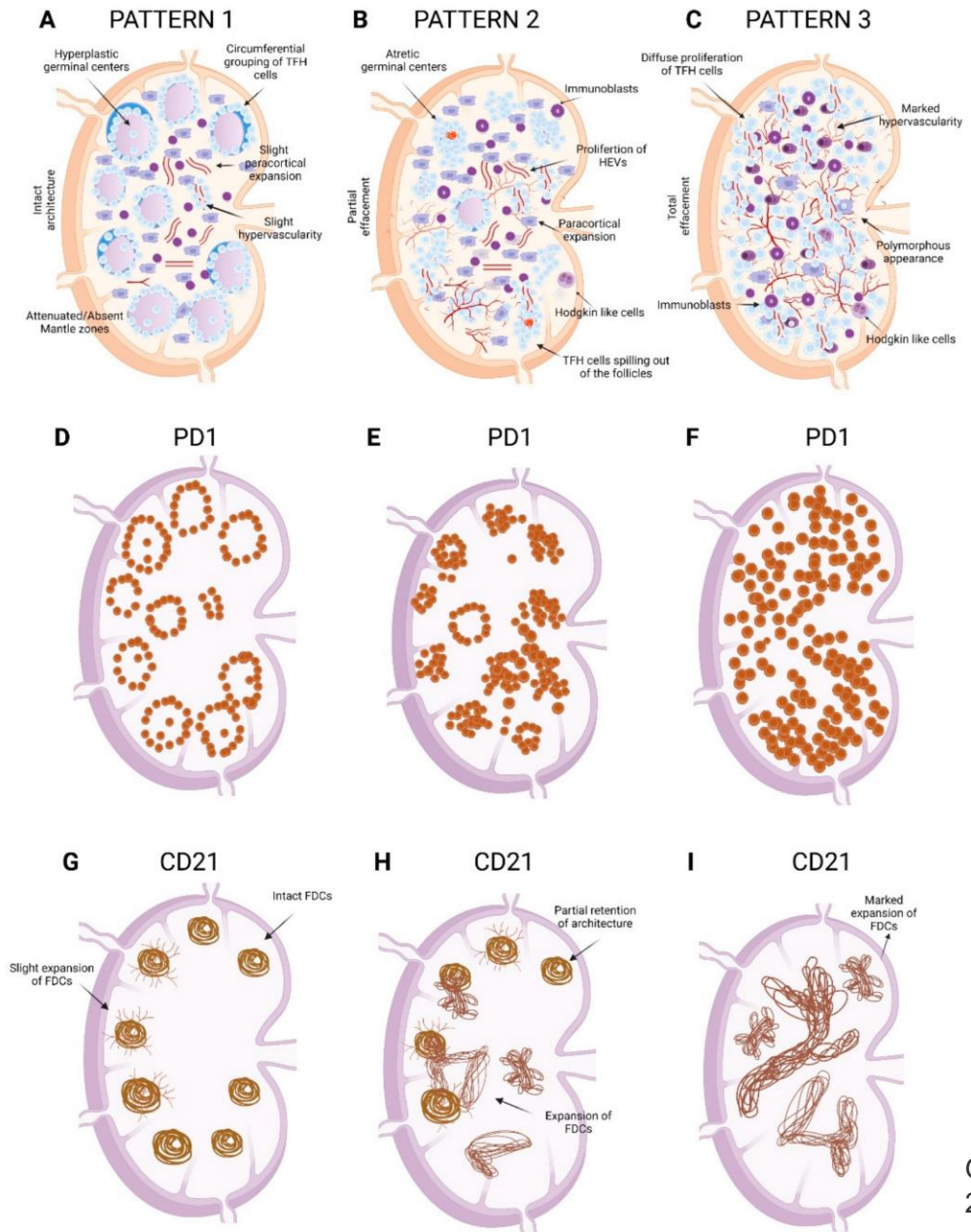
# Angioimmunoblastic T-cell lymphoma???

# Angioimmunoblastic T-cell lymphoma

- Most common type of node-based T-cell lymphoma (30-40% of non-cutaneous T-cell lymphomas)
- A unique clinicopathologic entity:
  - » Clinical manifestations (lymphadenopathy, hypergammaglobulinemia, skin rashes, autoimmune, pleural effusion etc.) +
  - » Polymorphous proliferation in lymph nodes +
  - » Proliferation of high endothelial venules and FDC meshworks +/-
  - » EBV+ B-cells (dropped in WHO 5<sup>th</sup> edition)
- BM, skin
  - » Lymphoid aggregates with similar morphology

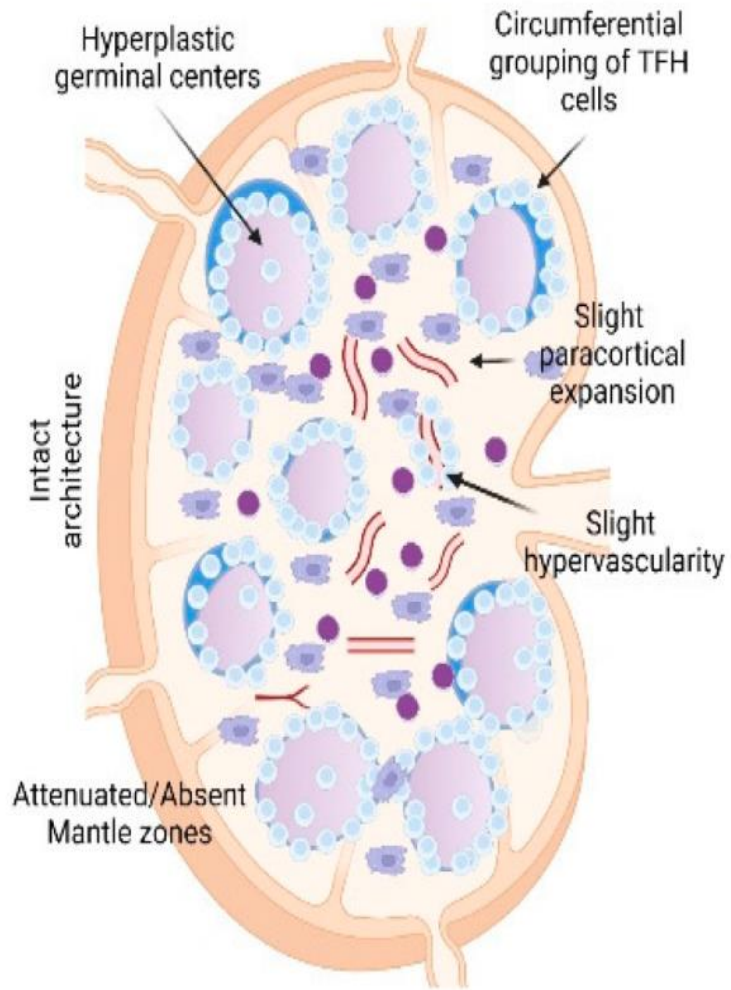


# ANGIOIMMUNOBLASTIC T-CELL LYMPHOMA

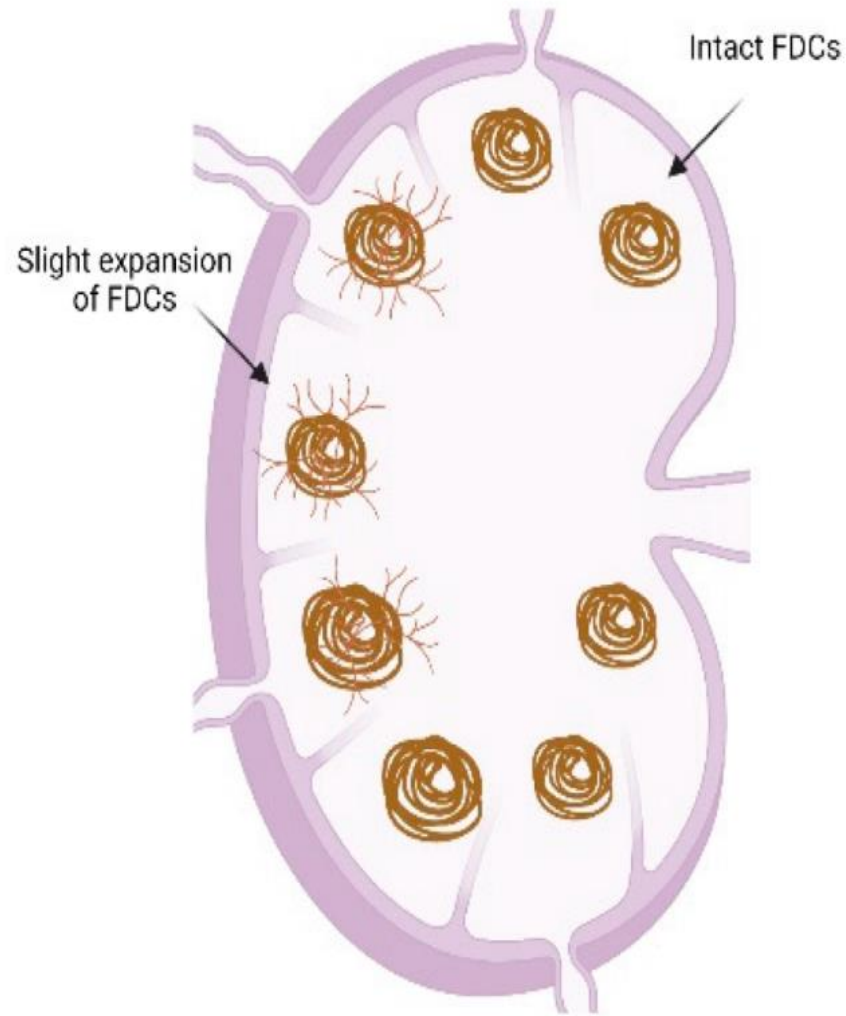


Ganapathi K, Karner K and Menon MP et al. Hemato, 2022

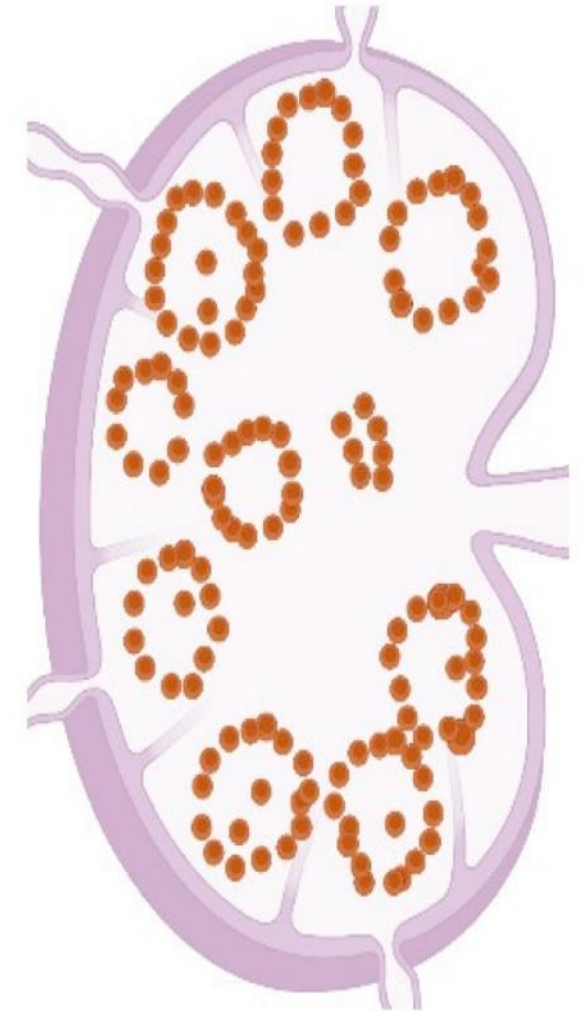
# A PATTERN 1



# G CD21

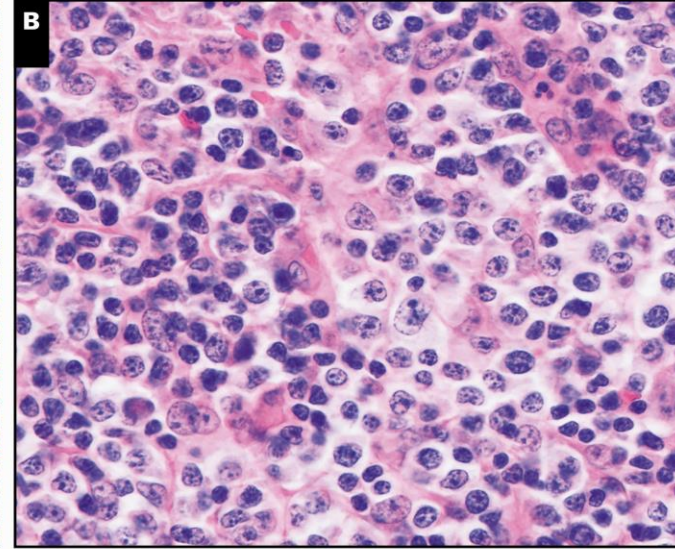
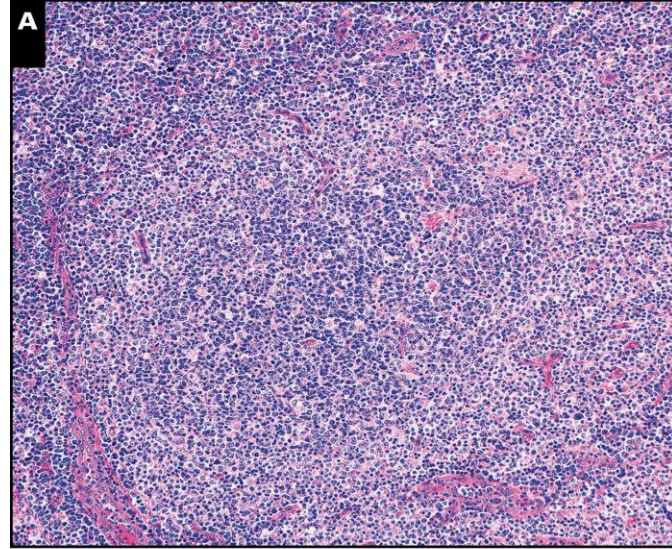


# D PD1



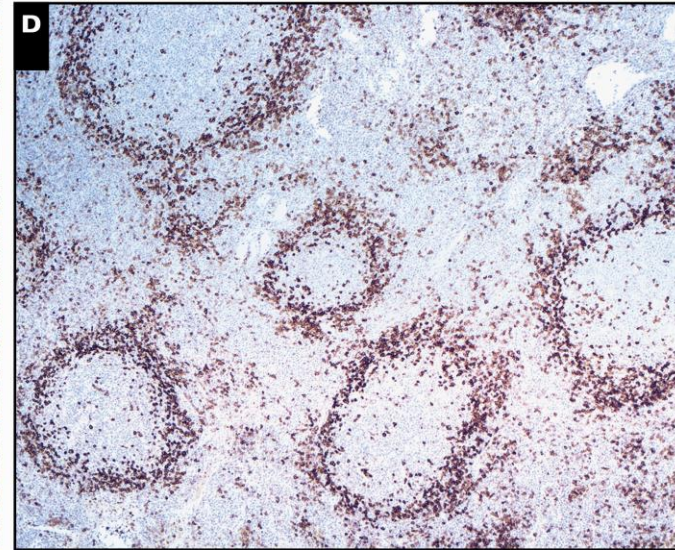
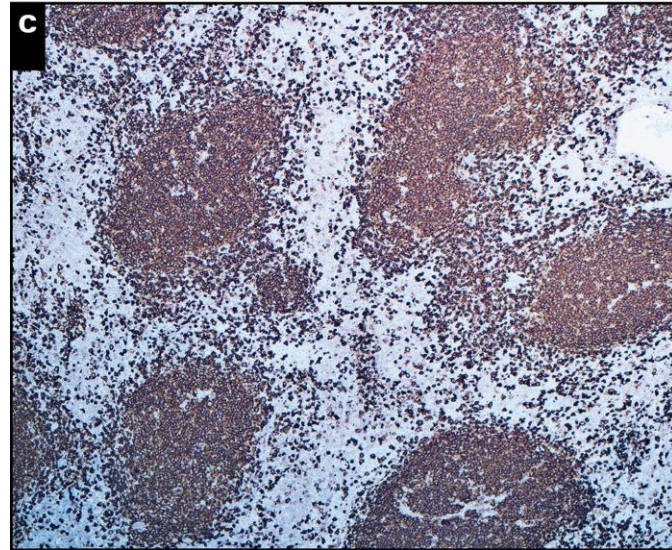
# PATTERN 1 AITL

Germinal Center



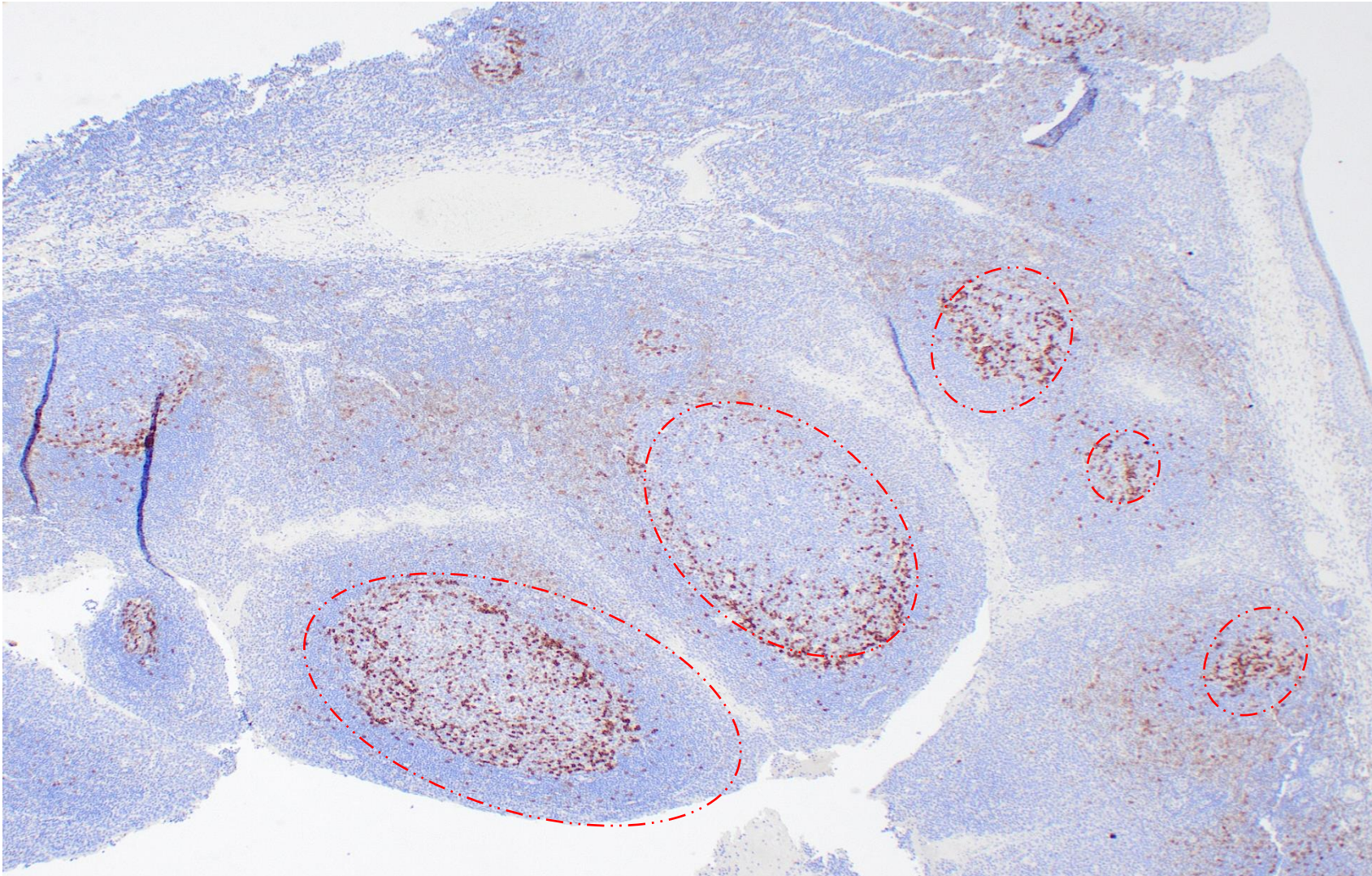
HEVs surrounding GC

CD20



PD-1

# REACTIVE GERMINAL CENTER



## PD-1

- T-Follicular helper cells (TFH)
- Appear uniformly distributed or polarized within germinal-center
-

