

# Verification of Automated Urinalysis Instrumentation

Analytical and Clinical Considerations

**Lauren Pearson, DO, MPH**

Chief Medical Officer, ARUP Laboratories at University of Utah Health  
Associate Professor (Clinical), University of Utah School of Medicine

JUNE 20, 2023



# Outline

---

Components of urinalysis testing

---

Clinical utility of urinalysis

---

Overview of methods

---

Validation/verification essentials for automated methods

---

Clinical impacts of automated methods



# Objectives

Describe

The chemical and physical principles behind conventional manual and automated methods for urinalysis testing.

List

The studies required to document method performance in CLIA regulations.

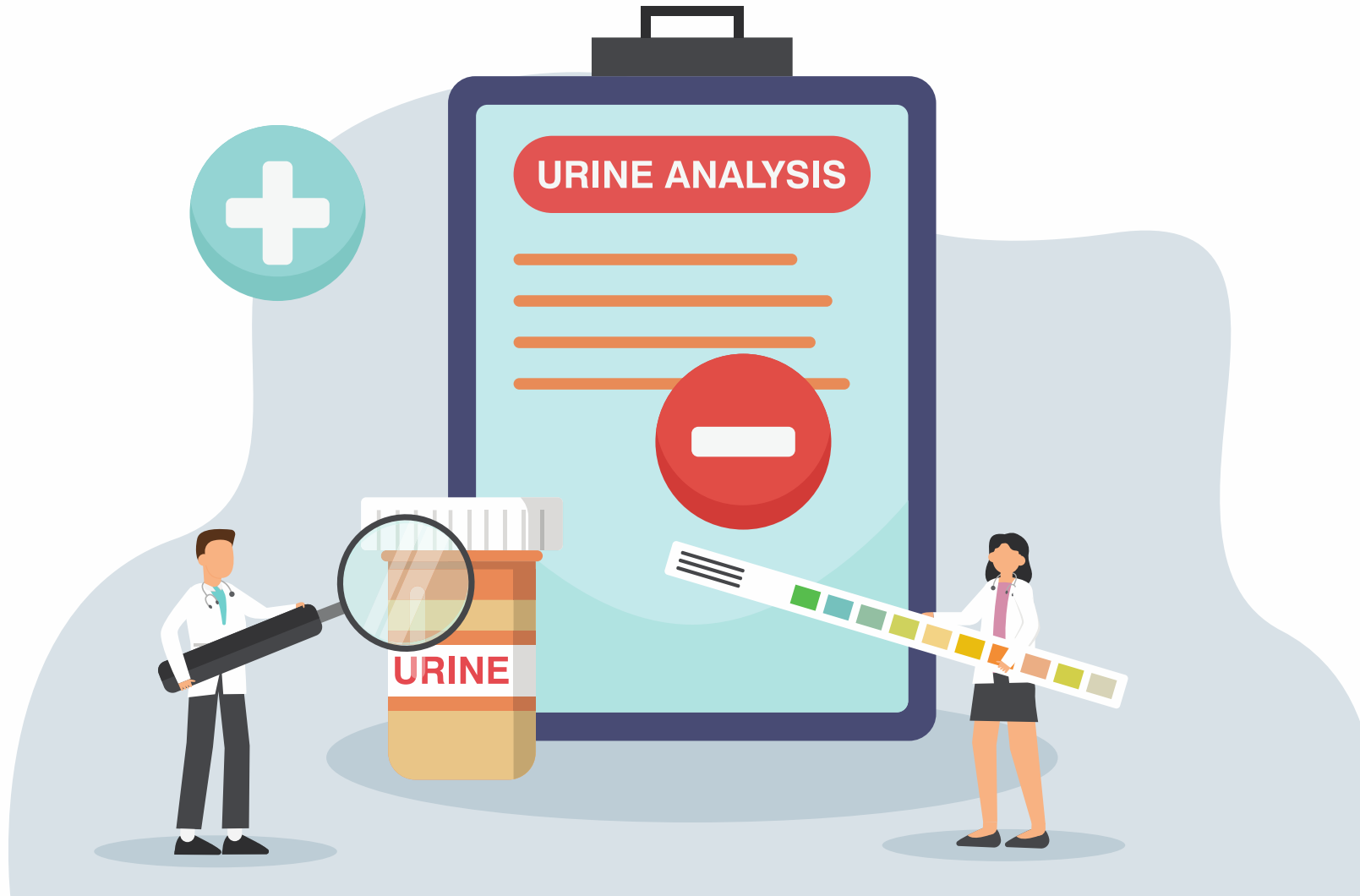
Apply

CLIA requirements to document performance characteristics of automated urinalysis methods.



# ■ Components of Urinalysis (UA) Testing

Physical, Chemical, Microscopic





# Physical Characteristics

---

- Color, clarity, odor, foam
- Specific gravity: reagent strip or refractometer



# Chemical Characteristics

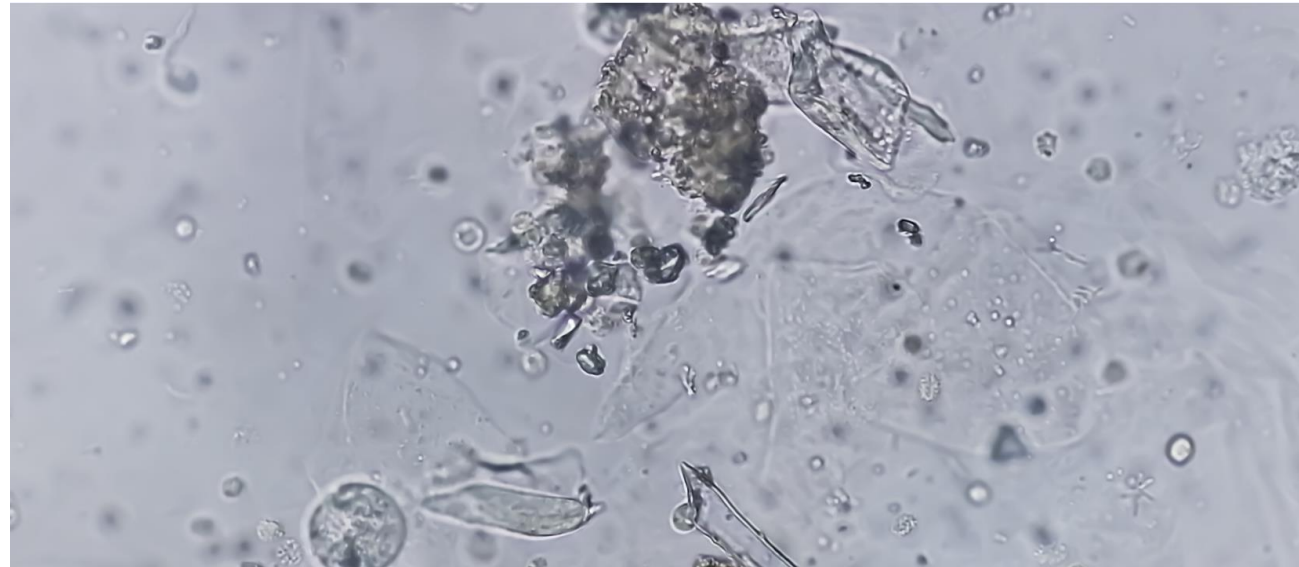
- Qualitative or semiquantitative result
- Glucose, blood, protein, pH, ketones, nitrite, leukocyte esterase, bilirubin, urobilinogen
- Specific gravity, ascorbic acid



# Microscopic Examination

---

- Evaluation of formed elements of the urine
- Casts, crystals, RBCs, WBCs, bacteria