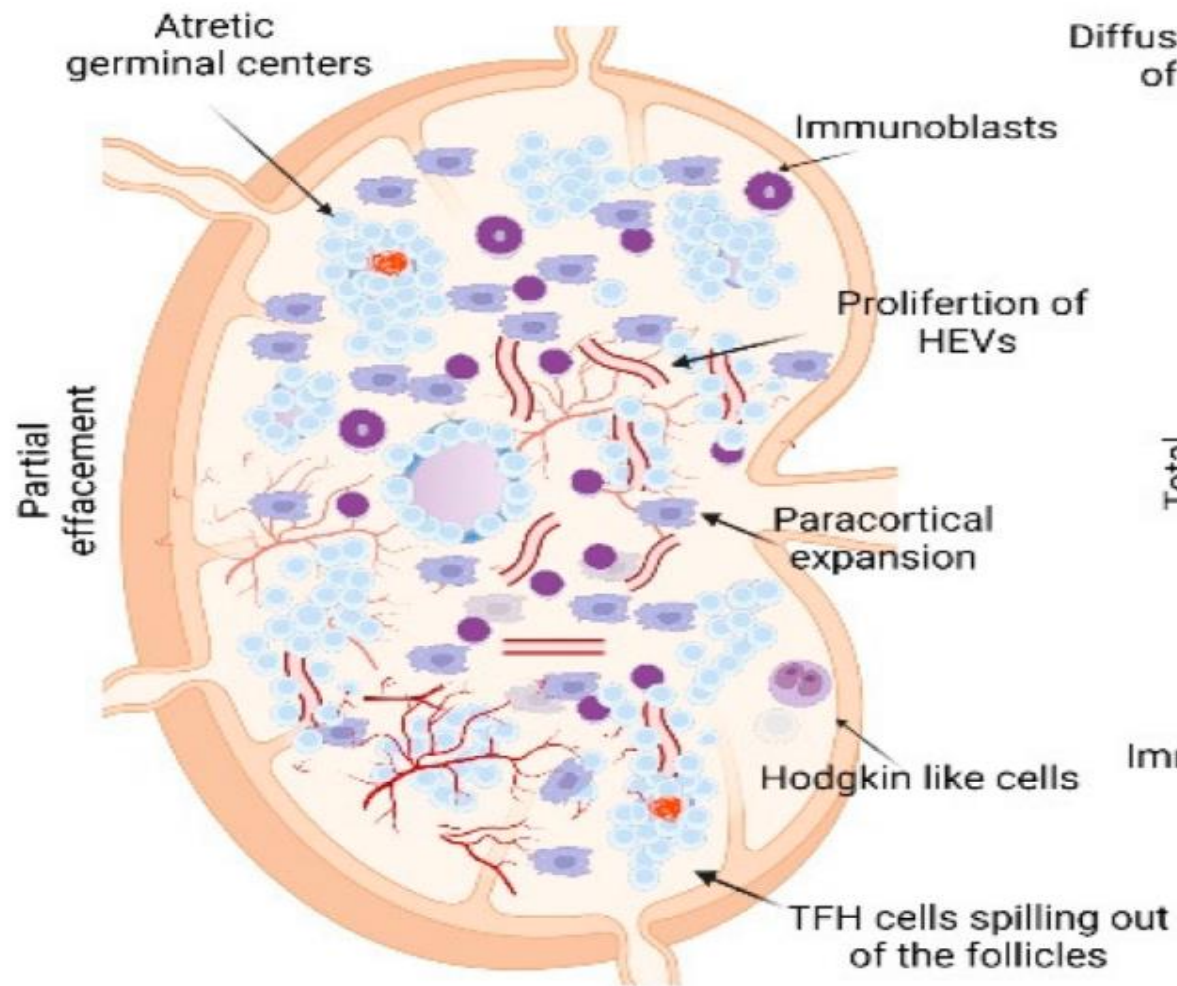
## REACTIVE LYMPHOID HYPERPLASIA

- No definite cytologic atypia
- Strong CD10 or PD1-positive cells are confined to the germinal centers
- No FDC meshwork outside germinal centers
- No marked hypervascularity outside the GC
- No T-cell clonality

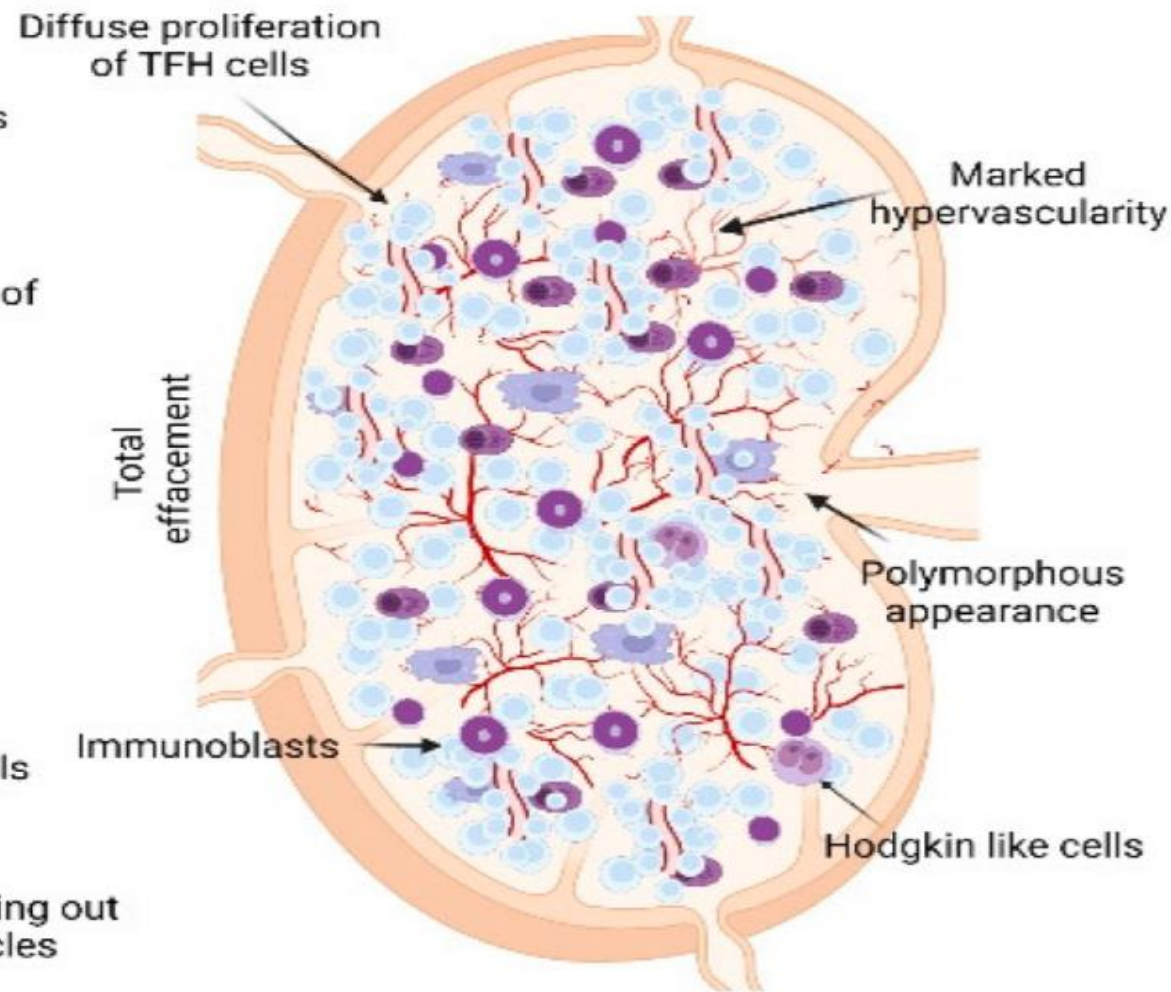
## PATTERN 1 AITL

- Atypical clear cells around GC or around HEVs
- Strong CD10 or PD1-positive cells surround GC and some HEVs
- Slight FDC expansion into paracortex
- Slight increase in hypervascularity of paracortex
- Abnormal immunophenotype or T-cell clonality

## B PATTERN 2

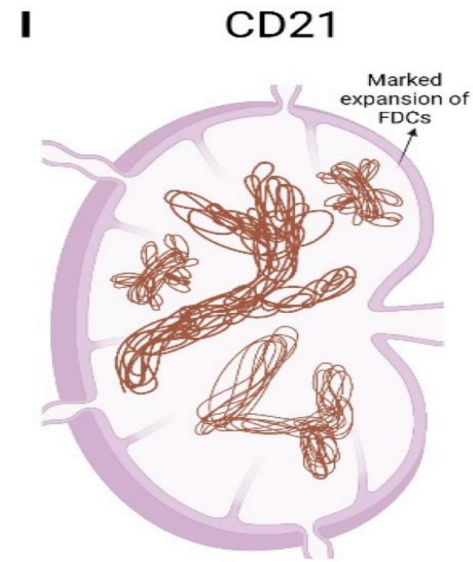
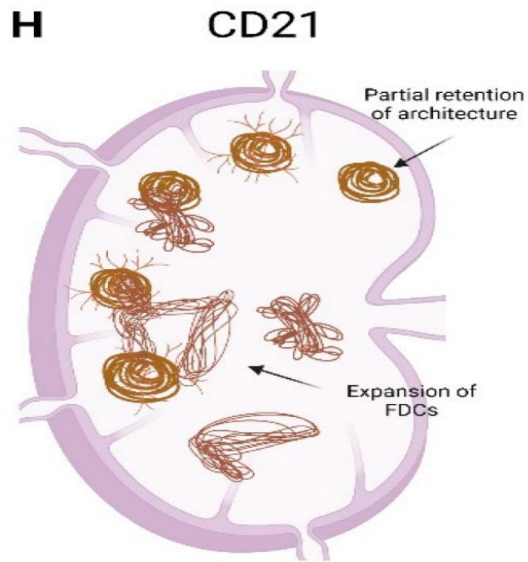
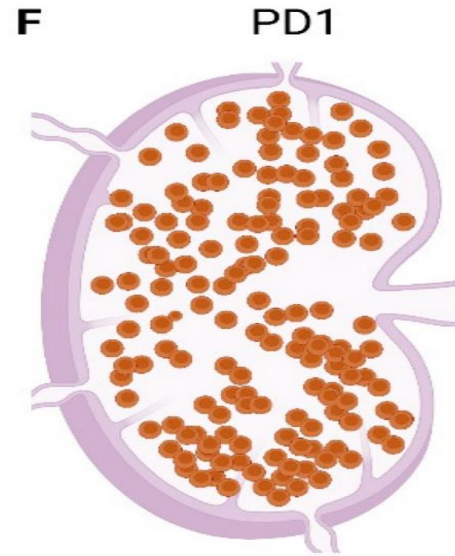
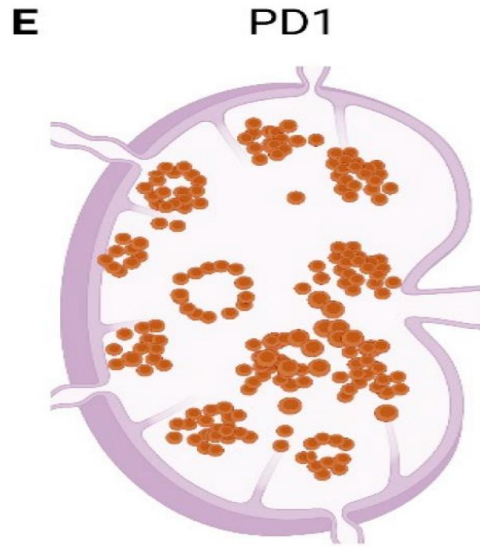


## C PATTERN 3



# Pattern 2

# Pattern 3

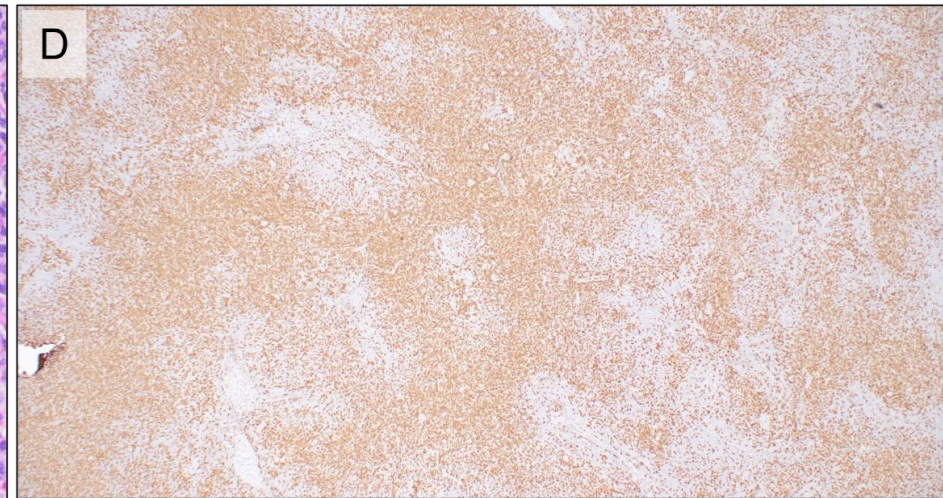
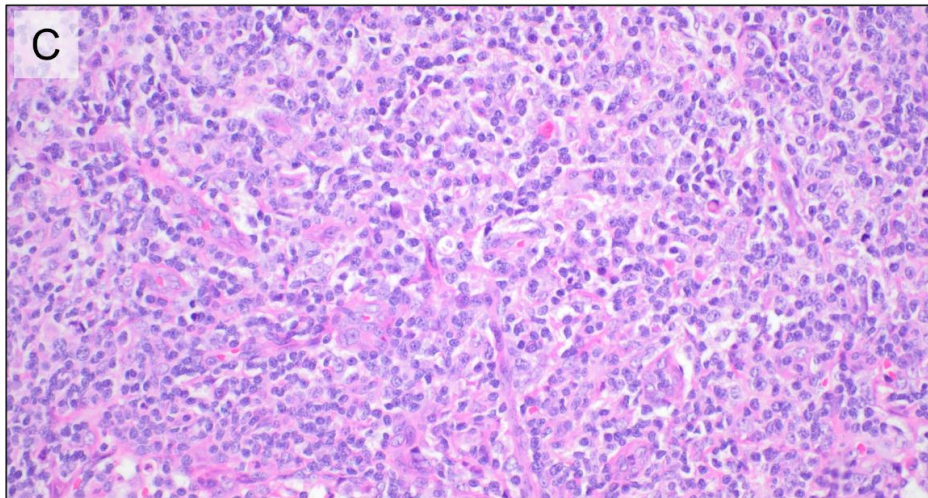
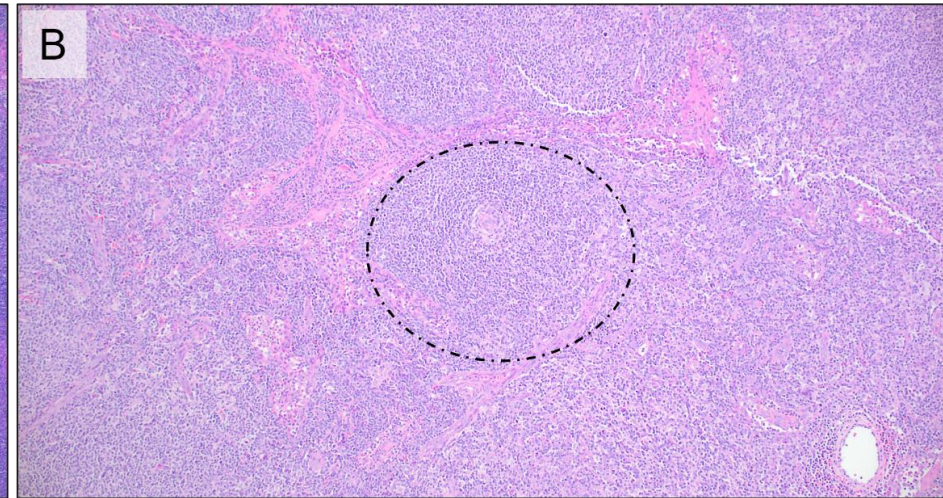
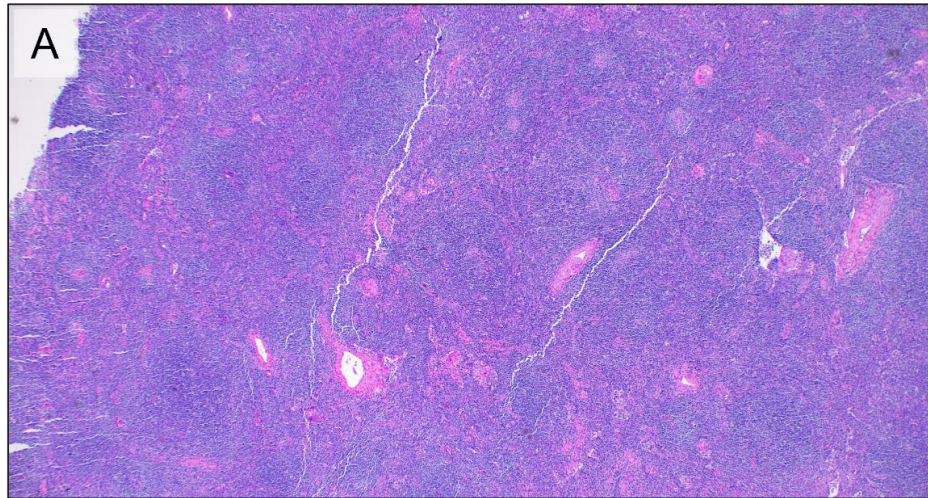


## AITL Patterns

Ganapathi K, Karner K and Menon MP et al. Hemato, 2022

Partially retained architecture

Atretic germinal centers



CD3

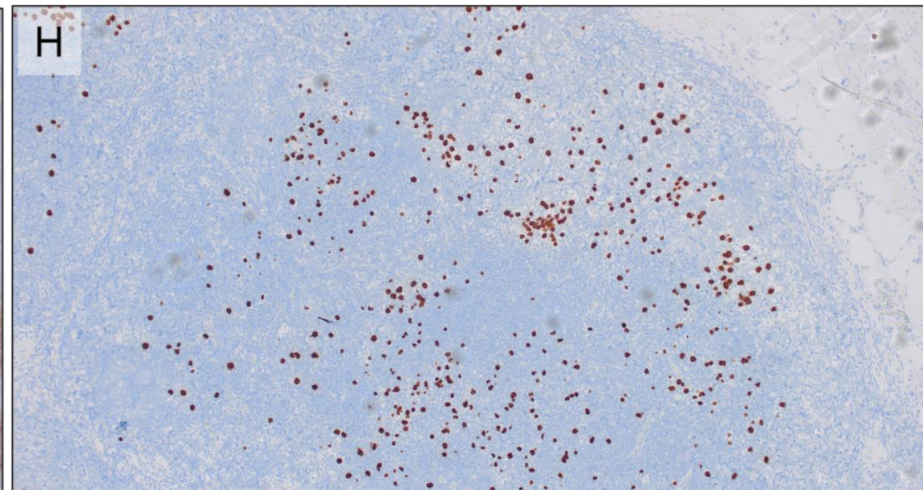
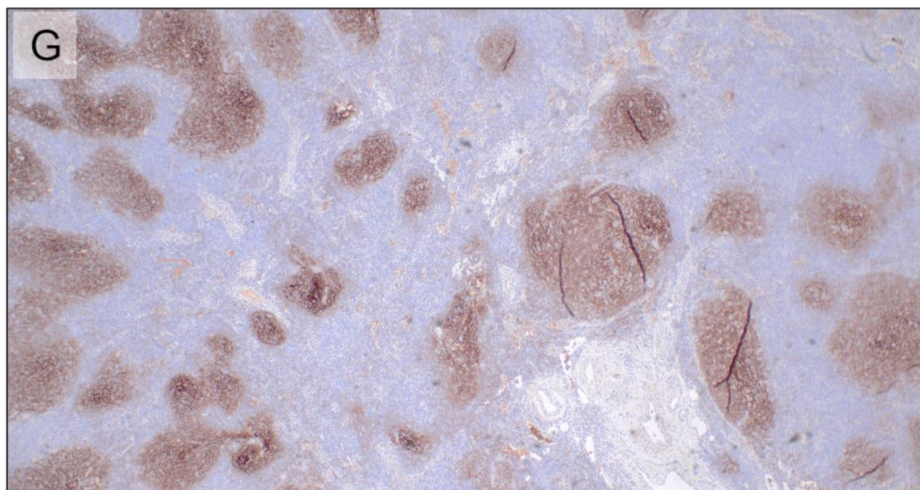
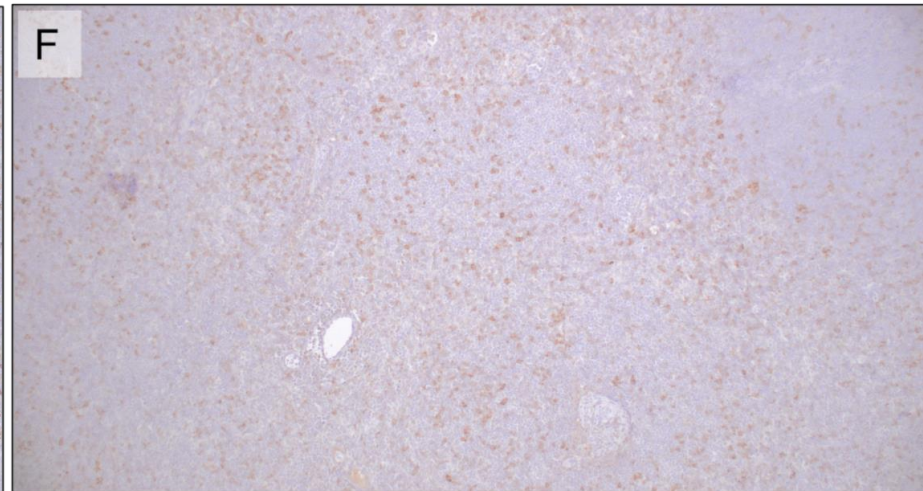
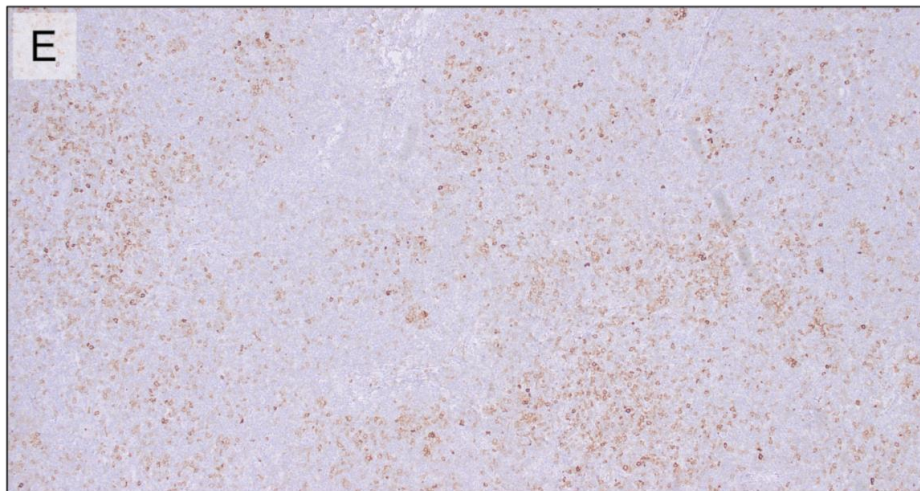
AITL Pattern 2

Some polymorphous areas



PD-1

CD10



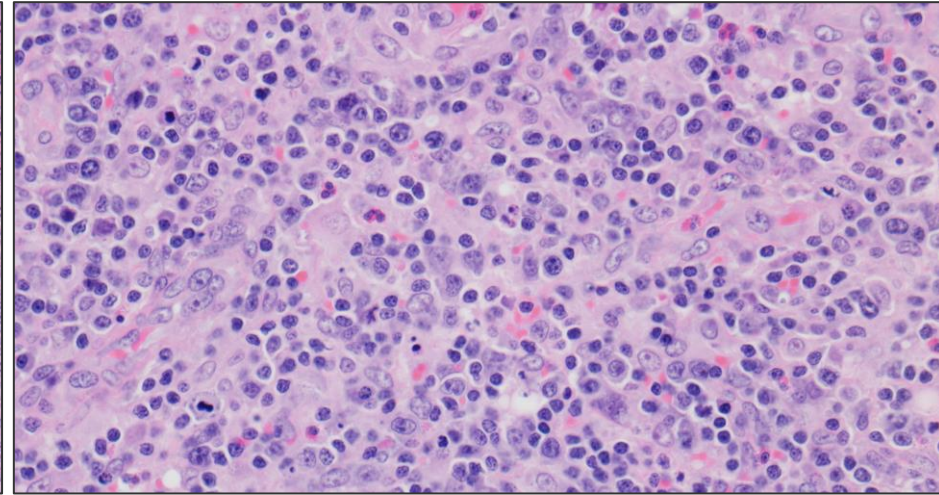
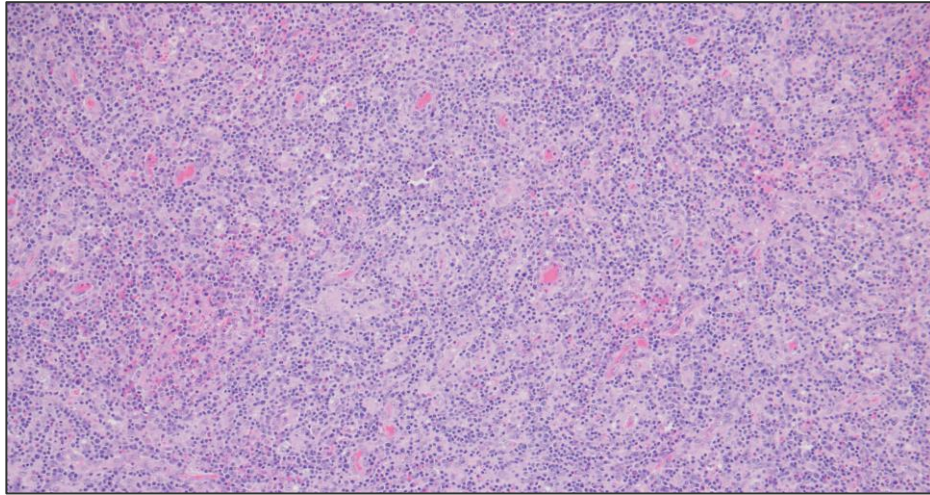
CD20

EBV

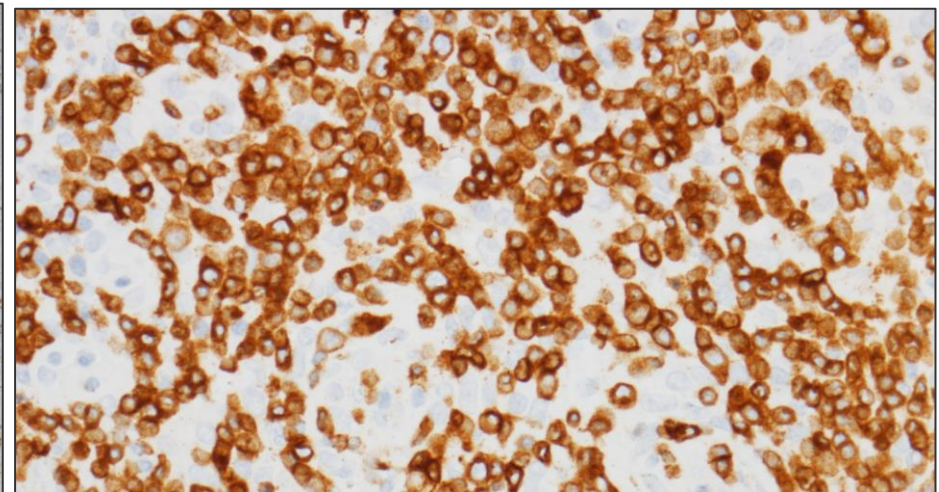
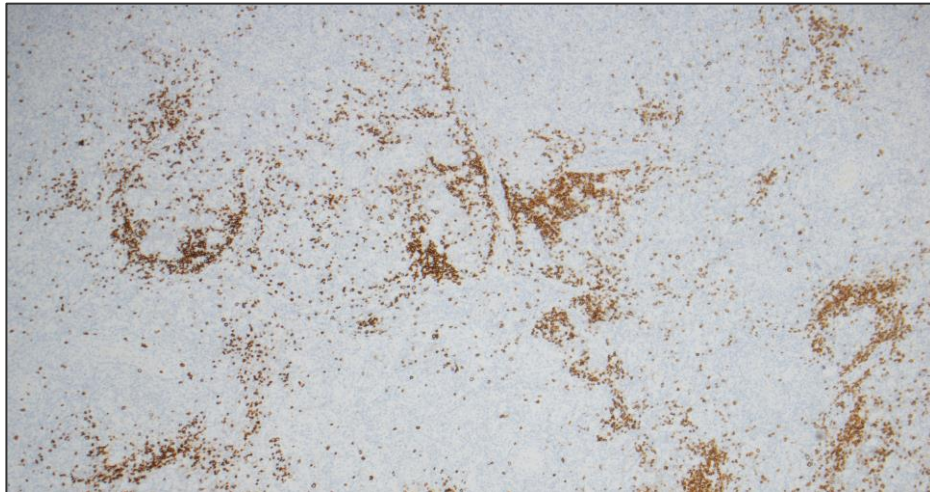
AITL Pattern 2