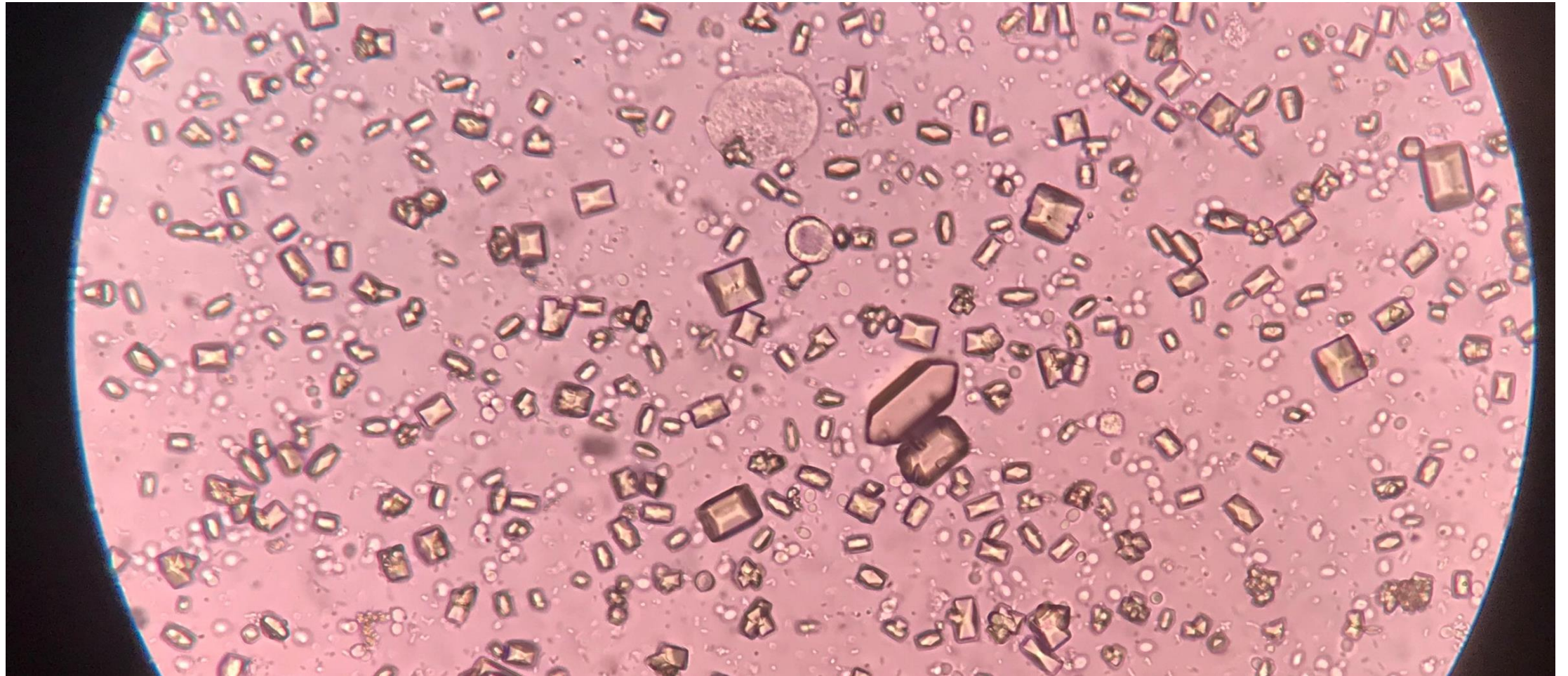




# MICROSCOPIC EXAMINATION



# MICROSCOPIC EXAMINATION



# Clinical Utility

---

- Evaluation for infection of the urinary tract
- Hematuria, flank pain, polyuria, etc.
- Monitoring of patients with chronic systemic inflammatory and infectious disorders, transplant patients
- Among others...