Totally effaced architecture

Polymorphous infiltrate



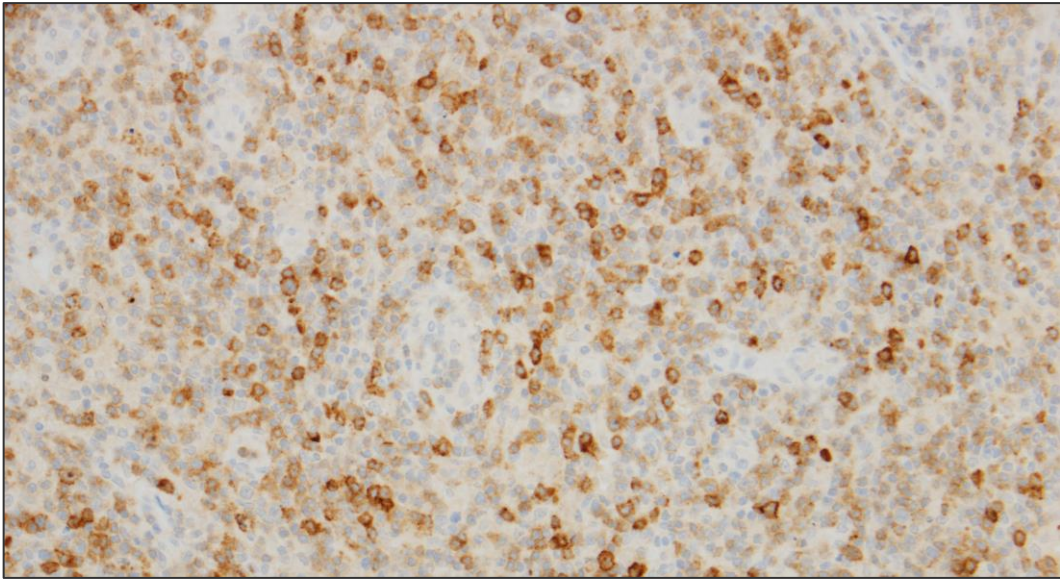
CD20



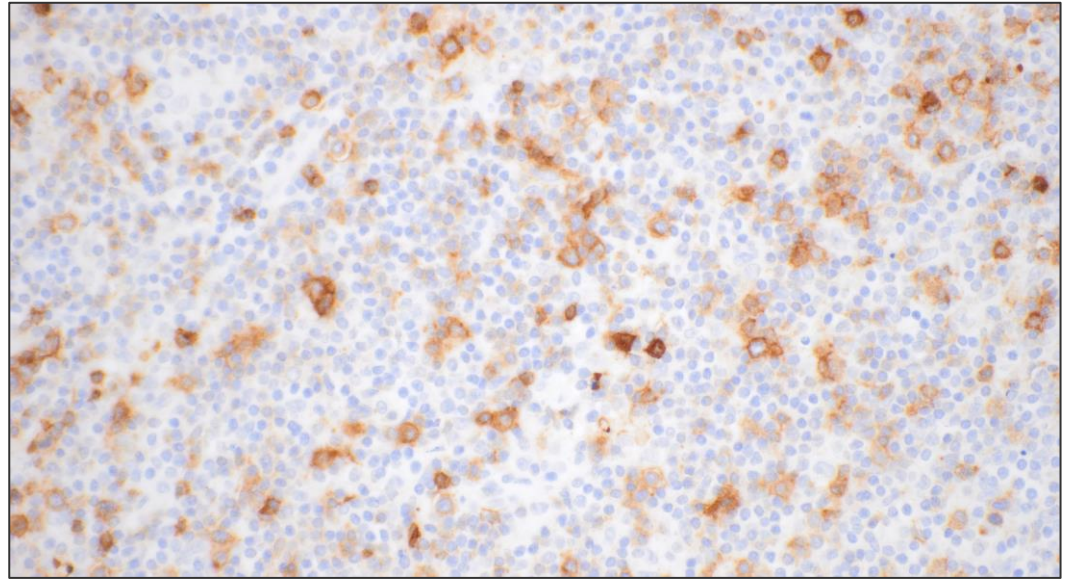
CD3

AITL Pattern 3

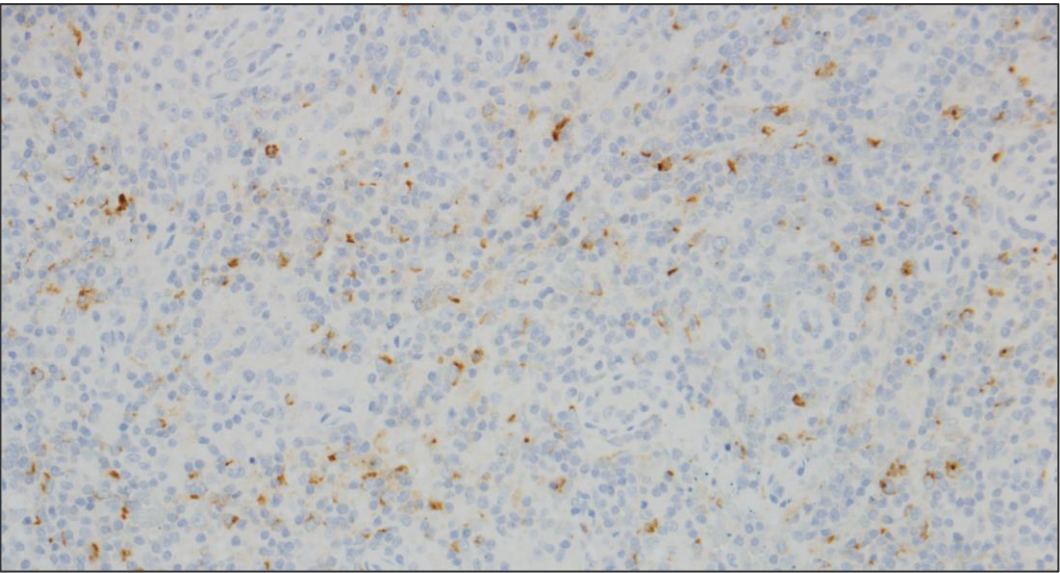
PD1



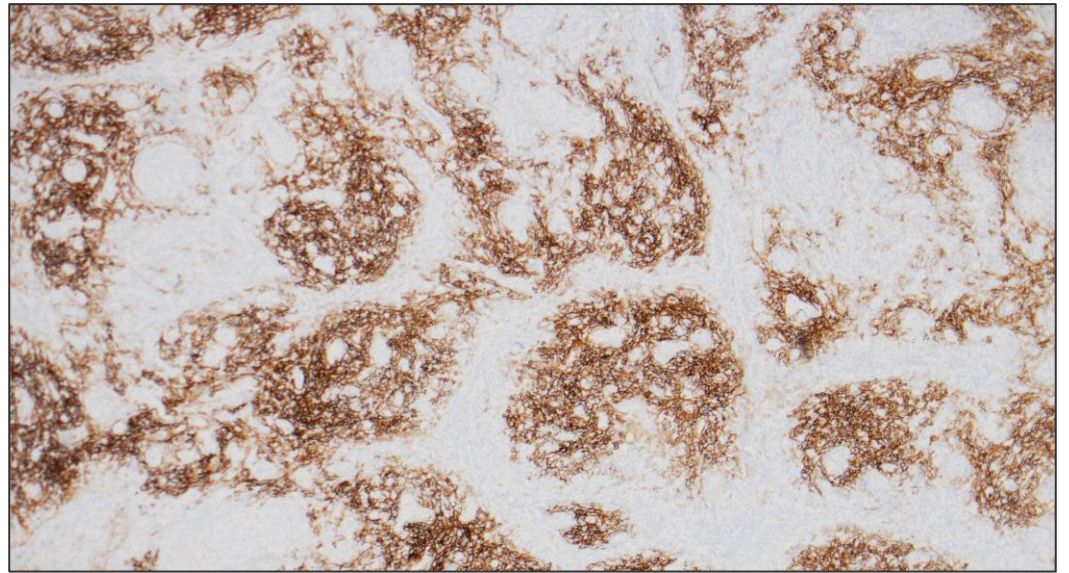
CD10

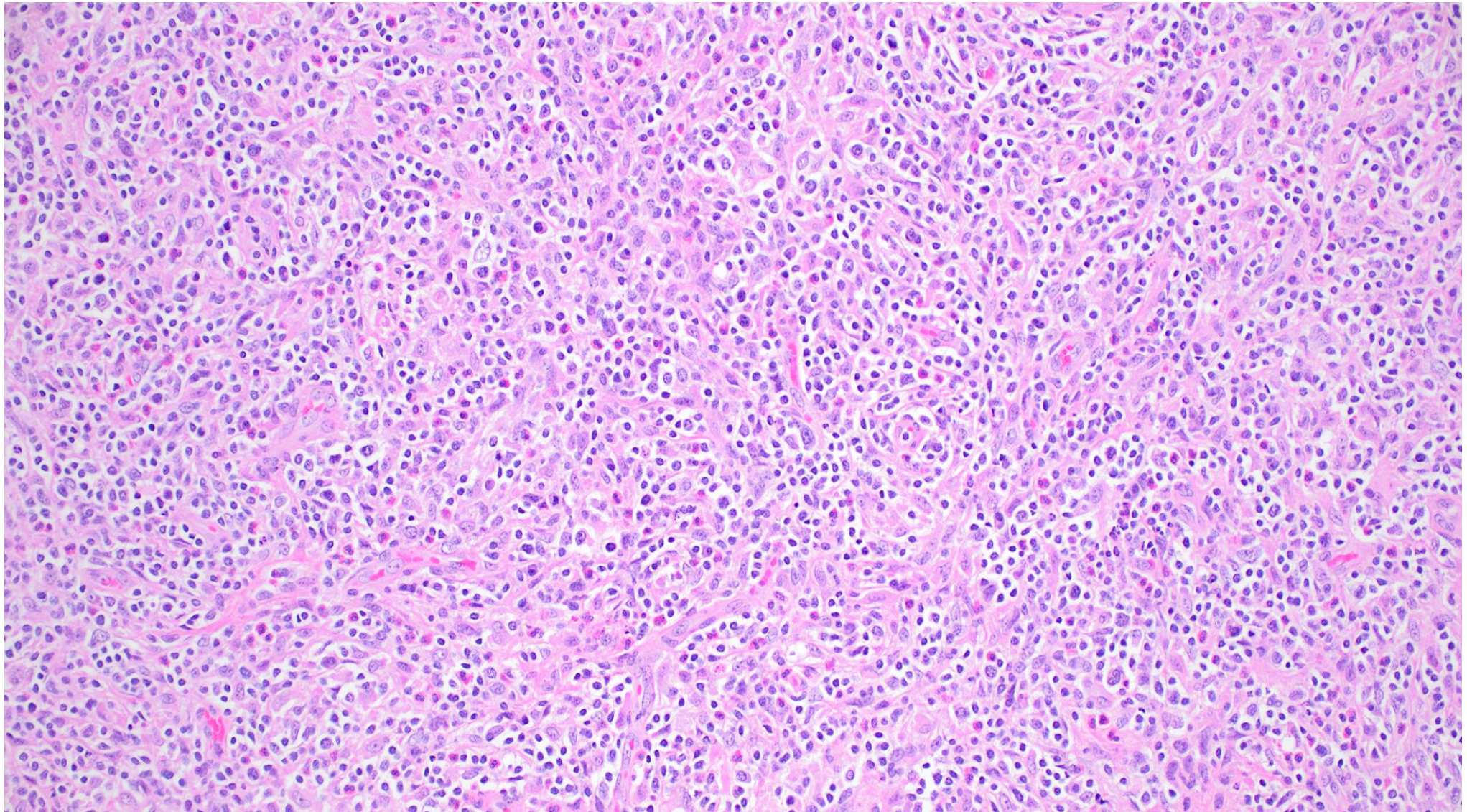


CXCL13



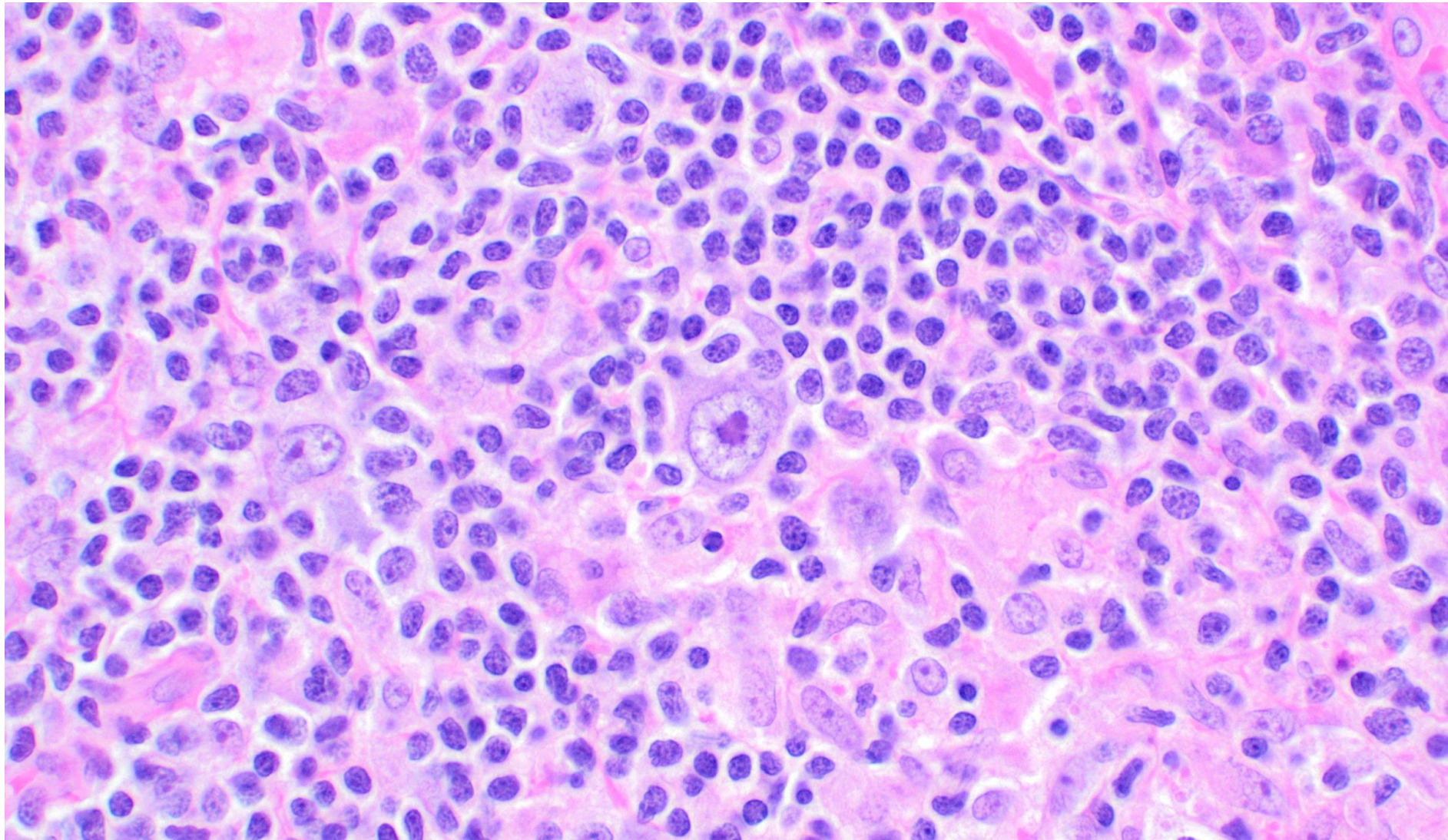
CD21

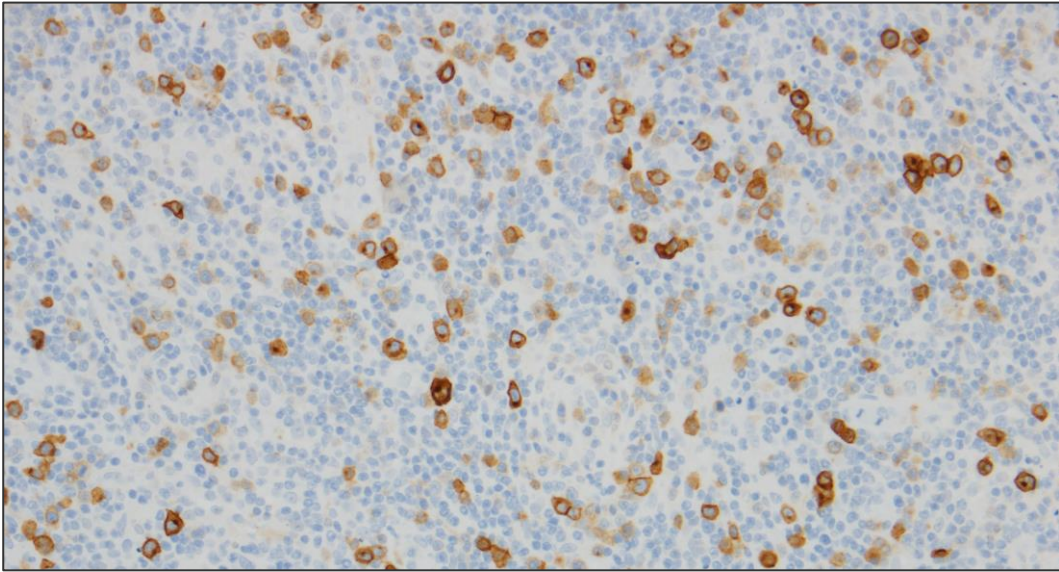




Proliferation of High endothelial venules

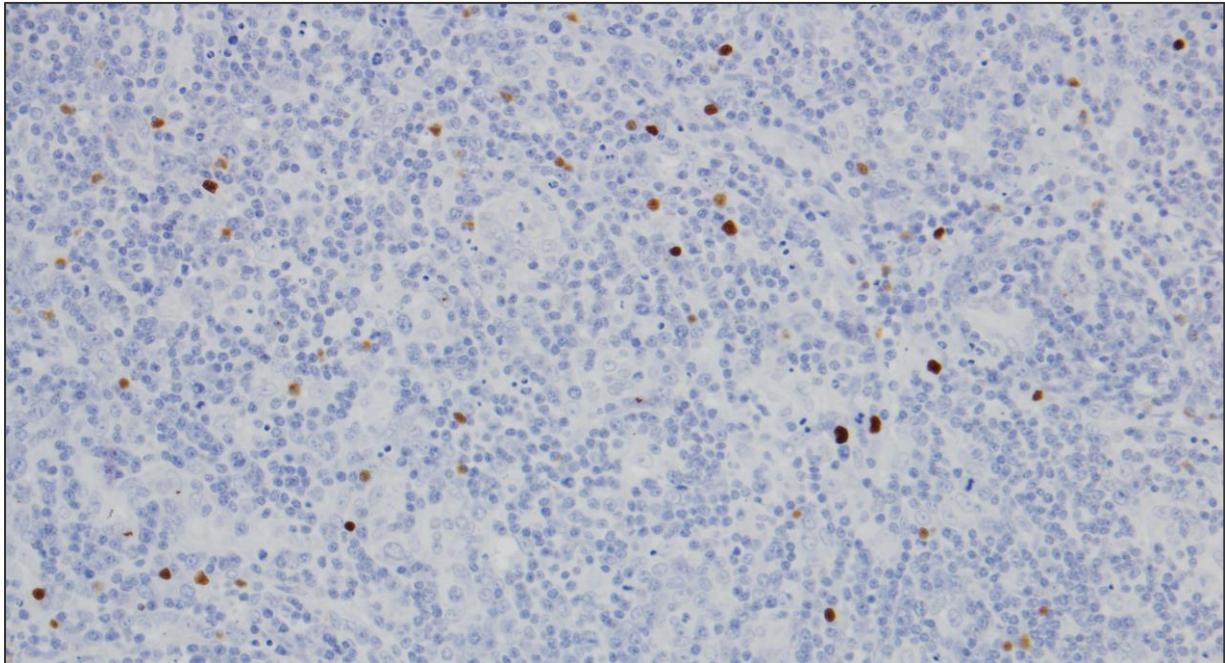
# Hodgkin/Reed-Sternberg like cells





CD30

EBER



# AITL - Immunophenotype

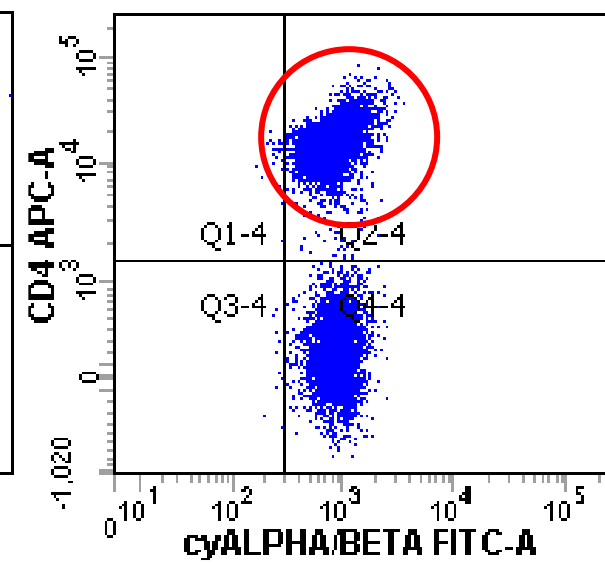
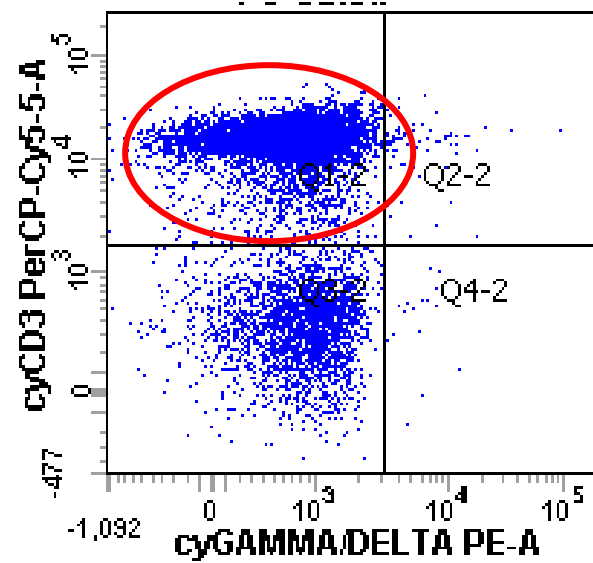
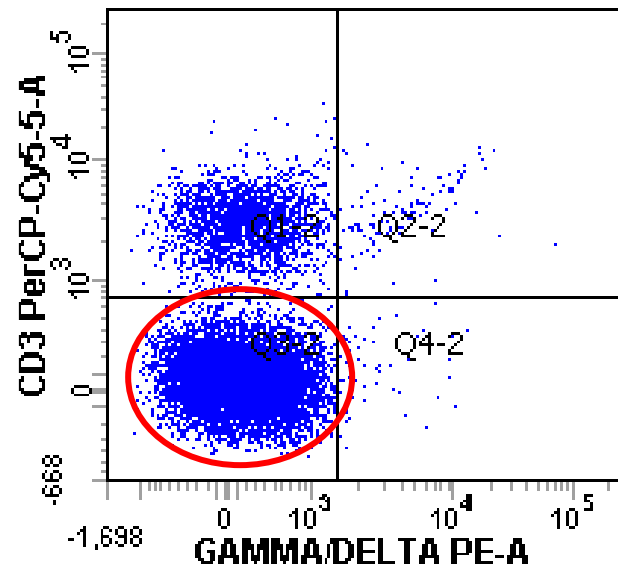
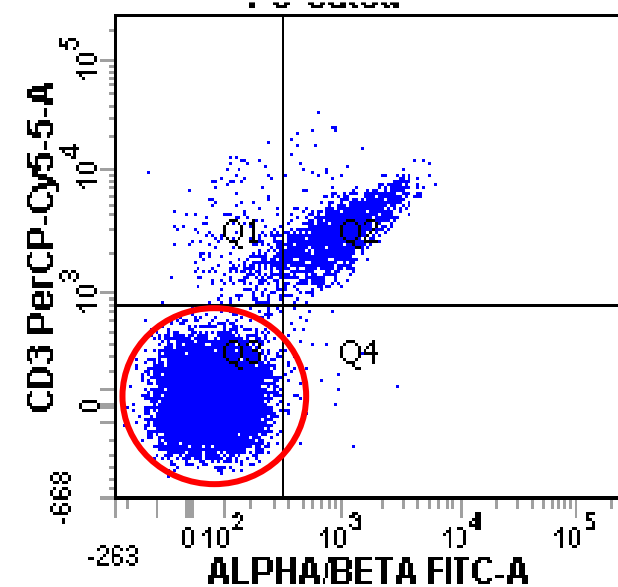
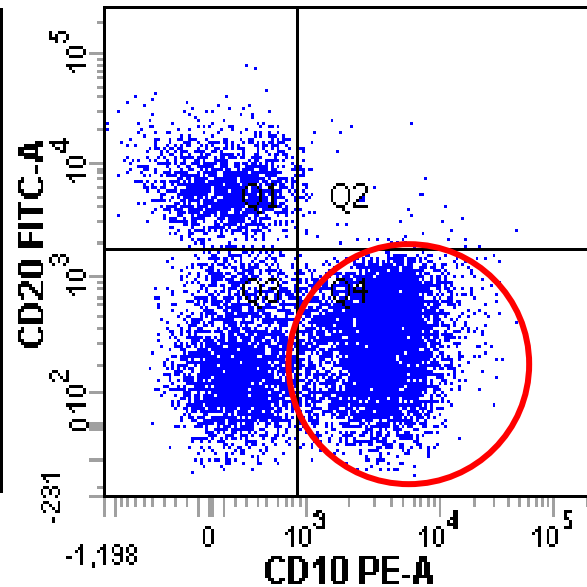
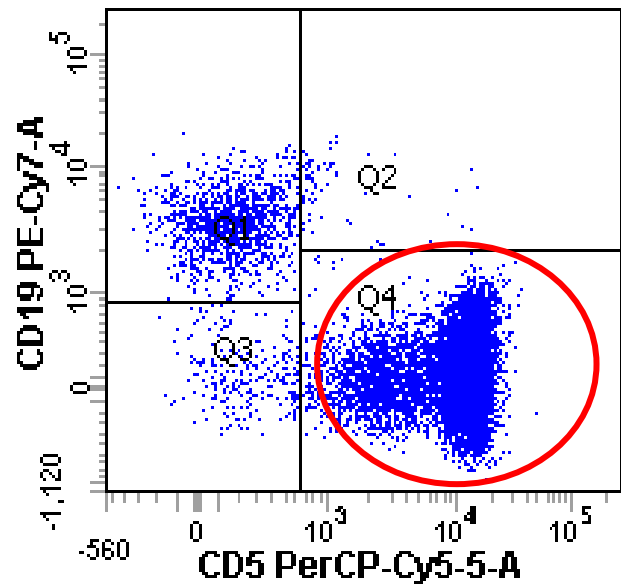
- Positive
  - » Pan T-cell antigens; CD2, CD3, CD5 (CD7 loss common)
  - » By definition all cases are CD4+ (Rarely CD4 neg)
  - » TFH markers - CD10, BCL6, CXCL13, ICOS, PD1 (ideally 3 but at least 2 with strong expression)
    - PD1 and ICOS - most sensitive
    - CD10 and CXCL13 - most specific
  - » EBV - almost always positive in the B-immunoblasts and H/RS-like cells
  - » CD21/CD23 - expanded FDC meshworks
- Negative
  - » CD8, CD56, cytotoxic markers

# AITL - Genetics

- Postulated COO
  - » Mature CD4+ T<sub>FH</sub> cell
- Karyotype
  - » Gains of 3, 5, X, 18, 19 and loss of 7 - frequent
  - » CGH – 22q, 19, 11p11 gains, 13q losses
- Mutations
  - » RHOA G17V (50-70%); IDH2 R172 (20-30%), TET2 (50-80%); DNMT3A (20-40%); CD28, FYN kinase (5-10%)



Back to our case.....



# PHENOTYPE OF HODGKIN/REED-STERNBERG LIKE CELLS (HRS)

## Positive

CD20

PAX5 (dim)

CD79a

OCT2

CD30

CD15

MUM1

## Negative

T-cell markers

EBER

TIA-1

Peforin

Granzyme-B

# PHENOTYPE OF HODGKIN/REED-STERNBERG LIKE CELLS (HRS)

## Positive

CD20  
PAX5 (dim)  
CD79a  
OCT2

CD30

CD15

MUM1

## Negative

T-cell markers

EBER

TIA-1

Peforin

Granzyme-B

# PHENOTYPE OF T-CELLS

## Positive

cyCD3

CD4

cyTCR beta

CD2

CD5 (abnormally bright)

CD10 (dim)

## Negative

Surface CD3

CD7

CD8

TCR beta surface

TCR gamma surface

TCR gamma cyto

CD56 and CD16

CD57

TIA, Perforin and

Granzyme

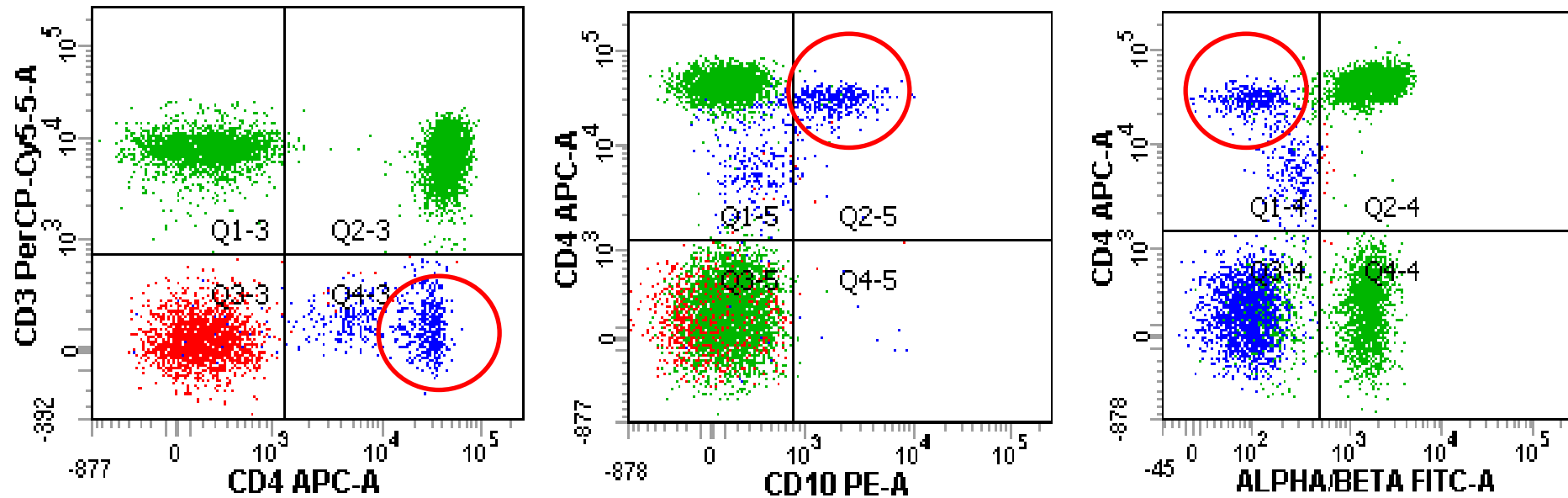
CD19 and CD20

# PCR for T-cell gene rearrangement - Monoclonal T-cell rearrangement

# FINAL DIAGNOSIS

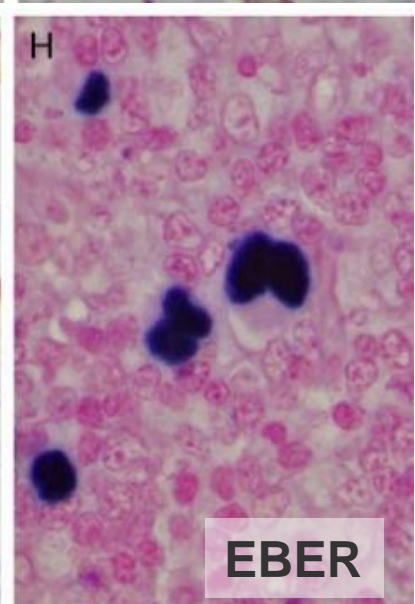
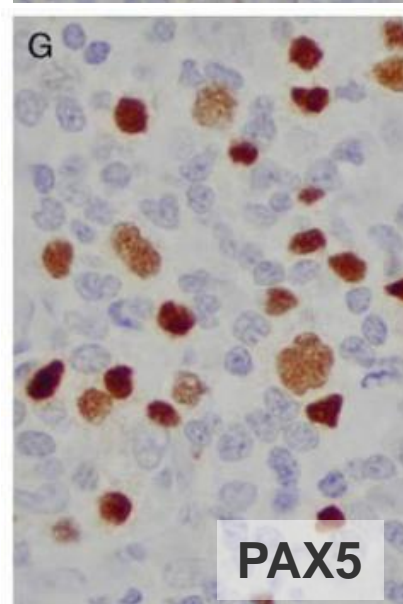
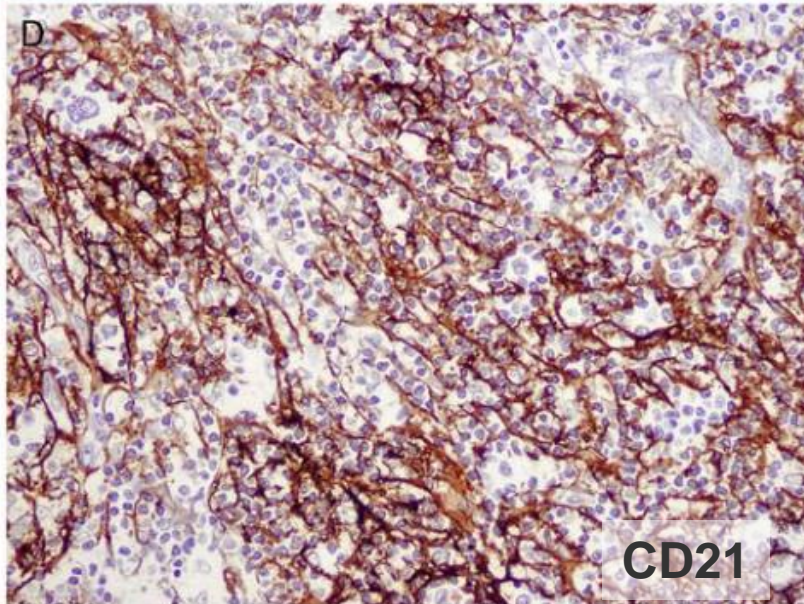
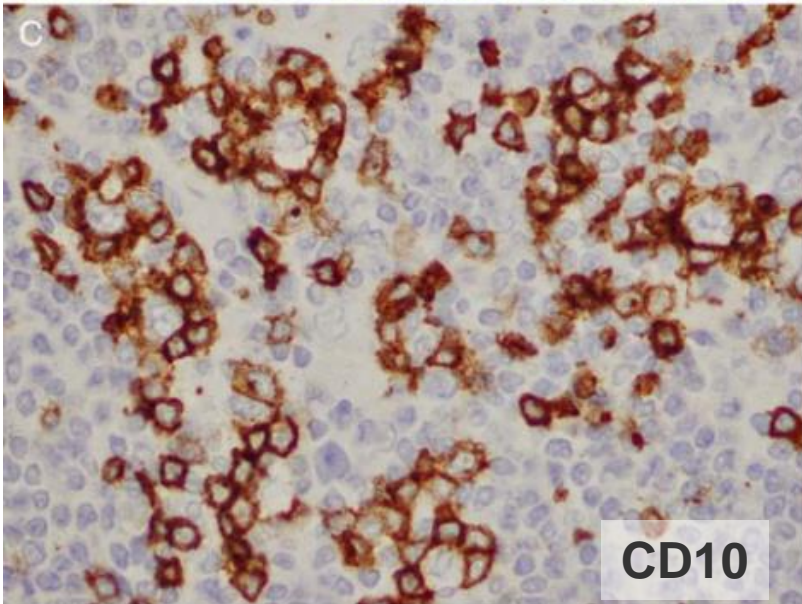
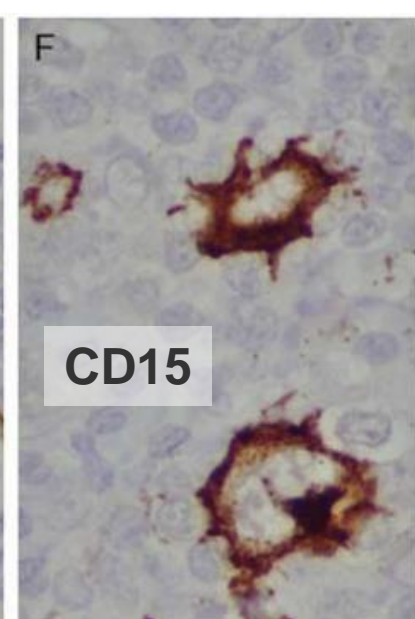
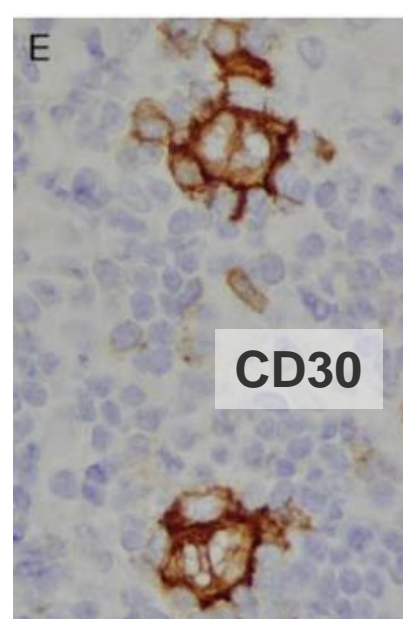
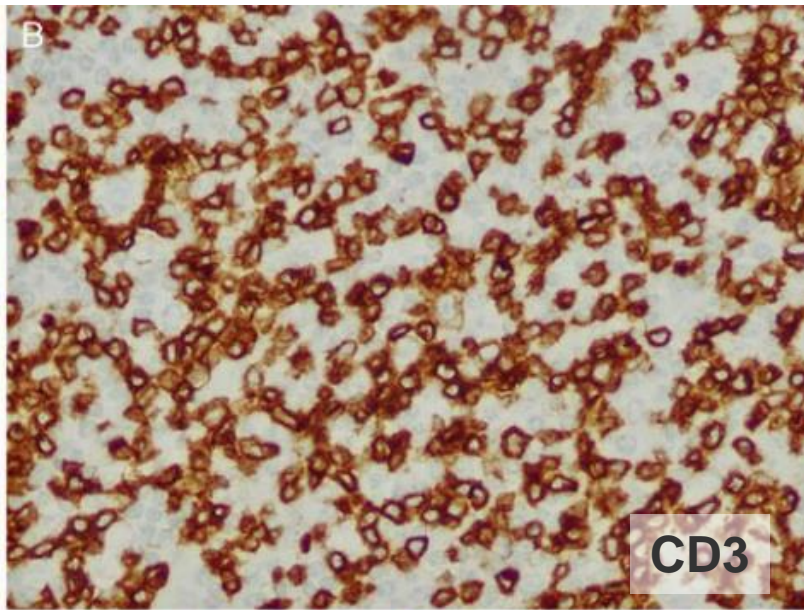
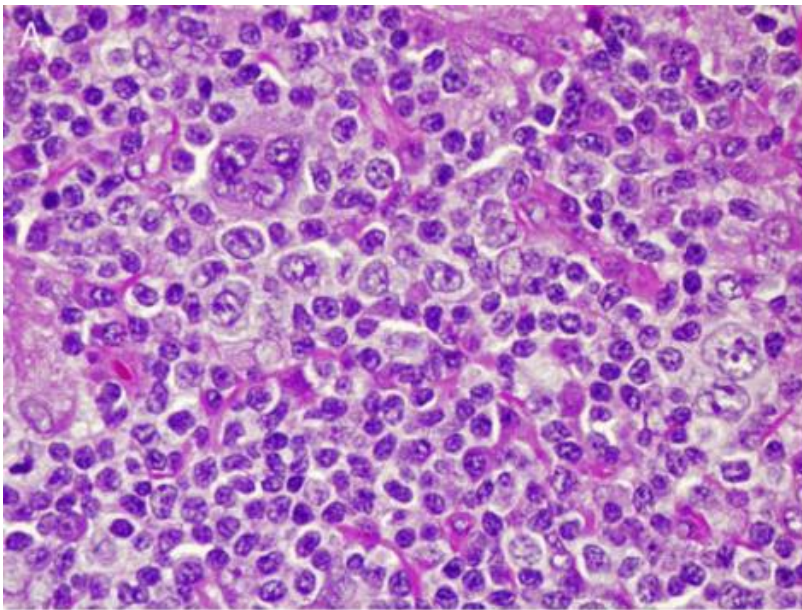
Angioimmunoblastic T-cell  
Lymphoma (AITL)

## BONE MARROW BIOPSY



Bone marrow biopsy demonstrated minor involvement  
by AITL





Nicolae A et al. Am J Surg Pathol. 2013 Jun;37(6):816-26

# Hodgkin/Reed-Sternberg (HRS) like cells in T-cell lymphomas

- EBV+ HRS like cells can be seen in various T-cell lymphomas including AITL, PTCL and Adult T-cell leukemia/lymphoma (1,2)
- EBV negative HRS like cell type is much less common (approximately 8% of all T-cell lymphomas with HRS like cells) (5/57 cases) (2)
- EBV neg type almost exclusively in T-cell lymphoma of follicular helper type (TFH type) (2)
- No statistical difference in prognosis (EBV+ vs. negative)

*1. Quantanilla-Martinez et al., AJSP, 1989, 2. Nicolae et al., AJSP, 2013,*

# Hodgkin lymphoma vs. T-cell lymphoma

- AITL could be easily misdiagnosed as Classic Hodgkin Lymphoma (CHL), mixed cellularity type
- PTCL, follicular type could be easily misdiagnosed as nodular lymphocyte predominant Hodgkin lymphoma or lymphocyte rich CHL, nodular type.

# Features favoring T-cell lymphoma OVER Hodgkin lymphoma

- Cytologic atypia of background T-cells
- Lack of typical inflammatory milieu (small lymphocytes, eosinophils, histiocytes etc.) seen in CHL (*caveat is clusters of histiocytes or eosinophils can also be seen in T-cell lymphomas AND lymphocyte rich CHL typically lacks the inflammatory milieu*)
- Expansion of FDC meshworks beyond B-cell areas
- Clusters and sheets of T<sub>H</sub> cells (CD10, PD1, BCL6, ICOS, CXCL13 etc.) (i.e. beyond just PD-1 positive rosettes!!)
- Especially look for CD10+ rosettes (not seen in Hodgkin lymphoma)

# Features favoring T-cell lymphoma OVER Hodgkin lymphoma

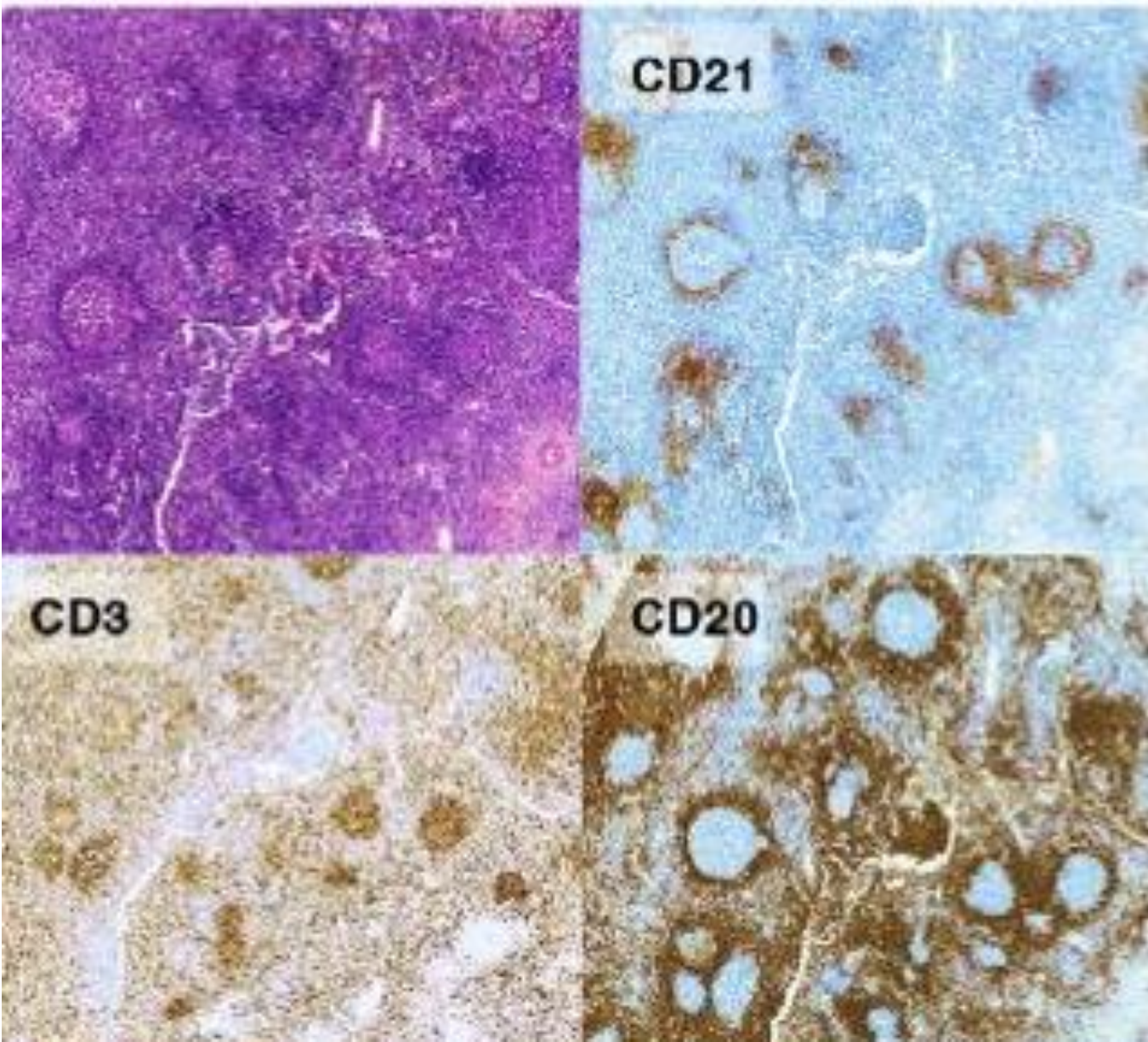
- Immunophenotypic aberrancy or loss of T-cell markers
- Retention of B-cell program in HRS like cells (Positive for CD20, OCT2, BOB1, CD79a and PAX5 *(caveat; these cells can express both CD30 and CD15)*)
- PCR for T-cell gene rearrangement: clonal rearrangement in T-cell lymphomas
- Look for characteristic RHOA or IDH2 mutations
- Flow cytometry : Look for CD3 dim/neg, CD4+ T cell population; minimal flow panel consisting of CD3, CD4, CD5, CD10 and CD14 is recommended *(Alikhan et al., Mod. Path, 2016 and Serke et al., Cytometry, 2000)*

Follicular Helper T-cell lymphoma,  
Follicular type (ICC)

Nodal T-Follicular Helper lymphoma,  
Follicular type (WHO 5)

# TFH lymphoma, follicular type

- 1.8-2.6% of non-cutaneous peripheral T-cell lymphomas
- Clinical features similar to AITL
- **Two morphologic subtypes**
  - 1) Follicular lymphoma type
  - 2) PTGC type
- Lack of HEV hyperplasia, polymorphous infiltrate, and FDC meshwork expansion beyond nodules
- **CAVEAT!** Pure TFH, follicular type is RARE; occurs in combination with AITL
- Similar immunophenotype to AITL
- Similar mutational profile and genetics to AITL;  $t(5;9)(q33;q22)/ITK::SYK$  in a subset



TFH lymphoma, follicular lymphoma like

The main differential based on morphology is Follicular (B-cell) lymphoma!

Immunostains should reveal that the follicles are composed of T-cells

*Dobay et al, Hematologica, 2017*



The American journal of surgical pathology

Author Manuscript

HHS Public Access

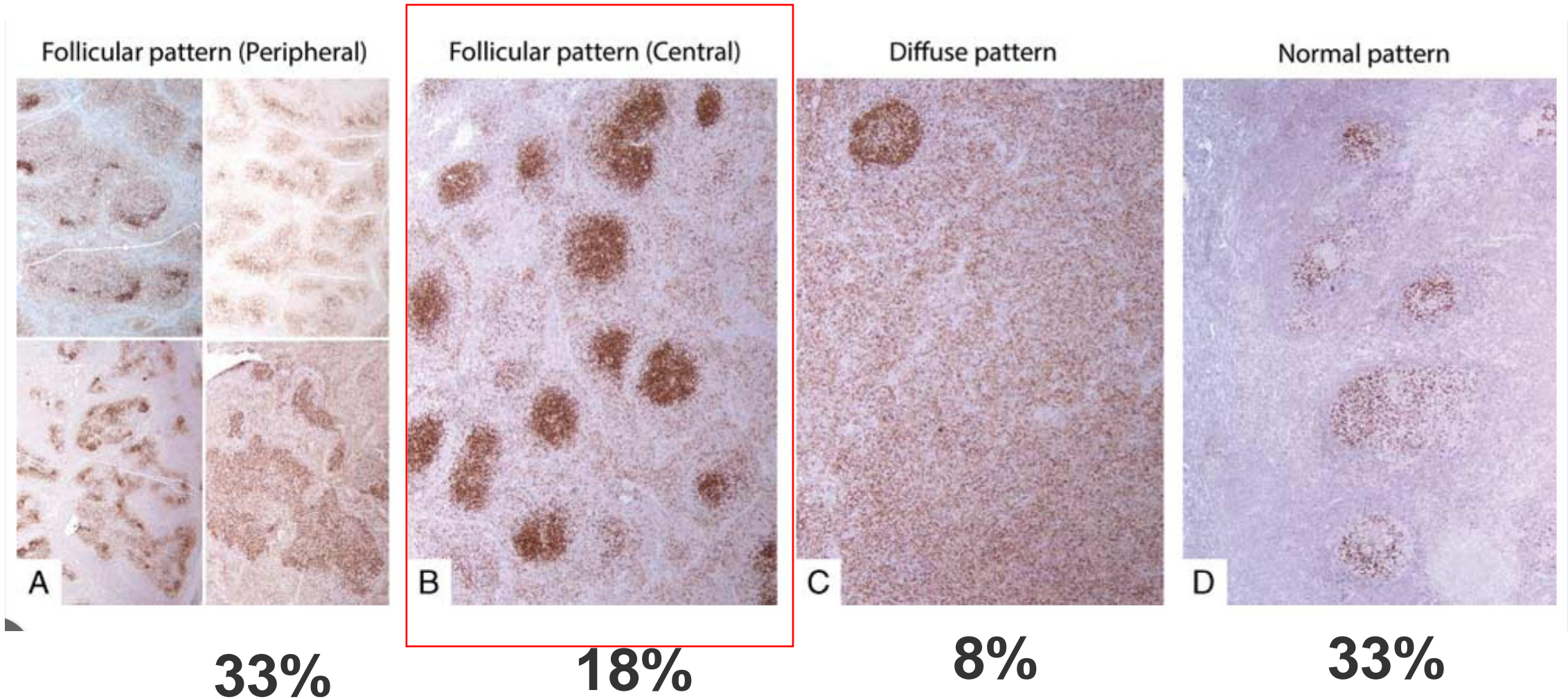
# Expansion of PD1-positive T Cells in Nodal Marginal Zone Lymphoma