# ■ Overview of Methods<sup>1-4</sup>

Manual & Automated

# Conventional Manual Methods

---

- Reagent strips for chemical UA
- Bright field microscopy examination of concentrated urine sediment



## CONVENTIONAL MANUAL METHODS



# CONVENTIONAL MANUAL METHODS

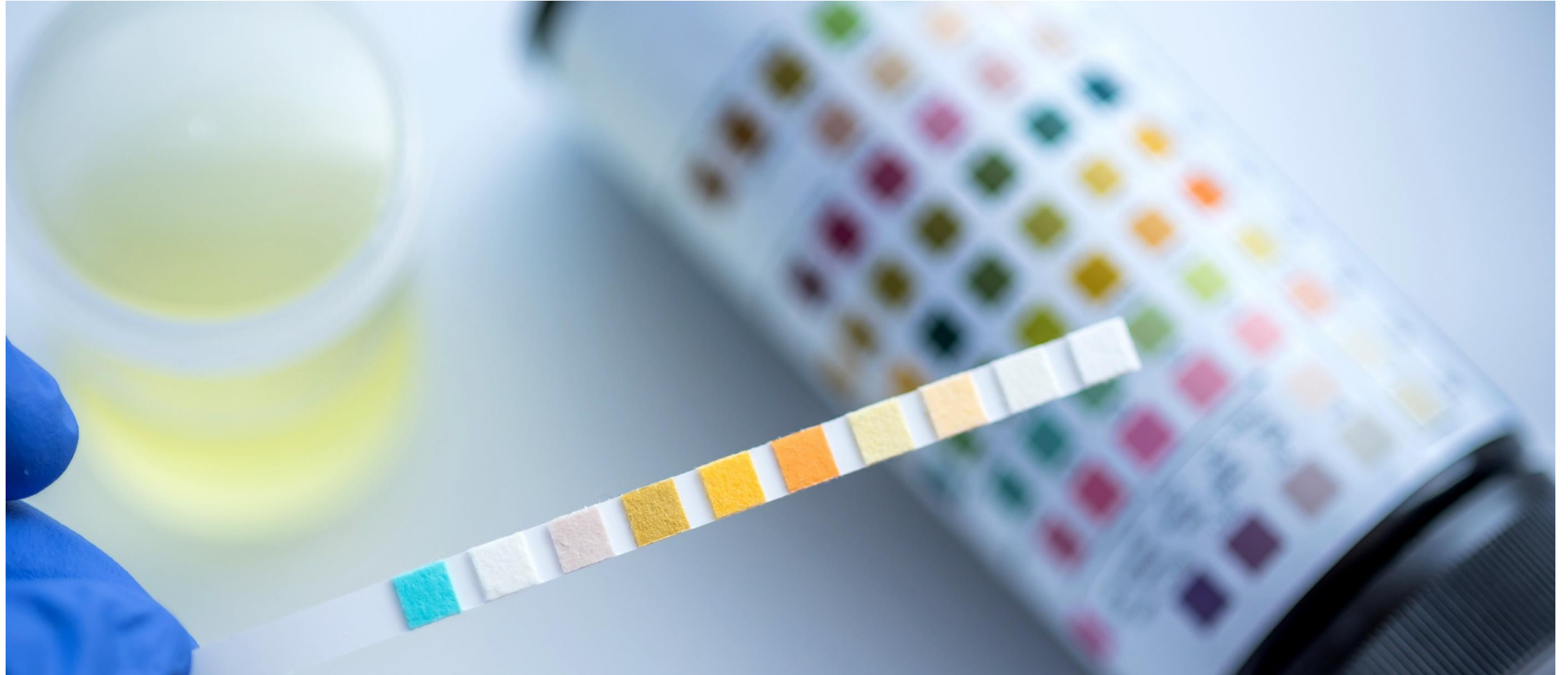


# Reagent Strips “Dip”

---

- Simple, low cost
- Add urine to paper impregnated with reagent
- Read manually or by an automated reading device
- If abnormal chemically, microscopic exam may be performed
- May have inadequate sensitivity for some analytes
- Susceptible to interfering substances