A Potential Diagnostic Pitfall

Caoimhe Egan, MB, BCh, BAO, Camille Laurent, MD, PhD, [...], and

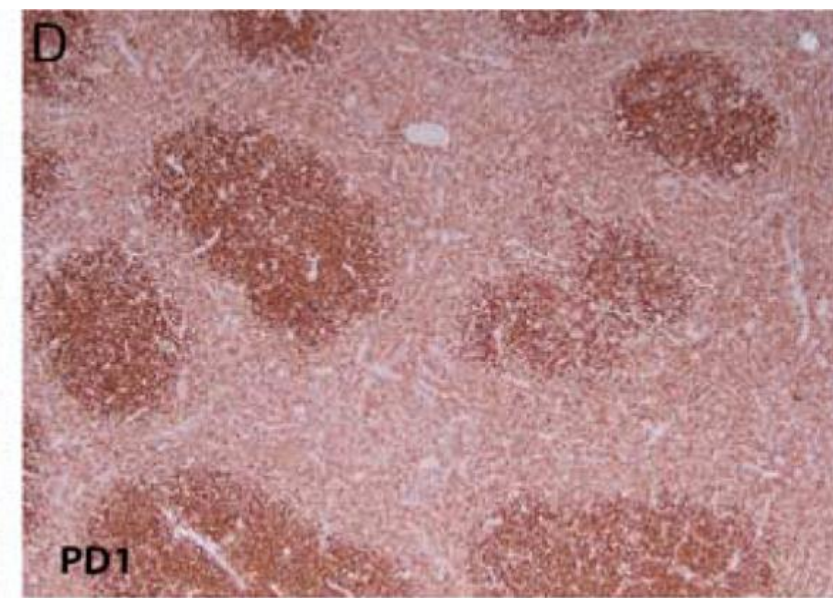
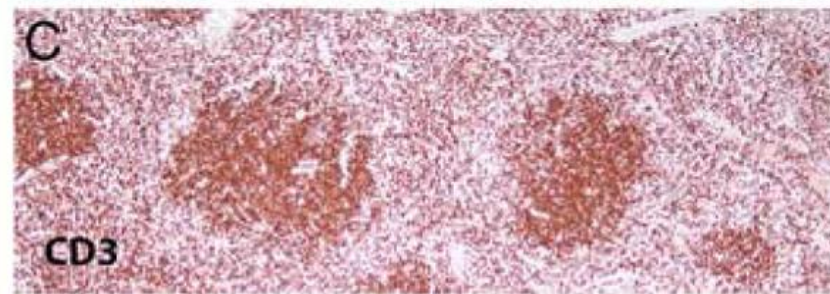
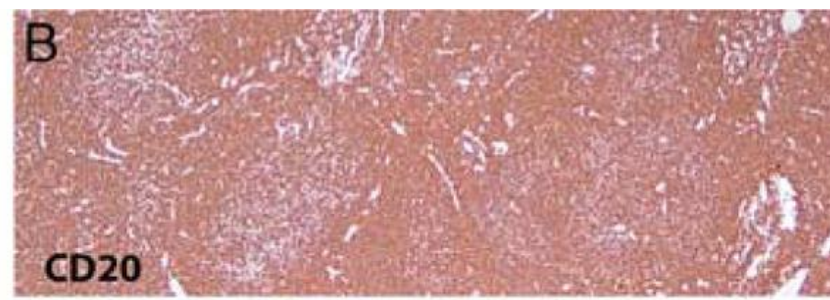
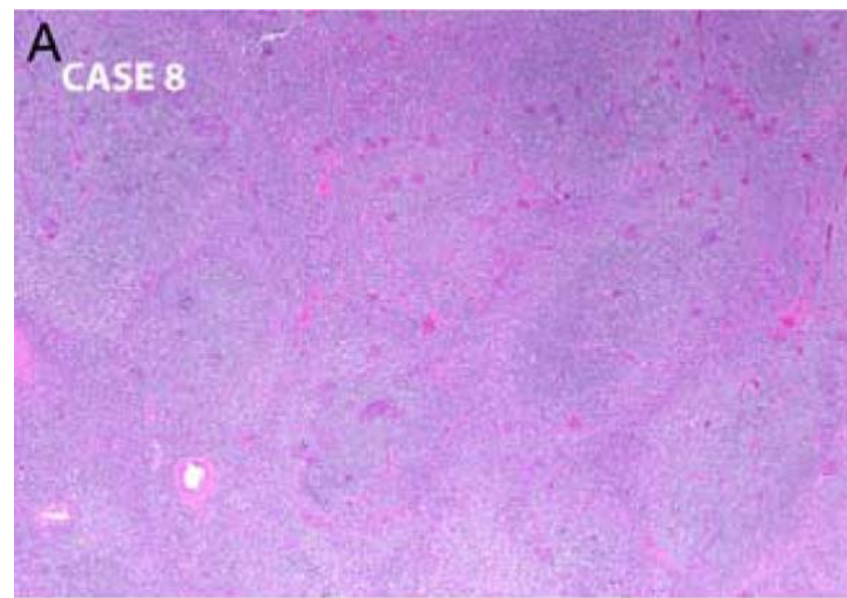
Elaine S. Jaffe, MD

# PD-1 PATTERNS IN NODAL MARGINAL ZONE LYMPHOMA



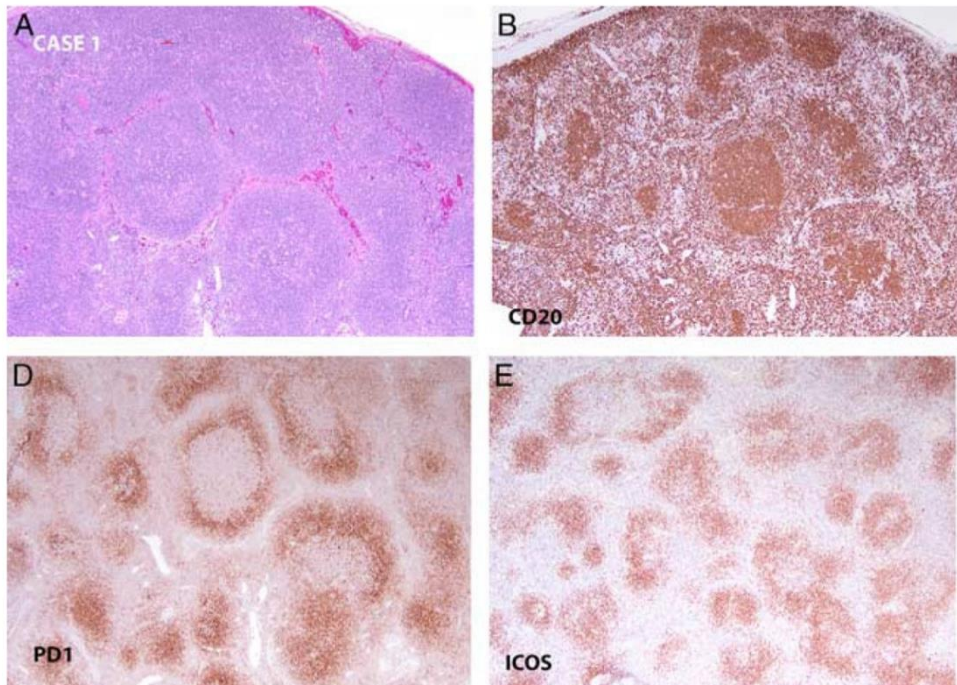
# PD-1 PATTERNS IN NODAL MARGINAL ZONE LYMPHOMA

## MARGINAL ZONE LYMPHOMA (CENTRAL FOLLICULAR PATTERN)



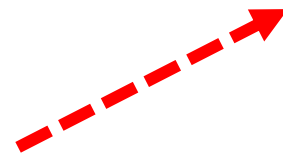
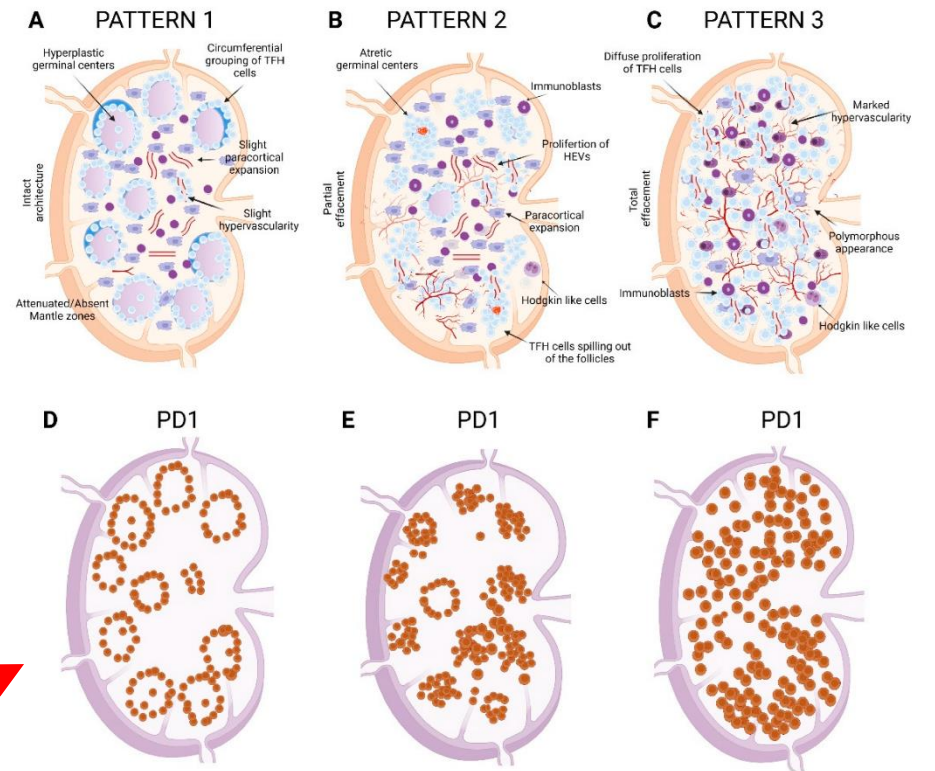
# PD-1 PATTERNS IN NODAL MARGINAL ZONE LYMPHOMA

## MARGINAL ZONE LYMPHOMA, Peripheral follicular pattern



Egan et al, AJSP, 2020

## ANGIOIMMUNOBLASTIC T-CELL LYMPHOMA



Ganapathi, Karner, Menon, 2022

MARGINAL ZONE LYMPHOMA	TFH LYMPHOMA
Increased interfollicular B-cells	Not seen
T-cells lack cytologic atypia	Cytologic atypia in T-cells
<p>B-cells: monotypic (flow)</p> <p>T-cells: lack immunophenotypic aberrancies</p>	<p>T-cells: immunophenotypic aberrancies (e.g. flow surface CD3 dim/neg, CD4+, CD10+ etc.)</p>
<p>Clonal IgH rearrangement</p> <p>Polyclonal TRG</p>	<p>Clonal TRG</p> <p>Caveat: Clonal IgH rearrangement or monotypic B/plasma cells can be seen</p>

# Can NGS studies help?

LETTER TO THE EDITOR

## Mutational Analysis Reinforces the Diagnosis of Nodal Marginal Zone Lymphoma With Robust PD1-positive T-Cell Hyperplasia

Hurwitz, Stephanie N. MD, PhD<sup>\*</sup>; Caponetti, Gabriel C. MD<sup>\*</sup>; Smith, Lauren MD<sup>†</sup>; Qualtieri, Julianne MD<sup>\*</sup>; Morrissette, Jennifer J.D. PhD<sup>\*</sup>; Lee, Won Sok MD<sup>\*</sup>; Frank, Dale M. MD<sup>\*</sup>; Bagg, Adam MD<sup>\*</sup>

[Author Information](#) 

The American Journal of Surgical Pathology: [January 2021 - Volume 45 - Issue 1 - p 143-145](#)

doi: 10.1097/PAS.0000000000001515

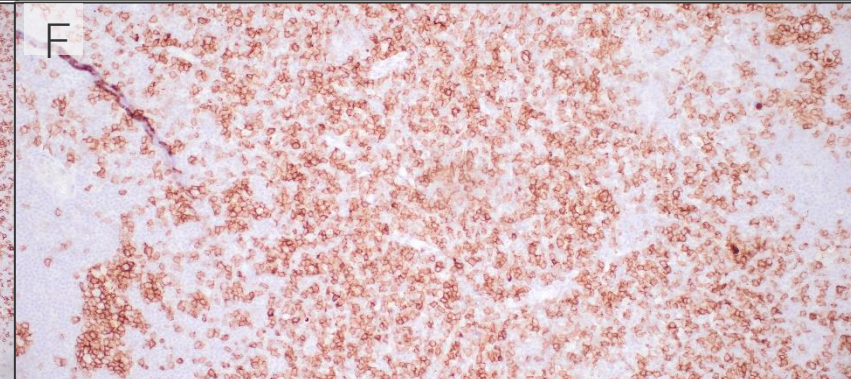
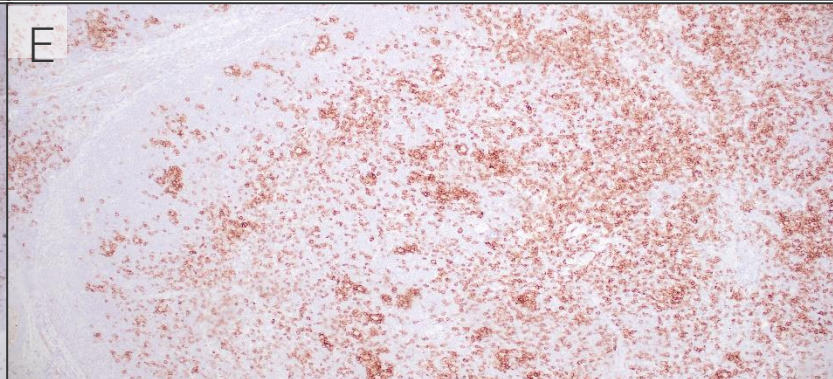
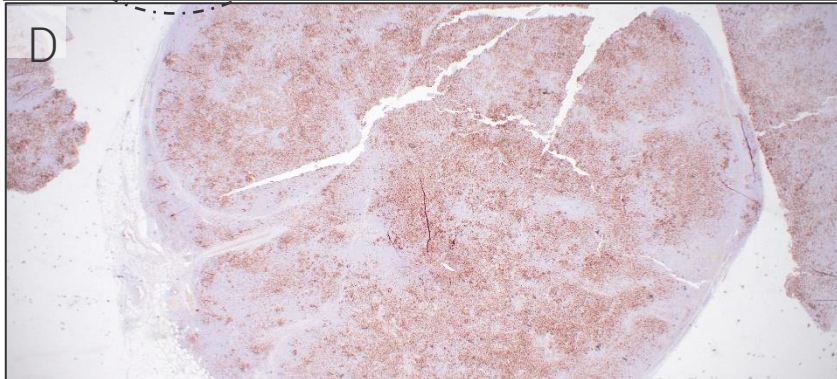
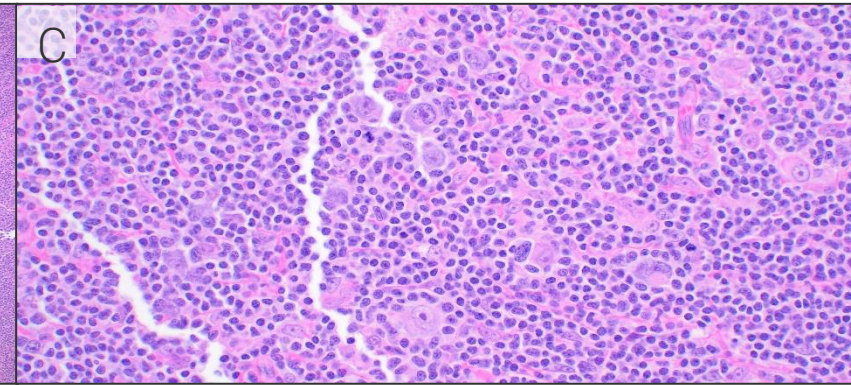
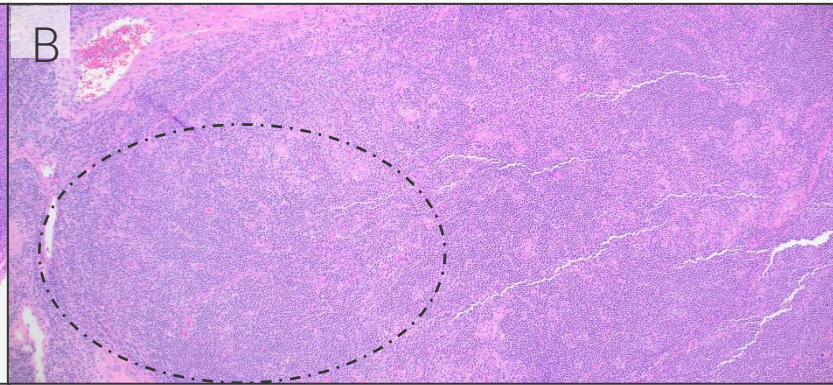
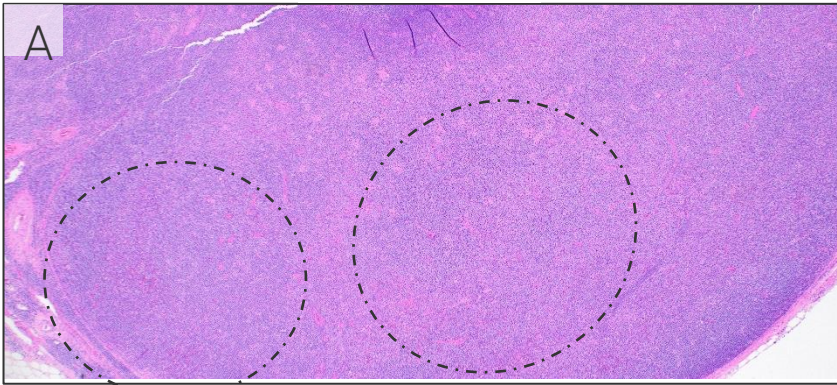
- MZL-associated mutations: *NOTCH2, KLF2, TNNAIF3, TP53, EZH2 etc.*
- *Lack of TFH-lymphoma associated mutations: RHOA, IDH2, TET2 etc.*