# REAGENT STRIPS "DIP"





# REAGENT STRIPS "DIP"





# Automated Methods

---

- Chemical UA
  - » Reagent strip paired with an automated photometric measurements of reagent strip fields
  - » Automatically timed and read
- Microscopic
  - » Flow cytometry
  - » Digital imaging with software

# AUTOMATED METHODS



# Automated Microscopic

---

## Flow Cytometry

- Stains unconcentrated sample
- Interrogated with laser beam
- Light scatter, fluorescence, impedance measured
- User-defined flags

## Digital Imaging

- Stains unconcentrated sample
- Passes urine in front of microscope objective to photograph elements
- Proprietary software used to categorize into user-definable groups

# Why Automated Methods?

---

## Laboratory Operations

- Reduced ability to staff clinical labs
- Efficiency of manual versus automated methods to accommodate increased volumes of testing
- Cost

## Performance Characteristics

- More accurate and precise quantitation of formed elements
- More consistent measurement/semiquantitation of chemical results



# ■ Validation/Verification Essentials

Automated UA Methods

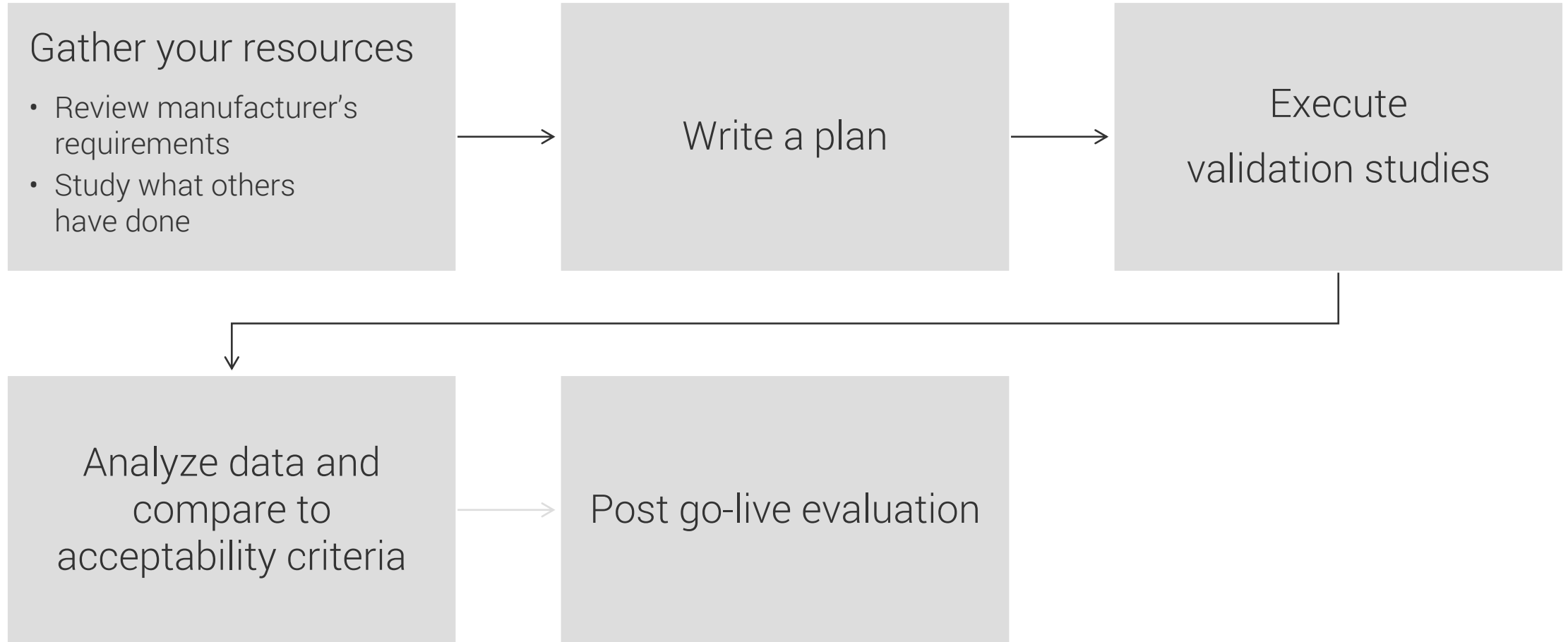


# Method Validation to CLIA<sup>5</sup>

---

- Moderate complexity
  - » Accuracy
  - » Precision
  - » Reference interval
  - » Reportable range
- High Complexity
  - » Add analytical sensitivity and analytical specificity

# Essential Steps



# Gather Your Resources

---



Package inserts



Instructions for use



Literature review



Understanding components of the automated system and the method behind each

# Manufacturer's Requirements

---



ACCURACY



PRECISION



REPORTABLE  
RANGE



CARRYOVER

# Write a Plan

---

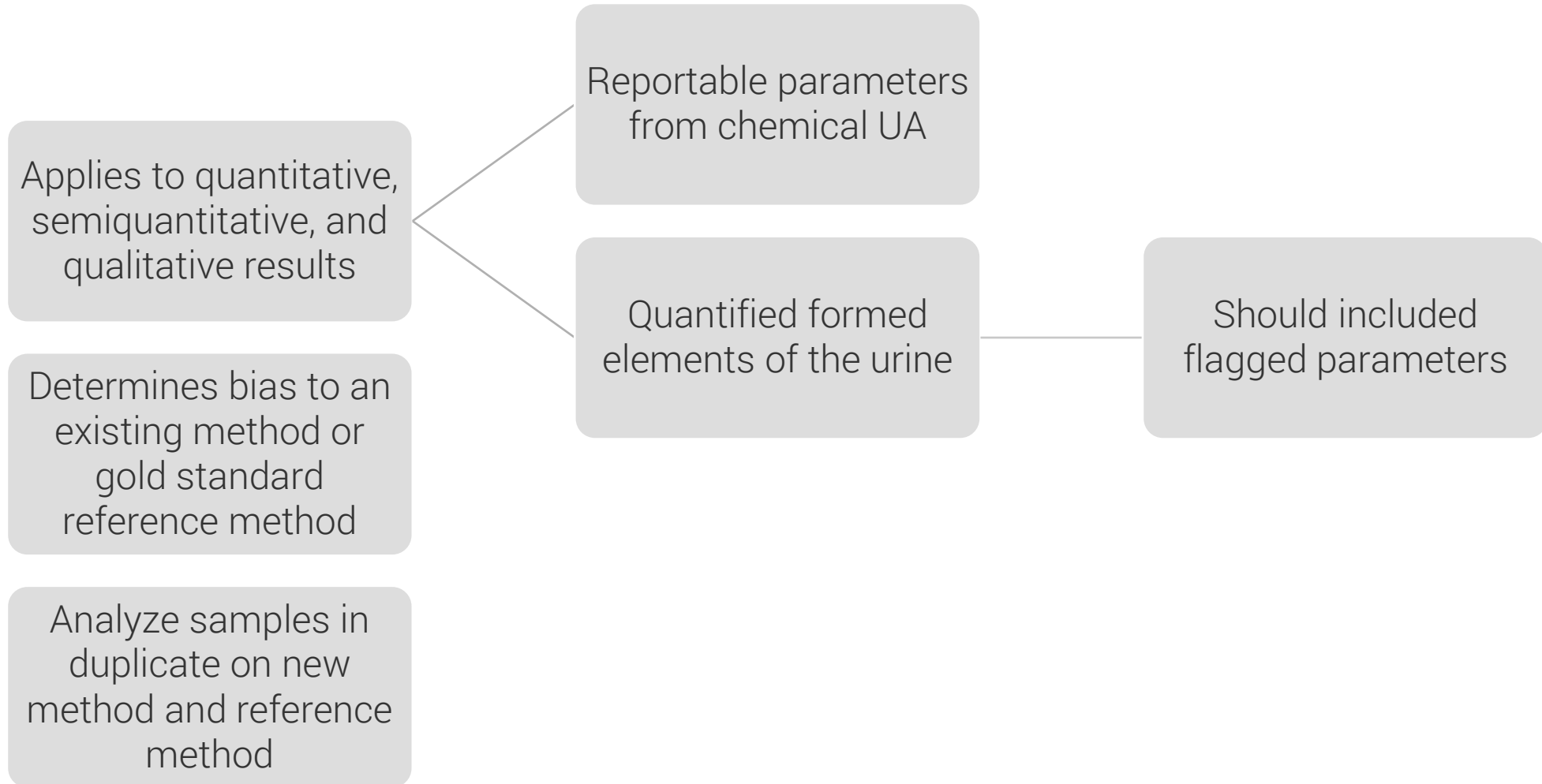
- Component studies
- Sample source and type, minimum number
- Proportion of abnormal and normal, patient demographics
- Fresh versus preserved
- Minimum volumes
- Exclusion criteria
- Procedure
  - » Storage, processing, mixing, decanting
  - » Testing
- Defined acceptability criteria
- Data analysis





# Accuracy (Method Comparison)

---



# Precision

---

- Applies to quantitative results
- Within-run and between-run (total)
  - » Repeatability
  - » Reproducibility
- Analyze materials repeatedly within a run and over several days

# Reportable Range

---

- Required for components that report numerically (not semi-quantitative or qualitative results)
  - » e.g., RBC, WBC, BACT
- Verify the lowest and highest results that can be directly reported from the analyzer
  - » Linearity experiment
- Must establish reportable limits

# Reference Intervals (RI)

---

Critical when transitioning from manual to automated method

- Verify the current RI, manufacturer's RI, or other for all reportable parameters

RI verification versus establishing a new RI

# Carryover

---

Should be considered for all components of the automated system

Determines whether samples with high concentration impact subsequent samples with low concentration



# Challenges

---

- Determining what materials to select for each study
- Sample selection, collection, and stability
- Curating abnormal samples and samples from diverse patients
- Differing reporting formats
- Sample processing
- Determining acceptability criteria
- Writing a plan that fulfills requirements for an automated system that has multiple components





# Validation Plan

Automated UA Methods

# Accuracy

---

- 40 normal samples, 60 abnormal samples (unpreserved)
- Analyze ASAP and within stability on new and reference method
- Data analysis
  - » % agreement, positive and negative agreement for qualitative/semi-quantitative results
    - Within one block or grade
  - » Slope, intercept, R value, bias calculated for pH and specific gravity (quantitative results)

# Precision

---

- Normal and abnormal control material selected
- Analyze 10+ times consecutively for within-run
- Analyze twice daily for 20 days for total precision
  - » Could conduct 5 x 5 study alternatively
- Data analysis
  - » Agreement for qualitative and semiquantitative parameters
  - » %CV for quantitative



# Reportable Range

---

- Specific gravity
- Diluted 10% saline with deionized water to span the analytical measurement range
- Analyzed samples in triplicate
- Linear regression and percent recovery calculated

# Accuracy

---

- 40 normal and 60 abnormal samples
  - » Quantitative and qualitative results compared for agreement
  - » Microscopic analysis using conventional microscope on a subset of abnormal samples if comparing two automated methods
- Unit conversion may be necessary to compare results
  - » Approach to data analysis and acceptance criteria vary depending on how analytes are measured and reported between systems
- Turbid, abnormally colored, stored specimens more frequently show disagreement
- Effect of sample processing