# TFH LYMPHOMA, FOLLICULAR VARIANT (PTGC like)

Nodules

Nodules

Immunoblastic, HRS and LP like cells

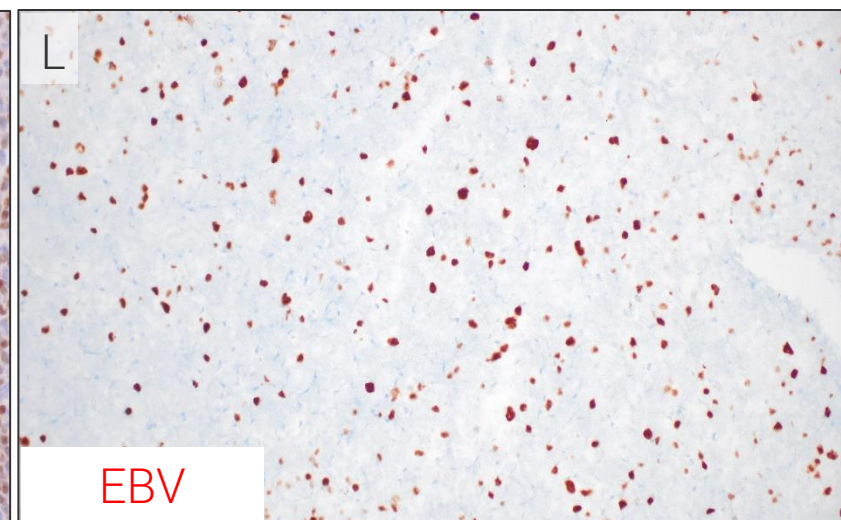
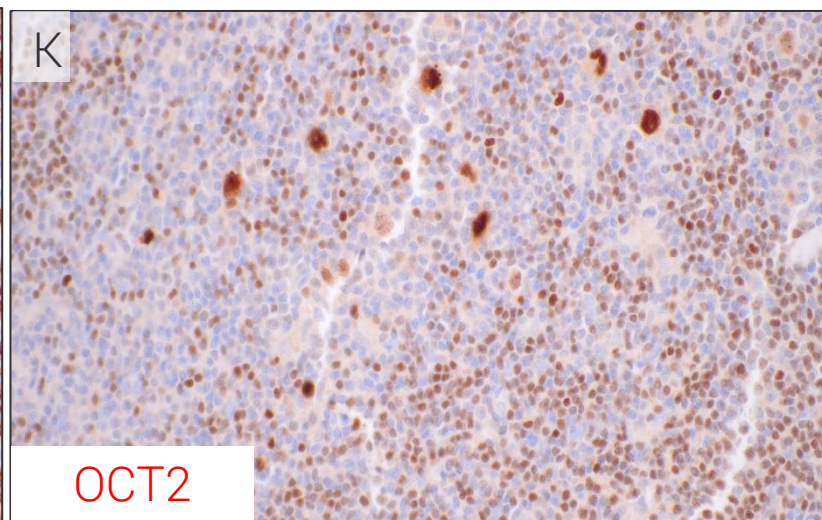
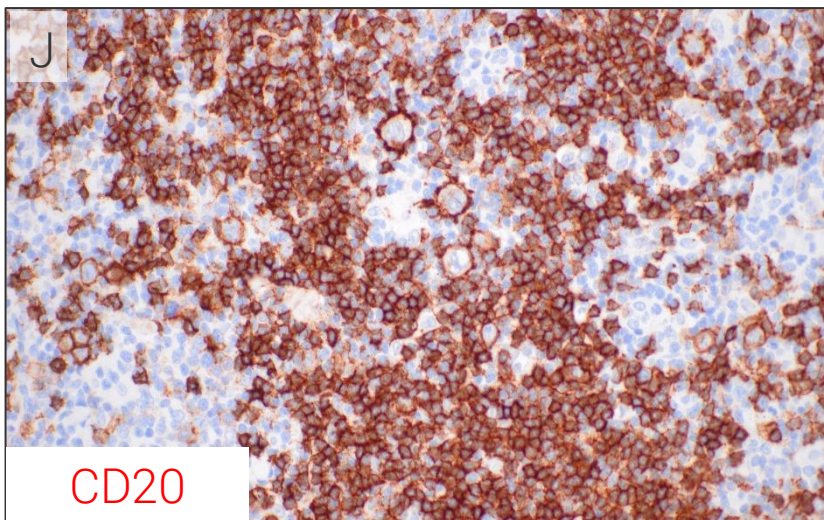
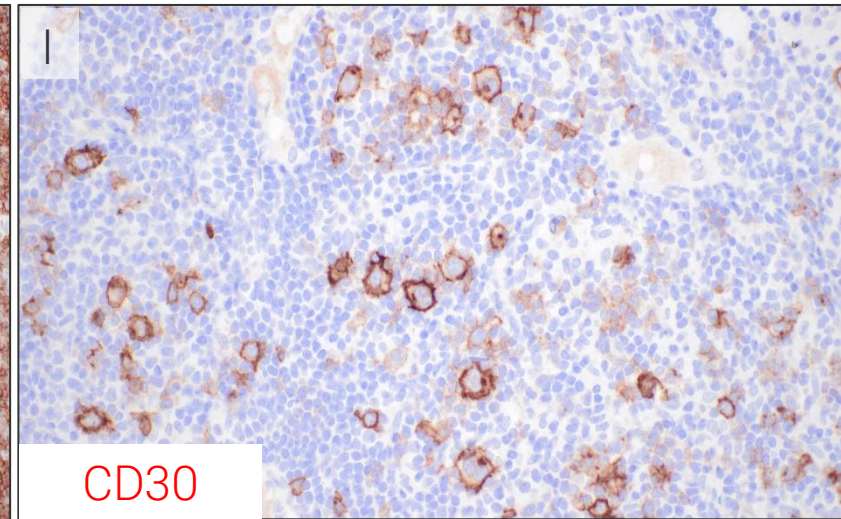
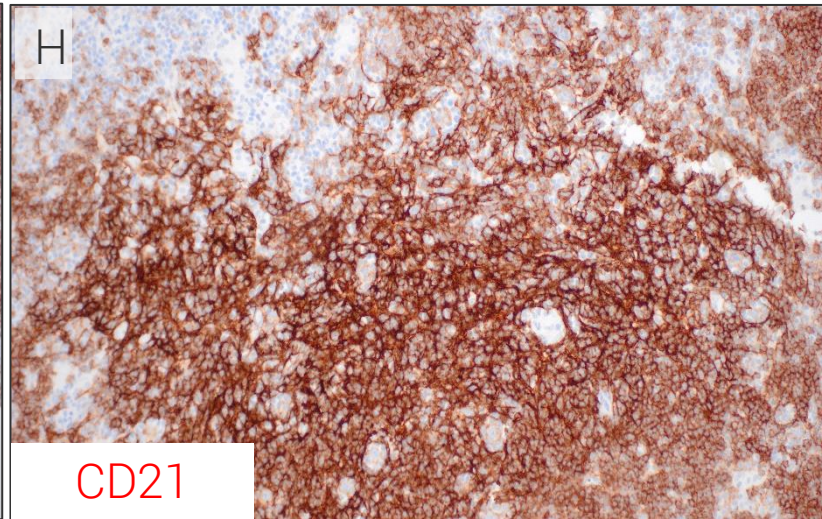
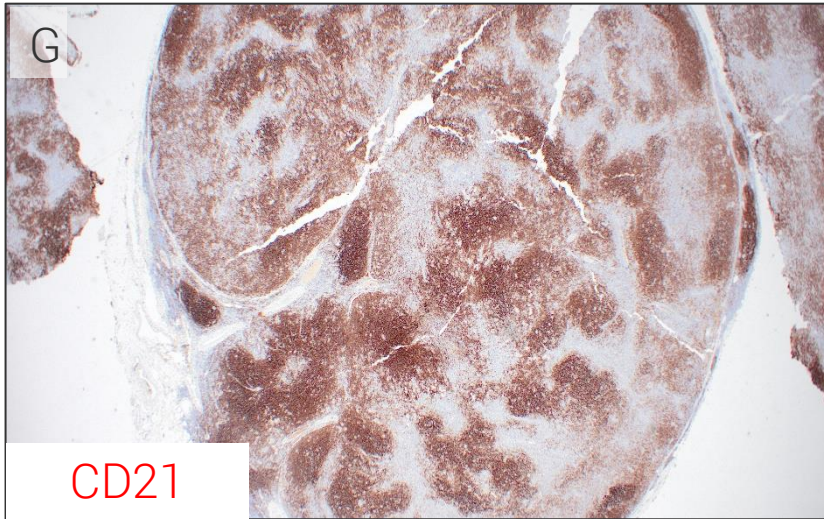


PD-1

PD-1 rosettes

PD-1 marked increased between the nodules

# TFH LYMPHOMA, FOLLICULAR VARIANT (PTGC like)





TFH LYMPHOMA, FOLLICULAR TYPE

VS.

PROGRESSIVE TRANSFORMATION OF GERMINAL  
CENTER

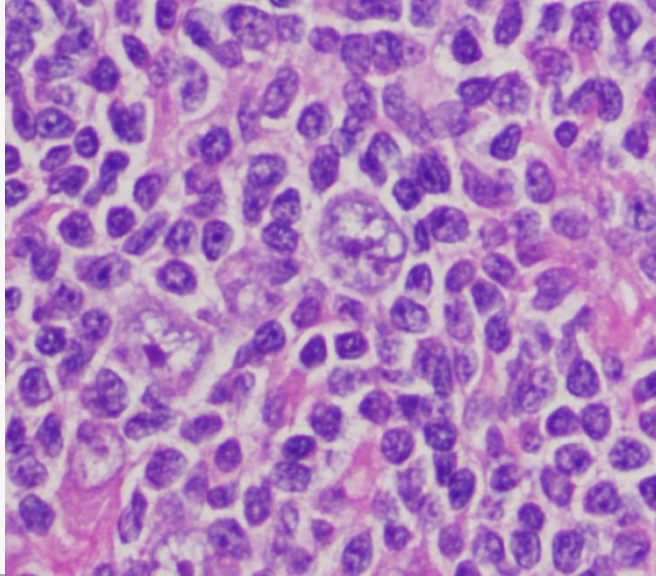
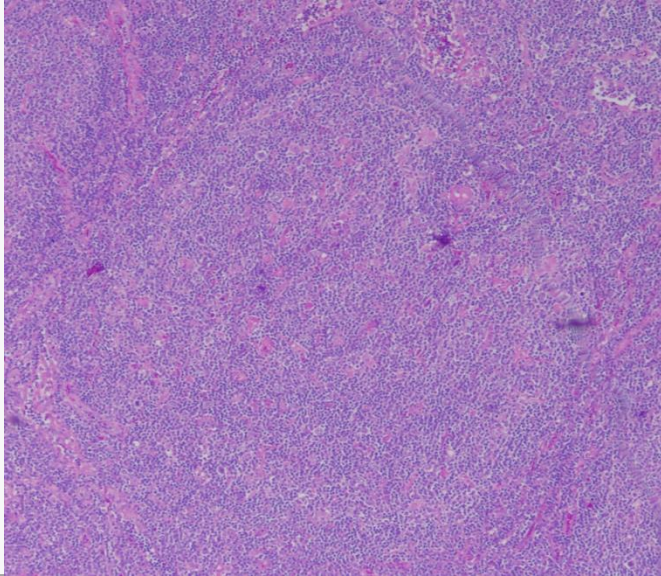
VS.

NODULAR LYMPHOCYTE PREDOMINANT B-CELL  
LYMPHOMA

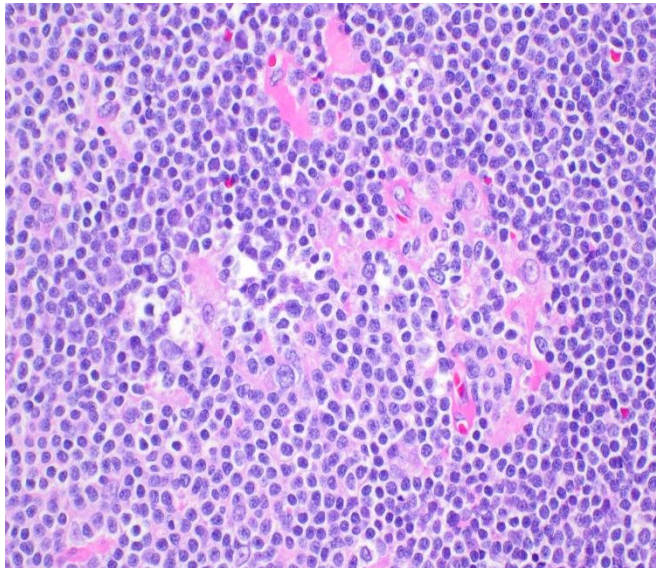
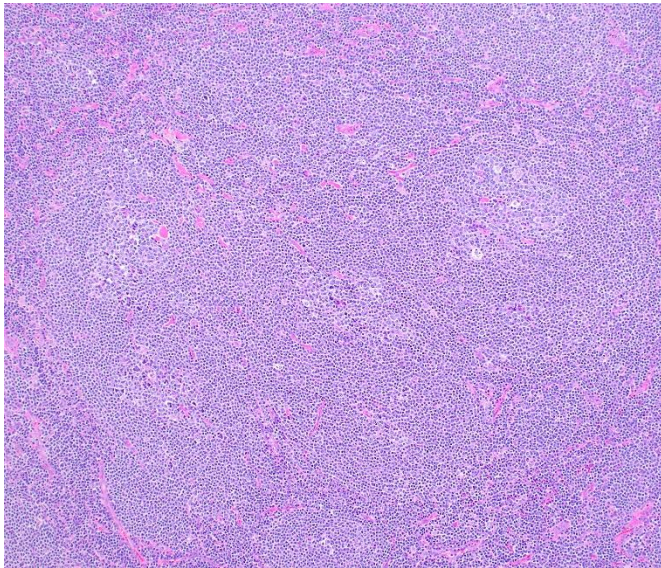
VS.

LYMPHOCYTE RICH CLASSIC HODGKIN  
LYMPHOMA

# NLPHL VS. PTGC



NLPHL



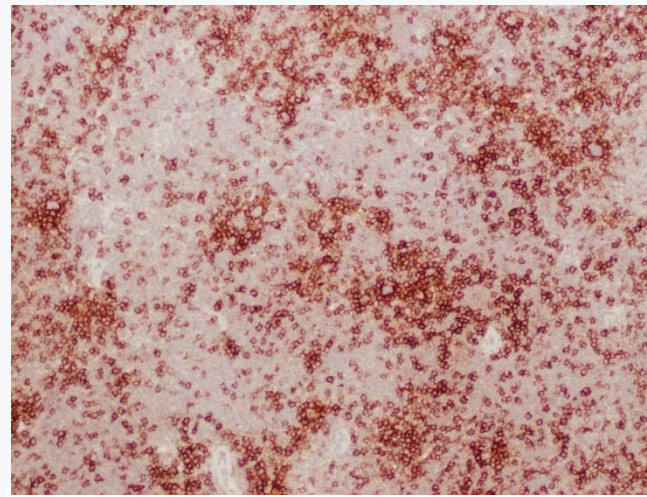
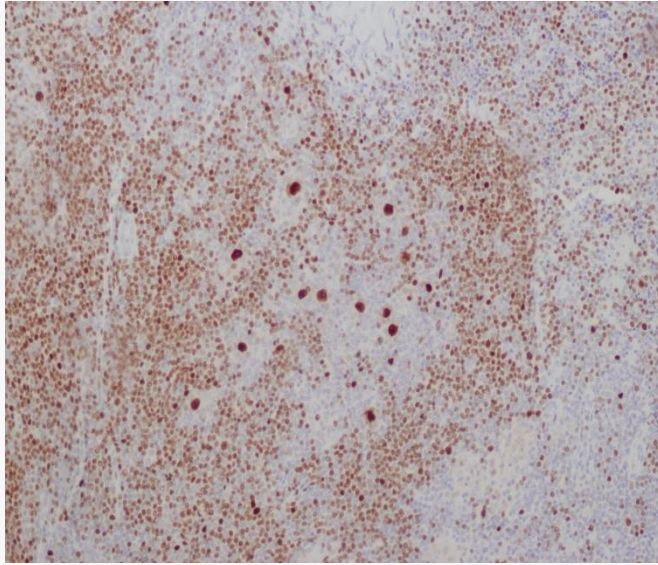
PTGC

NO Popcorn/LP  
cells

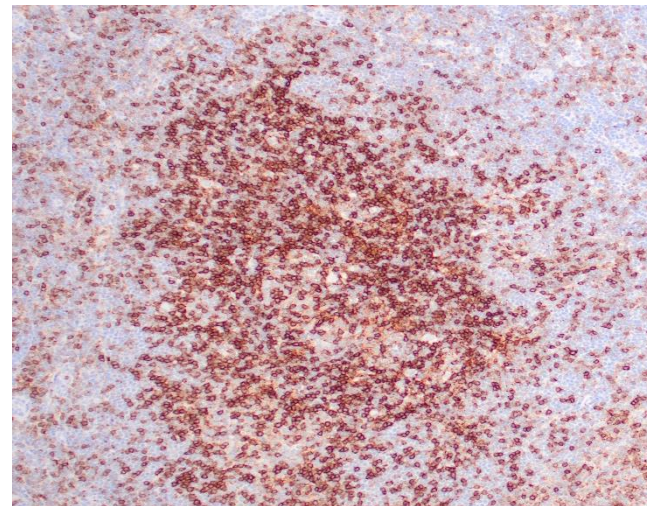
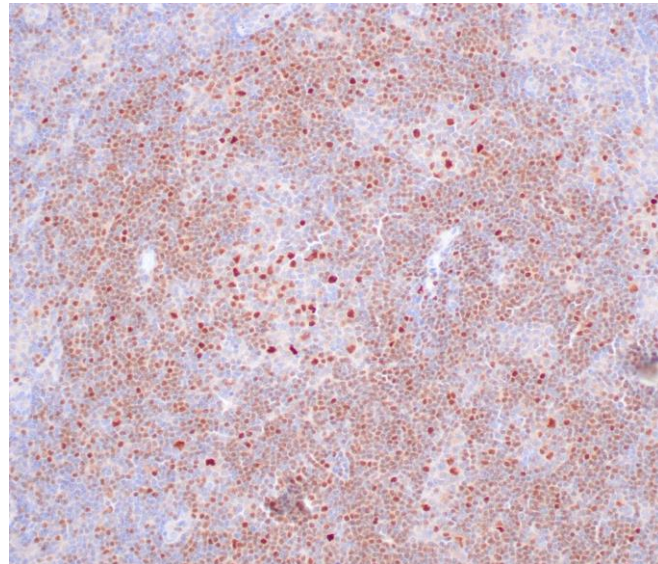
# OCT2

# PD-1

## NLPHL



PD-1 rosettes



Increased PD-1, but no rosettes

## PTGC

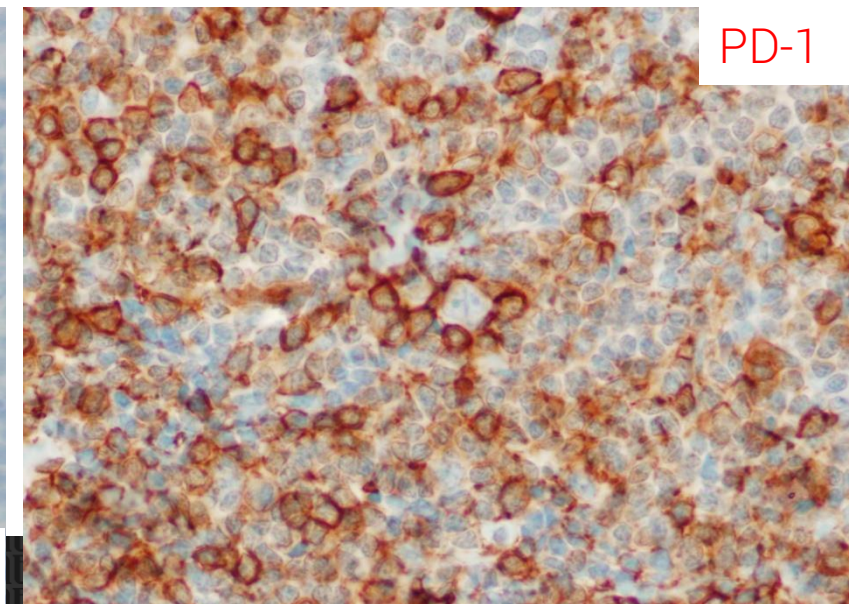
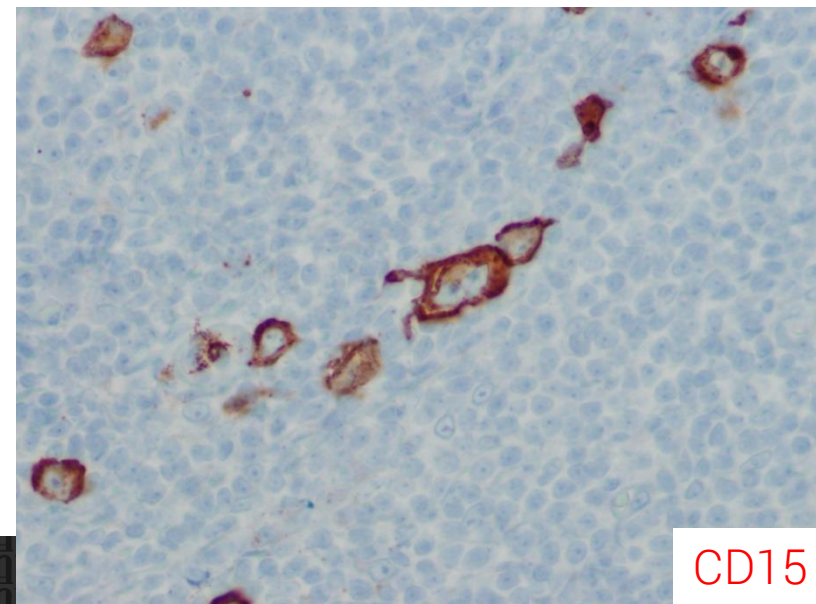
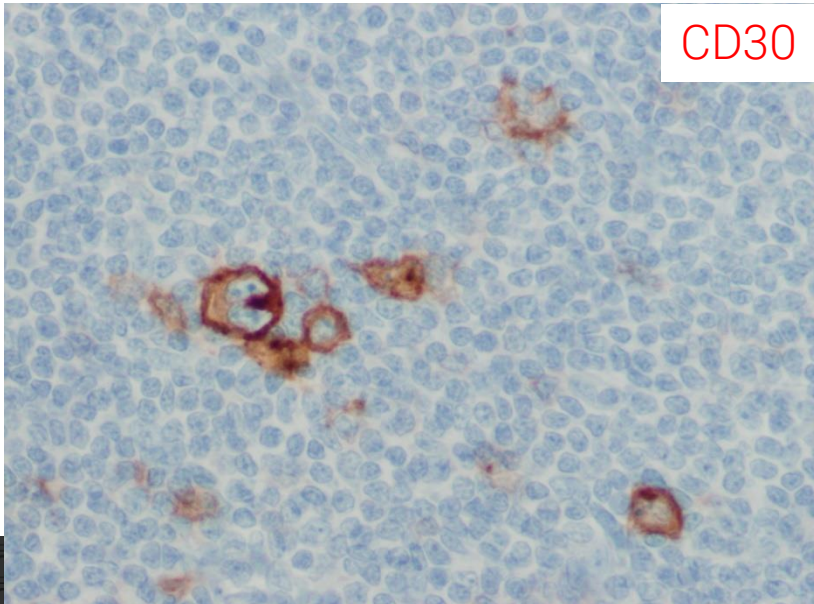
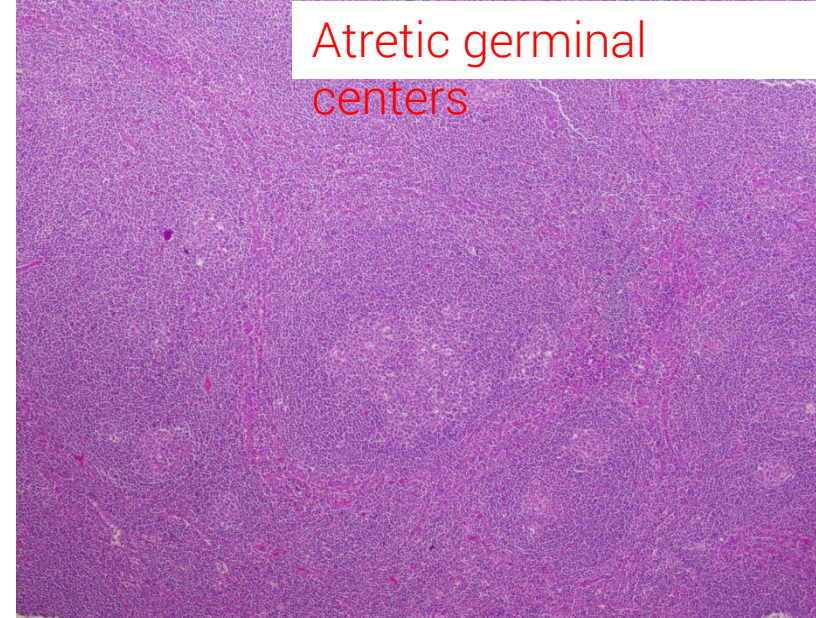
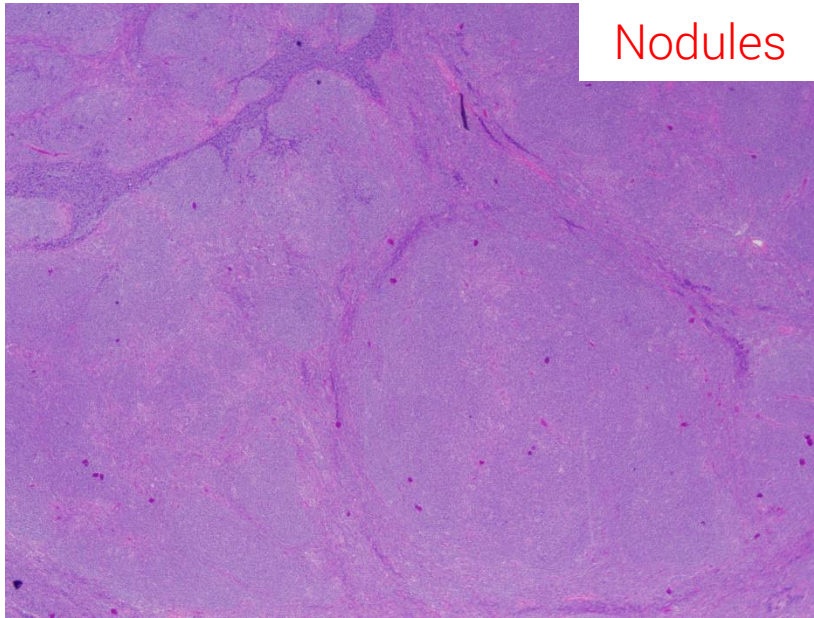
# HOW ARE PD-1 POSITIVE T-CELL ROSETTES HELPFUL?