# Precision

---

- Normal and abnormal materials prepared using reagents and calibrators
  - » Bacteria, cast, Epithelial Cells, RBC, WBC
- Two levels of control material analyzed twice daily for 20 days
  - » Could conduct 5 x 5 study alternatively
- Compared to manufacturers specification
- Total precision only

# Reportable Range

---

- Serial dilutions spanning the range prepared from stock solutions for WBC, RBC, and bacteria
  - » May be provided by the instrument manufacturer
- Each sample in each set analyzed in duplicate
- Linear regression statistics calculated

# Accuracy

---

- Optional, but best practice: determine if the device accurately classifies particles based on images
  - » Can use a limited number of abnormal samples
  - » Tech confirmation of classification of all images happens in production environment



# Precision

---

- Optional
- Precision of the sensitivity of the nonreportable parameters of the device using commercial QC material specific to the manufacturer

# Carryover

---

- Chemical UA: analyze abnormal followed by normal control material
- Urine particle analyzer: high sample for WBC, RBC, BACT analyzed three times followed by low sample analyzed three times
- Digital imaging device: consecutive analysis of a high solution followed by blank
- Percent carryover calculated using standard equation

# Reference Intervals

---

- Manufacturer may have recommendations for how many samples to include in a verification study
- Analyze on chemical UA and urine particle analyzer
- If a preservative is routinely used, it must be used for samples collected for the study
- Samples must be stored, processed, and tested the same as patient samples
- Exclusion criteria are critical

# Take Home Message

---

- Do what you can with the resources you have!
- Determine how well studied the performance specifications of the new method are

---

Review

> J Clin Pathol. 2017 Feb;70(2):94-101. doi: 10.1136/jclinpath-2016-203958.

Epub 2016 Oct 31.

# Validation and verification of automated urine particle analysers

Giuseppe Enrico Bignardi

PMID: 27802413 DOI: [10.1136/jclinpath-2016-203958](https://doi.org/10.1136/jclinpath-2016-203958)

# Clinical Validation

---

- Differences in clinical sensitivity for diverse indications for UA
- Perform a clinical sensitivity study for your unique patient population, method, user-defined parameters
  - » Ability to discriminate normal samples differs
- How results are interpreted based on local clinical protocols is important
- Post go-live assessment (optional)





# Clinical Impacts of Automated Methods

How do modern methods influence applications of laboratory data in clinical practice?

# Microhematuria

---

- Threshold definition of microhematuria may need to change
- Guidelines are based on gold standard conventional microscopy method
- New methods may result in higher quantities of patients being referred to urology
- Early communication with clinicians about the change in sensitivity of the method for detecting RBCs is essential

# Increased Sensitivity

---

- Possibly increased sensitivity for detecting infection
- May detect smaller quantities of pathologic casts which otherwise could lyse during sample preparation

# References

---

1. Haber, M, et al, eds. *Color Atlas of Urinary Sediment*. 2010. Second ed. College of American Pathologists. 2019:38–63.
2. McPherson RA, Pincus MR, eds. *Henry's Clinical Diagnosis and Management by Laboratory Methods*. Expert Consult. Online and print. Elsevier Health Science; 2011:445–479.
3. Bignardi GE. *J Clin Pathol*. 2017;70:94–101.
4. Oyaert M. *Ann Lab Med* 2019;39:15–22.
5. Code of Federal Regulations. [www.ecfr.gov/current/title-42/chapter-IV/subchapter-G/part-493](http://www.ecfr.gov/current/title-42/chapter-IV/subchapter-G/part-493). [Amended Apr 2023; accessed May 2023]
6. Clinical and Laboratory Standards Institute. *Evaluation Protocols*. Various publication dates. Wayne, PA



*ARUP is a nonprofit enterprise of the University of Utah and its Department of Pathology.*