# PD-1 rosettes

- Nodular lymphocyte predominant (Hodgkin) lymphoma
- Lymphocyte-rich classic Hodgkin lymphoma
- Follicular helper T-cell lymphoma
- Viral lymphadenitis especially Infectious mononucleosis

*PD-1 rosettes typically absent in PTGC*

# Lymphocyte-rich classic Hodgkin Lymphoma (LRCHL)



# TFH LYMPHOMA, FOLLICULAR VARIANT

- Follicular lymphoma like pattern or PTGC-NLPHL like pattern
- Features favoring Follicular T-cell lymphoma over LRCH and NLPHL:
  - **Clinical:** Typical clinical features (diffuse lymphadenopathy, hepatosplenomegaly, skin rashes, B-symptoms etc.)
  - **Age:** middle age and older patients

# FEATURES FAVORING FOLLICULAR T-CELL LYMPHOMA OVER NLPHL AND LRCHL

- Cytologic atypia of background T cells
- Immunophenotypic T-cell aberrancies
- **Demonstrable TFH phenotype** (PD-1, ICOS, CXCL13, BCL-6 and CD10) (2 out of 3 or 3 out of 5 markers)
- **Clusters and sheets of Tfh cells** (CD10, PD1, BCL6, ICOS, CXCL13 etc.) (i.e. beyond just PD-1 positive rosettes!!)
- **CD10 +** T-cell rosettes



# FEATURES FAVORING FOLLICULAR T-CELL LYMPHOMA OVER NLPHL AND LRCHL

- **HRS-like and LP-like cells:** CD30 pos +/- CD15
- **HRS and LP-like cells:** retain B-cell phenotype in most cases (CD20, OCT2, BOB1, CD79a, and PAX5) (*caveat; these cells can downregulate CD20 and PAX5*)
- ***HRS and LP like cells: EBV+, sometimes EBV neg***
- **CD30 staining in neoplastic T-cells** (helpful feature)

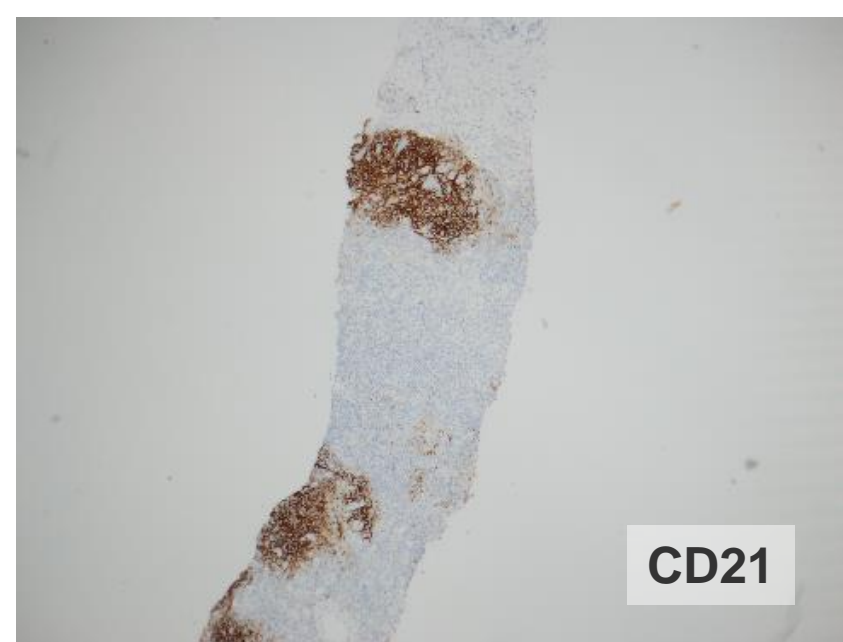
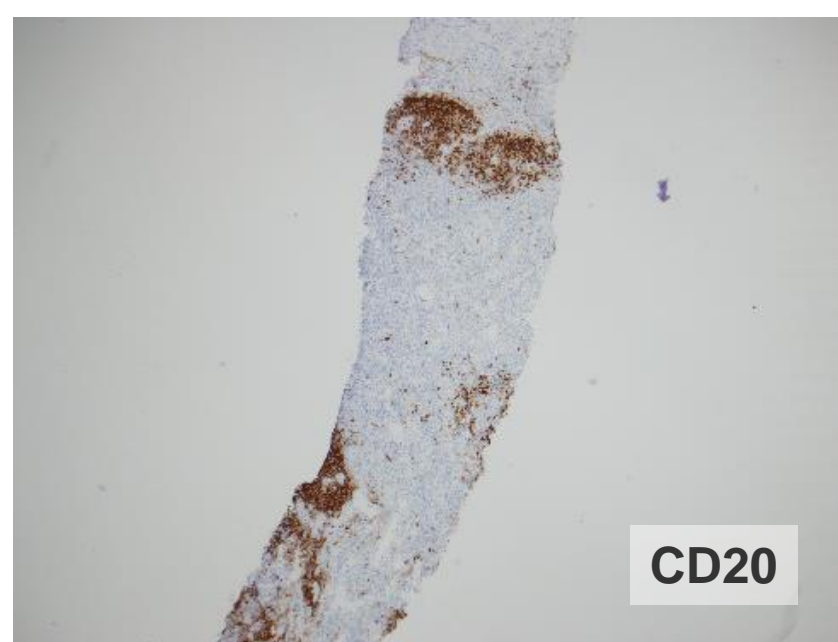
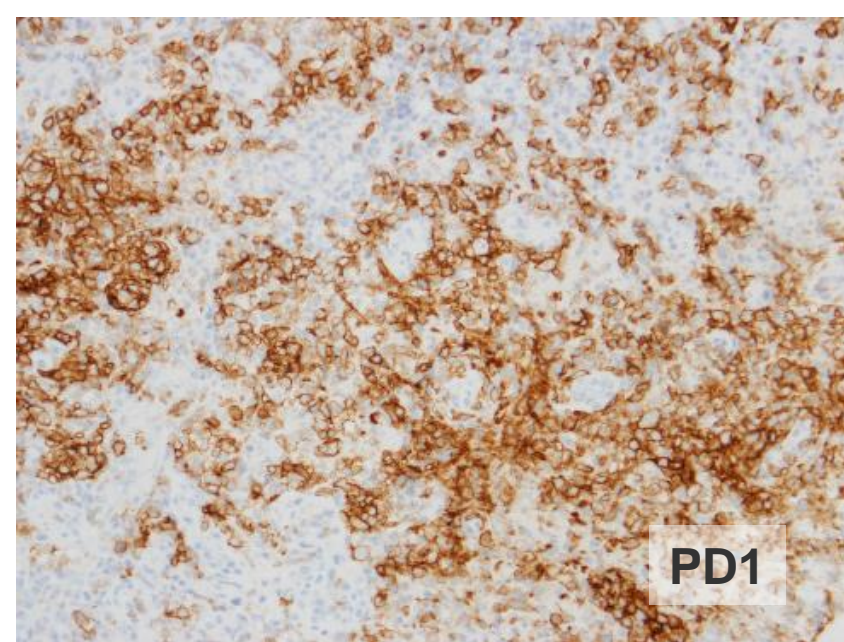
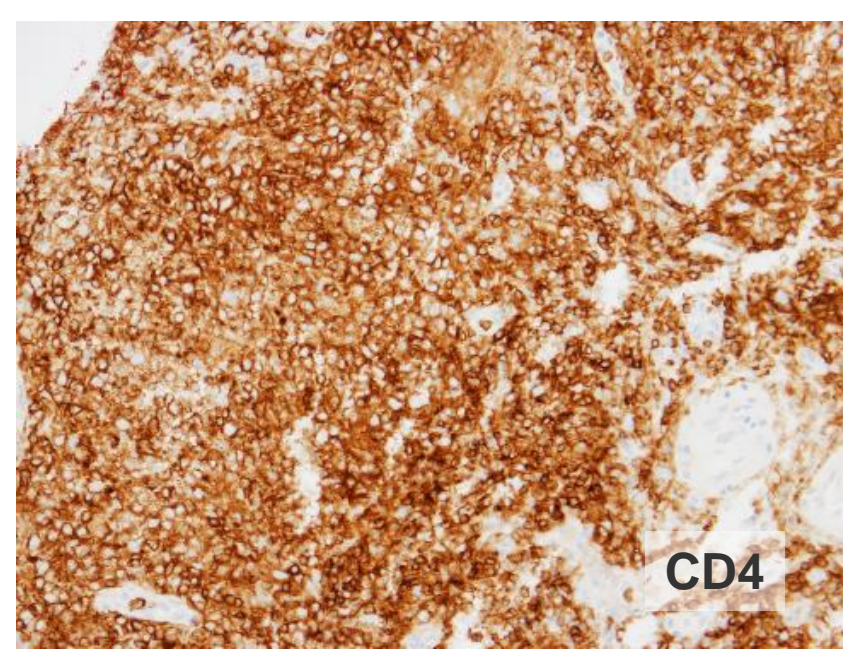
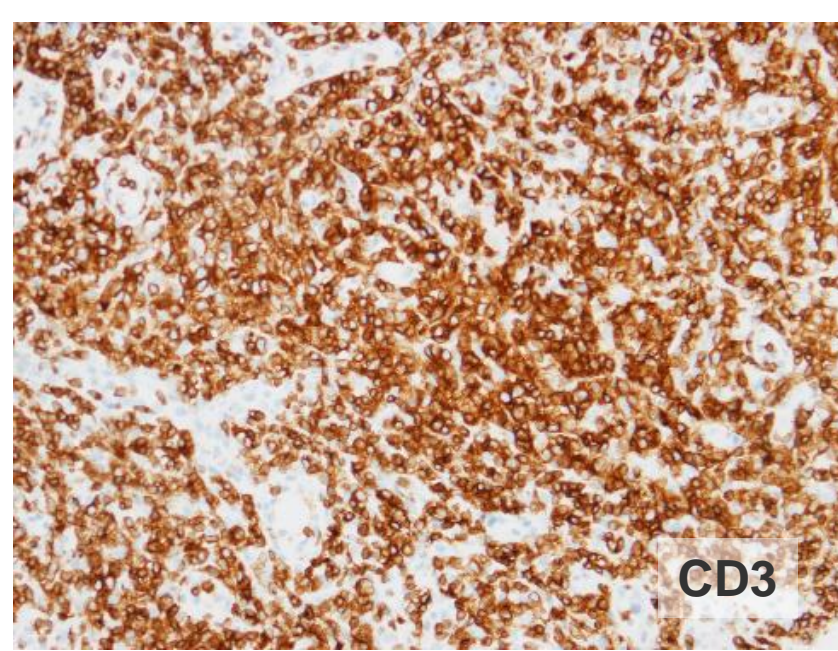
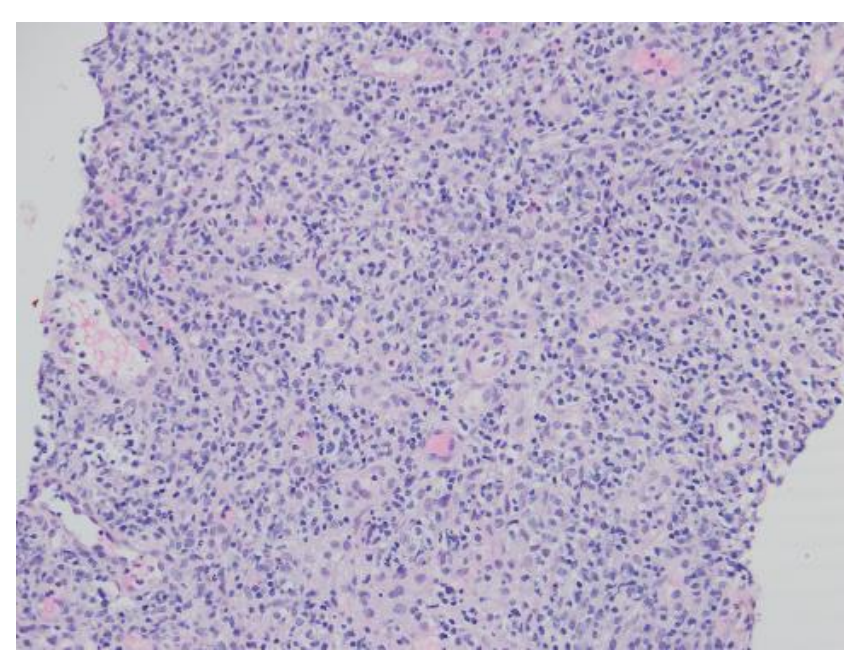
- **Flow cytometry** : Look for CD3 dim/neg, CD4+ T cell population; minimal flow panel consisting of CD3, CD4, CD5, CD10 and CD14 is recommended  
( Alikhan et al., Mod. Path, 2016 and Serke et al., Cytometry, 2000)
- **PCR**: Clonal T-cell rearrangement
- **CYTOGENETICS/FISH**: t(5;9) (*ITK-SYK*) (20% cases)
- **NGS**: RHOA (Gly17Val), TET2, DNMT3A, IDH2 (AITL)

Follicular Helper T-cell lymphoma, NOS  
(ICC)

Nodal T-Follicular Helper lymphoma, NOS  
(WHO 5)

# Follicular T-cell lymphoma, NOS

- Diagnosis assigned to nodal T-cell lymphomas of TFH origin lacking the clinicopathologic features of AITL or Follicular variant
- Morphologically closer to PTCL (effaced or T-zone variants), NOS but express TFH markers
- No vascular proliferation or expanded FDC meshworks
- Comprise a significant subset of PTCL, NOS (~ 30%)
- Good practice to perform TFH markers in suspected PTCL, NOS to identify these cases
- They can relapse as AITL and conversely AITL can relapse as PTCL-TFH
- Show similar mutational spectrum and gene expression pattern as AITL



# Reactive lymphadenopathies with ABNORMAL PD-1 pattern

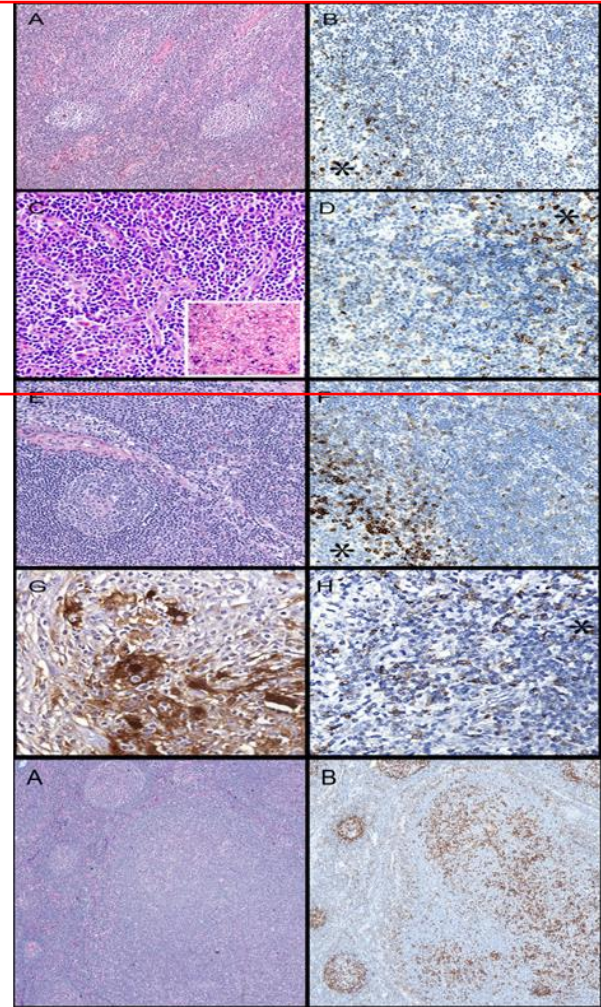
Atypical paracortical hyperplasia

Infectious mononucleosis

HIV lymphadenopathy

Rosai-Dorfman disease

Progressive transformation of germinal centers (PTGC)



Strong PD-1 positive cells mostly restricted to germinal centers or mantle zone

Increased PD-1 positive outside of the follicles

PD-1

Krishnan et al, AJSP, 2010

## Expansion of reactive TFH cells

- Various reactive lymphadenopathies
- Classic Hodgkin Lymphoma
- Nodular Lymphocyte Predominant Hodgkin Lymphoma
- Marginal zone lymphoma
- Follicular Lymphoma

# CONCLUSIONS

- TFH lymphomas constitute one of the largest subtypes of nodal T-cell lymphomas
- Broad morphologic spectrum with a wide range of tumor cell content
- Potential to be misdiagnosed and a source of difficulty for pathologists
- A combined clinical, morphologic, immunophenotypic, and molecular/genetic approach is needed to arrive at a correct diagnosis